

Fridas Mexican Grill

CLASSIC MEXICAN FOOD

CASH DISCOUNT AVAILABLE
Save 4%

APPETIZERS

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LUNCH SERVED UNTIL 3:00 PM MONDAY THROUGH FRIDAY

GUACAMOLE A LA VISTA

Made with fresh avocados and tomatoes, onions, jalapeños, cilantro and a hint of lime juice. / 19.76

NACHOS

Crispy Homemade corn tortilla chips topped with refried beans, melted cheese, jalapeños, guacamole sauce, Mexican cream and your choice of meat. / 18.72

QUESO FUNDIDO

Melted chihuahua cheese, topped with chorizo, cilantro and onions, served with a side of flour tortillas. / 18.72

AGUACATE RELLENO

Classic stuffed Avocado with Shrimp and a delicious homemade creamy sauce. / 18.72

SHRIMP COCKTAIL

Mexican cocktail sauce, onions, cilantro and avocado wedges, served with plantain chips. / 19.76

EMPANADAS

Homemade delicious empanadas with your choice of ham and cheese, chicken, Birria or ground beef (3 per order) / 18.72

AVOCADO ROLL

Deep fried flour tortilla stuffed with our house special guacamole, served with a side of mango salsa. Small (4 pcs.) / 15.60 Medium (6 pcs.) / 20.80 Large (8 pcs.) / 26

FRIDA'S APPETIZER PLATTER

Fresh Homemade nachos, chicken and beef taquitos, chimichangas, jalapeño poppers and chorizo, topped with guacamole, sour cream and queso fresco. / 34.32

CEVICHE DE PESCADO

Delicious white fish cooked in lime juice, accompanied with cherry tomatoes, onions, cucumbers and a slice of avocado. / 20.80

FRIED CALAMARI

Golden Fried Calamari served with a side of marinara sauce. / 18.72

TOSTONES FRIDA

Stuffed green plantain cups filled with chorizo, chicken and ground beef topped with chihuahua cheese and tampiqueño sauce. / 18.72

FRIDA'S WINGS

Crispy chicken wings with your choice of BBQ or Buffalo sauce, served with carrots, celery sticks and a side of Ranch or Blue Cheese. / 17.68

JALAPEÑO POPPERS

Served with sour cream and guacamole. / 16.64

QUESADILLA SINCRONIZADA

Large flour tortilla with melted Mexican cheese and ham, topped with guacamole, sour cream, Pico de Gallo and Tampiqueña sauce./ 18.72

SOUPS & SALADS

SOPA DE POLLO

Shredded chicken soup with rice / 9.36

SOPA DE TORTILLA

Tortilla chips diced avocados and tomatoes in a chicken broth with guajillo sauce / 12.48

TACO SALAD

Deep fried flour tortilla shell stuffed with lettuce, tomatoes, cucumbers, cheese, black beans, guacamole, sour cream and jalapeños, your choice of shredded chicken or ground beef / 19.76 / Lunch 15.60

SALMON SALAD

Grilled Salmon over mixed lettuce, cucumbers, cherry tomatoes, carrots and orange shallot vinaigrette on the side / 22.88

HOUSE SALAD

Lettuce with cherry tomatoes, cucumbers, carrots and red sweet peppers served with the house dressing / 12.48

TACOS

TACOS CLASICOS

Crispi or soft taco shells filled with your choice of chicken, or ground beef, topped with lettuce, Mexican cheese and taco sauce / 21.84 / Lunch 15.60

TACOS DE PESCADO

Pan fried delicious white fish in three soft corn tortillas topped with Chipotle Aioli, Mexican cheese, served with fresh cabbage and avocado wedge / 22.88/ Lunch 19.76

FRIDA'S STREET TACOS

Soft corn tortillas with your choice of grilled Skirt Steak, Chicken, Chorizo or Shrimp, topped with cilantro and onions. Served with a homemade Mexican street salsa. / 27.04 / Lunch 20.80

TACOS DE BIRRIA

Crispy Tacos Jalisco- Style, filled with braised Beef that's slow cooked in a fragrant 3 chile sauce with a delicious spice mix, and Chihuahua cheese. Topped with red onions and cilantro. Served with dipping broth. / 29.12 / Lunch 23.92

NAKED TACOS

3 Soft Shell tacos (Corn or Flour) loaded with our delicious Ropa Vieja or crispy carnitas with Pico de Gallo, queso fresco and Guacamole. (No rice and beans) / 21.84

PLATOS TIPICOS

SERVED WITH RICE AND BEANS

CHIMICHANGAS

Three crispy flour tortillas filled with shredded chicken or beef topped with Tampiqueña sauce, guacamole and sour cream / 22.88/ Lunch 16.64

ENCHILADAS

Three rolled soft corn tortilla stuffed with shredded chicken or ground beef, topped with your choice of Guajillo, Mole or Suiza sauce and queso fresco. / 22.88 / Lunch 16.64

MEXICAN COMBO

A Delicious combination of a cheese quesadilla, a chicken flauta and a beef chimichanga, served with guacamole, crema and Pico de Gallo. / 24.96/ Lunch 20.80

EL SOL BURRITO

Large flour tortilla, stuffed with your choice of meat, lettuce, guacamole, sour cream, rice and beans, topped with salsa Verde and with 3 quesos. Sauce or no Sauce. / 29.12 / Lunch 21.84

FLAUTAS

Three crispy fried corn tortilla rolls filled with chicken, topped with lettuce, cream and queso fresco. /21.84 / Lunch 15.60

QUESADILLAS

Large 8" flour tortilla stuffed with melted cheese topped with guacamole, crema, and a mild sauce / 22.88/ Lunch 18.72
Add:
Grilled Chicken 8.32
Skirt Steak 9.36
Shrimp 8.32
Chorizo 6.24
Birria 9.36

FAJITAS

Delicious Fajitas served on a sizzling hot skillet with sauteed onions and peppers served with rice, refried beans, sour cream, guacamole, Pico de Gallo and your choice of soft corn or flour tortilla.

Chicken 27.04 / Lunch 21.84

Skirt Steak 31.20 / Lunch 23.92

Shrimp 31.20 / Lunch 23.92

Combo 33.28 / Lunch 26

Vegetarian 23.92 / Lunch 19.76

Pork 27.04 / Lunch 21.84

Birria 31.20 / Lunch 23.92

HOLY
GUACAMOLE
IT'S FIESTA
TIME!!!

SIDES

MADUROS FRITOS / 8.32

Served with Mexican Cream and shredded Cheese

TOSTONES / 8.32

Served with a side of garlic sauce

SIDE OF GUACAMOLE / 7.28

SIDE OF BACON / 7.28

FRENCH FRIES / 7.28

SOUR CREAM / 3.12

PLANTAIN CHIPS / 7.28

SIDE OF CHORIZO / 7.28

CHIPS AND SALSA / 6.24

BLACK BEANS / 5.20

MEXICAN RICE / 6.24

REFRIED BEANS / 6.24

STREET CORN / 6.24

CHEESE DIP / 7.28

** 2 Complementary
Chip Baskets Per Table **
\$5 each additional

3545 MERRICK RD., SEAFORD, NY 11783

CALL US 516-804-4664 OR VISIT US AT WWW.FRIDASMEXGRILL.COM.

FOLLOW US ON INSTAGRAM AND FACEBOOK

A 20% GRATUITY WILL BE ADDED TO PARTIES OF 5 OR MORE PEOPLE

*Before placing your order, please inform your server if a person in your party has a food allergy. *This item may be cooked to your liking. serving raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.*

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CARNES

TAMPIQUEÑAS

Shell Steak grilled to perfection paired with an Enchilada, topped with Tampiqueña sauce, served with Rice and Black Beans
/ 31.12 / Lunch 24.96*

CARNE ASADA PLATTER

Grilled Shell Steak, Chicken and Chorizo on a sizzling iron plate, served with refried Beans, sweet plantains, and rice / 36.40 *

STEAK CON CAMARONES

Shell Steak and Shrimp sauteed in a Garlic Guajillo sauce, served with Rice and Beans
/ 34.32/ Lunch 24.96*

ROPA VIEJA

Shredded Flank Steak sauteed on a criollo salsa, served with sweet plantains, rice and black beans
/ 30.16 / Lunch 21.84

CARNITAS MICHOCAN

Tender pieces of fried Pork served with Rice and Beans
/ 27.04/ Lunch 21.84

STEAK CANCUN

Tender pieces of grilled skirt Steak, served with rice, black beans, Pico de Gallo and avocado*
/ 31.20/ Lunch 22.88

DEL MAR

PAELLA VALENCIANA

Classic Saffron Rice dish with Shrimp, mussels, clams, chorizo and chicken
/ 41.60 / Lunch 33.28

SALMON AGRIDULCE

Perfectly grilled Salmon glazed with a tangy mango salsa and Pico de Gallo served with Mexican rice and tostones.
/ 30.16

BRUNCH SAT-SUN TILL 3PM

***Unlimited Bellinis and Mimosas - 20.80 (brunch only)
2 HOUR LIMIT / ENDS AT 3 PM
Must be purchased with a Brunch Menu Item**

POLLO

ARROZ CON POLLO

Chicken Breast sauteed with garlic and white wine with a touch of Tanpiqueña sauce mixed with Mexican Rice, served with refried beans
/ 24.95 / Lunch 18.72

PECHUGA A LA PARRILLA

Grilled chicken breast topped with Frida's Pico de Gallo served with avocado, cheese, black beans and Mexican Rice / 26.00/ Lunch 20.80

MOLE POBLANO

Mole Poblano is a thick, rich red or brown sauce made with chilis, nuts, seeds and Mexican chocolate served over pieces of sauteed chicken breast
/ 22.95 / Lunch 18.95

VEGETARIAN

QUESADILLA DE VEGETALES

Mixed vegetables, zucchini, broccoli, cauliflower, and carrots with sour cream and guacamole
/ 22.88 / Lunch 17.68

MEX VEGGIE COMBO

Guacamole Taco, Bean Burrito and Beans and cheese Tostada
/ 22.88/ Lunch 18.72

ENCHILADA DE HONGOS Y ESPINACA

Soft rolled tortilla stuffed with spinach and mushrooms with Salsa Verde, melted cheese, sour cream and guacamole
/ 22.88 / Lunch 17.68

STEAK AND EGGS

Shell Steak, 2 eggs any style, home fries, house sauce, local greens. / 26.00

FRENCH TOAST

Cinnamon vanilla egg battered pan-fried in butter, fresh fruit & maple syrup. / 14.56

PANCAKES

Light and Fluffy golden pancakes, served with your choice of strawberries, blue berries, bananas, chocolate chips, & maple syrup. / 14.56

MAKE YOUR OWN OMELETE

Your choice of (pick 2), ham, cheese, sausage, spinach, bacon, avocado. Served with home fries, and toast. / 17.68

FRIDAS BREAKFAST

Two eggs any style with bacon and sausage. Served with Home fries, & toast. / 15.60

AVOCADO TOAST

Two eggs, bacon, scallions, truffle oil on country bread. / 16.64

CHICKEN & WAFFLES

Crispy Chicken on a Belgian waffle, served with spicy or regular maple syrup. / 19.76

HUEVOS RANCHEROS

Two flour tortillas, refried beans, over easy eggs, with pico de gallo and spicy tomato salsa. Served with home fries. / 16.64

CHILAQUILES

Crispy corn tortilla chips with black beans, topped with fried eggs, chorizo, cheese, avocado and salsa verde. / 20.80

CANTINA

MARGARITA CLASICA / 12.48 GLASS / HALF PITCHER 27.04 / FULL PITCHER 41.60

SANGRIA ROJA O BLANCA / 12.48 GLASS / HALF PITCHER 27.04 / FULL PITCHER 41.60

MOJITO DE LA CASA / 12.48 GLASS / HALF PITCHER 27.04 / FULL PITCHER 41.60

PINA COLADA / 12.48 GLASS / HALF PITCHER 27.04 / FULL PITCHER 41.60

FULL BAR AND DESSERT MENU AVAILABLE

HAPPY HOUR FROM 3:00 PM - 6:00 PM *BAR ONLY MONDAY THROUGH FRIDAY

EXTRA FLAVORS AVAILABLE - 1.04

STRAWBERRY, MANGO, RASPBERRY, PASSION FRUIT
PEACH, COCONUT.

** ASK ABOUT OUR GLUTEN FREE ITEMS

CERVEZAS

7.28

CORONA
CORONA LIGHT
MODELO ESPECIAL
NEGRA MODELO
VICTORIA
PACIFICO
TECATE
DOS EQUIS LAGER
DOS EQUIS AMBER
HEINEKEN
HEINEKEN LIGHT
BUD
BUD LIGHT
COORS LIGHT
O'DOULS

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