

# LATENESS POLICY

This policy applies to all classes, private sessions and workshops.

If you arrive late for a class, you will not be allowed to join the class under any circumstances.

- Once the class has started you will be considered to be a late cancellation/"no show" and will therefore not receive a refund.
- The warm up prepares your body for the rest of the class and is therefore vital to health and safety. Missing any part of the warm up will increase the risk of injury and therefore it must be completed. We cannot repeat the warm up for those that arrive late as this will disadvantage the students that arrived on time. Students can not be allowed to "warm themselves up" for the class as they do not know what has been planned for the rest of the class and what they need to prepare for.
- Please ensure you allow enough time for potential traffic, parking or other issues when travelling to the studio.