

# COLON CANCER

# HOLISTIC AND ALTERNATIVE TREATMENT FOR COLON DISEASE

Colon Cancer, also known as colorectal Cancer, is a type of Cancer that affects the colon or rectum, which are parts of the large intestine. It typically starts as a growth called a polyp, which can become Cancer over time if left untreated.

Causes and Risk Factors: The exact cause of colon Cancer is often unknown, but certain factors can increase the risk of developing the disease. These risk factors include:

- 1. Age: The risk of colon Cancer increases with age, and it is more commonly diagnosed in people over the age of 50.
- 2. Personal or family history: Having a personal history of colon Cancer or polyps, as well as a family history of colon Cancer or certain hereditary conditions (such as Lynch syndrome or familial adenomatous polyposis), increases the risk.
- 3. Inflammatory bowel disease (IBD): Chronic conditions such as ulcerative colitis or Crohn's disease can increase the risk of developing colon Cancer.
- 4. Lifestyle factors: Unhealthy lifestyle choices, such as a diet high in red and processed meats, low fiber intake, sedentary lifestyle, obesity, smoking, and heavy alcohol consumption, have been associated with an increased risk.
- 5. Diabetes: People with type 2 diabetes may have an increased risk of colon Cancer.

Symptoms: In the early stages, colon Cancer may not cause noticeable symptoms. However, as the Cancer progresses, common signs and symptoms may include:

- 1. Changes in bowel habits, such as persistent diarrhea or constipation.
- 2. Blood in the stool or rectal bleeding.
- 3. Abdominal discomfort, cramps, or pain.
- 4. Feeling that the bowel does not completely empty after a bowel movement.
- 5. Unexplained weight loss.
- 6. Fatigue or weakness.



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It's important to note that these symptoms can also be caused by other conditions, so it's crucial to consult a healthcare professional for proper evaluation and diagnosis.

Diagnosis and Treatment: Early detection and treatment are crucial for better outcomes in colon Disease. The diagnostic process may involve:

- 1. Colonoscopy: This procedure allows a doctor to examine the entire colon and rectum using a flexible tube with a camera. During a colonoscopy, polyps can be detected and removed, and tissue samples (biopsies) can be taken for further analysis.
- 2. Imaging tests: Imaging techniques like computed tomography (CT) scans, magnetic resonance imaging (MRI), and positron emission tomography (PET) scans may be used to determine the extent of the Cancer and identify any spread to other parts of the body.

Treatment options for colon Cancer depend on factors such as the stage of Cancer, the location of the tumor, the presence of metastasis, and the individual's overall health. The main treatment modalities include:

- 1. Surgery: Surgical removal of the tumor and nearby lymph nodes is the primary treatment for localized colon Cancer. Depending on the extent of the Cancer, procedures may range from local excision to colectomy (removal of a portion of the colon) or proctocolectomy (removal of the entire colon and rectum).
- 2. Chemotherapy: Anti-Cancer drugs are administered orally or intravenously to kill Cancer cells or slow their growth. Chemotherapy may be used before surgery (neoadjuvant) to shrink tumors, after surgery (adjuvant) to destroy any remaining Cancer cells, or for advanced or metastatic cases.
- 3. Radiation therapy: High-energy radiation is used to kill Cancer cells or shrink tumors. It is not commonly used for colon Cancer but may be recommended in specific situations, such as to relieve symptoms in advanced cases or in combination with surgery for rectal Cancer.
- 4. Targeted therapy: This treatment approach uses drugs that target specific molecules or genetic changes in Cancer

# ARE YOU THINKING ABOUT ALTERNATIVE TREATMENT FOR COLON CANCER?



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Colon Cancer, also known as colorectal Cancer is the third most common type of Cancer, and it is also the third leading cause of deaths related to Cancer. Symptoms typically don't appear until Stage 3 or Stage 4. Traditional treatments for colorectal Cancer involve chemotherapy and other approaches that affect the immune system. Alternative and holistic colon Cancer treatment is an option that has proven successful.

Colon Cancer is a common medical issue that affects men and women in the United States and other parts of the world. In the United States, an estimated 106,970 new cases of colon Cancer and 46,050 new cases of rectal Cancer are expected. Worldwide, it accounts for an estimated 1,900,000 cases each year.

Colon Cancer affects men more than women, and it is common among men and women who are over 50 years old. The majority of cases for men are diagnosed around 68 years old and for women around 72 years old. Colon Cancer is most often diagnosed when symptoms arise, and this is typically in Stage 3 or Stage 4. It is the third leading cause of deaths that are related to Cancer, accounting for an estimated 52,000 deaths each year in the United States and 900,000 deaths worldwide.

#### WHAT IS THE CAUSE OF COLON CANCER?

Understanding what causes colon Cancer helps men and women reduce the risk of developing this type of Cancer. Although the cause of colon Cancer does vary, there are some common primary causes of colon Cancer.

## Cancer Treatment Vitamin Support Package UPON REQUEST

# ADDITIONAL THERAPY TREATMENTS IF REQUESTED UPON REQUEST

**Step 1: The Holistic Assessment** 



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"The allopathic approach to chemotherapy often destroys the body's own natural ability to attack Cancer cells, damaging the immune system and leaving it defenseless against the disease. Our alternative-natural Cancer treatment heals the body to maximize its own ability to attack Cancer cells and has been studied to increase success rates up to 80% by combining 5 etiological areas: Genetics, Nutrition, Xenobiosis, Chronic Inflammation and psychology" – Dr. Ariel Perez Understanding the patient's needs to design the best strategy against Cancer.

The Holistic Assessment is our first step, where our multidisciplinary team composed of oncologists, surgeons, nutritionists, and holistic medicine experts tailor the treatment based on the individual needs and medical history of the patient. The medical team will address the patient's concerns, assess their health and determine a nutrition plan.

#### Stage 2 (ongoing): Cellular Nutrition

Gerson and Keto nutrition principles to nourish the body to maximize the treatment.

Cellular Nutrition is an ongoing stage that is designed to make the patient's body stronger and healthier so that it can better endure treatment and minimize side-effects. When a body is not getting the sufficient nutrients it needs, a chronic disease such as Cancer can grow faster and spread more quickly. Our nutrition program is founded on Gerson therapy and Ketogenic Diet principles that will be tailored to the individual patient based on their medical history, Cancer stage and nutrition deficiencies.

### **Stage 3: Detoxification**

Relieving the body of toxic waste for optimal health
The Detoxification process begins following the initial assessment and is
a key element to the management of any type of chronic degenerative
disease including Cancer. Cancer develops at our body's cellular level.
When a patient is suffering from this disease you can find large amounts



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of toxins such as: waste, dead cells and pro-inflammatory agents, among others. Once the disease starts to spread, the body will not be able to eliminate these toxins. Our detoxification process employs nutritional and metabolic manipulation of the liver, digestive system, urinary organs and skin to enhance their ability to better eliminate toxins and keep the body at optimal condition.

### **Stage 4: Immune Support And Regulation**

Reliving the body from chronic inflammation with natural therapies Our immune system support and regulation therapies play a critical role in the fight against Cancer, here we relieve the body from chronic inflammation that deprives the body's defense system and prevents it from fighting back the Disease.

Our team employs the use of proven immune system support therapies that include Japanese Fungi, Chinese Herbs, Green Tea Extract, Turmeric or Curcumin, Essential Fatty Acids in High Doses, Probiotics, and Vitamin D among others, to avoid the use of conventional drugs that can cause more harm and have negative side-effects.

### **Stage 5: Cancer Suppression**

Our Anti-Cancer Strategy to Eliminate the Disease Our Cancer suppression strategy employs the combination of proven therapeutic Disease treatments that have been scientifically tested to reverse the effects of the Disease or to completely remove the it.

### Stage 6: Follow-up and support

In order to keep our patients in remission, we provide complete followup packages and care for three years after treatment. We are in constant communication with our patients, offering advice, home treatments, telemedicine, Pharma Therapy, tele pharma and support.



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**Complimentary Therapies** 

#### **UPON REQUEST**

# ARE GENETICS AND FAMILY HISTORY THE MAIN CAUSES OF COLON CANCER?

Genetics and family history are considered when diagnosing colon Cancer, but these factors only account for a small percentage of total cases. As mentioned above, lifestyle can be considered one of the main causes of colon Cancer. Genetics and family history are worth evaluating, though. The main causes of colon Cancer that are linked to family history relate to specific genetic mutations in the cells of the body. DNA mutations in the cells gradually emerge as Cancerous cells. Specifically, the cause of colon Cancer in these cases is believed to be the cell's DNA that include BRCA1 and BRCA2 mutations.

# WHAT ARE THE RISK FACTORS FOR DEVELOPING COLON CANCER?

Although colon Cancer can occur in anyone, including younger patients, there are some common colon Cancer risk factors. You cannot completely eliminate your risk for Cancer, but you can make some lifestyle choices that minimize risk factors for colon Cancer. Here are some of the most common risk factors for colon Cancer.

- Age: Men and women over 50 years old represent the largest segment for risk of colon Cancer by age, but there is a colon Cancer age risk for younger and older patients
- **Descent:** Due to gene mutations, African Americans and people of eastern European ancestry are more prone to colon Cancer.
- Poor Diet: Among the colon Cancer diet risks, eating too much red meat (especially processed) and the lack of fiber are considered to be the most common factors
- **Alcohol Intake:** Heavy drinkers have a higher colon Cancer alcohol risk than those who drink occasionally or socially
- Excess Weight: Overweight people have more risk of getting colon Cancer.
- Inflammatory Bowel Diseases: Chronic bowel-related diseases may lead to colon Cancer.
- Colon Polyps: Polyps may increase colon Cancer risk.
- **Diabetes:** People with diabetes have a higher risk of developing colon Cancer



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Family History: Colon Cancer family risk is most common among those who
have a family history of colon Cancer, primarily due to the hereditary cell
mutations, as well as familial adenomatous polyposis (FAP)

#### **GENETIC MUTATIONS LINKED TO COLON CANCER**

Some specific genetic medical conditions that have been linked to colon Cancer include:

- Lynch Syndrome
- Peutz-Jeghers Syndrome
- Juvenile Polyposis Syndrome
- MUTYH (MYH)-Associated Polyposis(MAP)

## SIGNS AND SYMPTOMS OF COLON CANCER

As the third leading type of Cancer and third leading cause of Cancer-related deaths, colon Cancer is a serious medical issue, and many people miss **the most common colon Cancer symptoms**. Most cases are diagnosed in State 3 or Stage 4, but there are ways to recognize early symptoms of colon Cancer. These colon Cancer warning signs may help initiate treatment and improve outcomes for men and women.

As part of your self-care, here are signs of colon Cancer to report to your doctor.

- Blood in your stool
- Persistent abdominal pain with no identified causes
- A condition known as "tenesmus" that describes a sensation of needing to have a bowel movement but being unable to pass a stool
- "Pencil stools" or narrow stools that indicate a narrowing in the colon

#### SIGNS IN WOMEN

There may be some additional signs of colon Cancer in women that are not common signs of colon Cancer in males.

- Abdominal cramps and pain
- Unexpected weight loss
- Rectal bleeding
- Low energy and fatigue
- Diarrhea or constipation



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#### STAGES OF COLON CANCER

When you are diagnosed with colon Cancer, your doctor discusses the different stages of colon Cancer. These stages indicate how advanced the Cancer is and what treatment options are available. Colon Cancer stages are defined by the American Joint Committee TNM system that indicates the characteristics of the tumor, condition of neighboring lymph nodes, and how far the Cancer has spread (metastasis). Most cases are diagnosed in the last stages of colon Cancer, specifically Stage 3 or Stage 4. Your doctor may recommend a CEA test as part of the diagnostic process.

#### Stage 0

At Stage 0, colon Cancer is in the earliest developmental phase. The abnormal cells have not grown beyond the mucosa of the rectum or colon. At Stage 0, colon Cancer is often referred to as carcinoma in situ/intramucosal carcinoma.

#### Stage 1

In Stage 1 colon Cancer, the abnormal cells have developed outside the mucosa to the submucosa. The Cancer may have also reached the muscularis propria. It has not reached the neighboring lymph nodes.

#### Stage 2

Stage 2 colon Cancer is categorized as 2a, 2b, and 2c based upon the extent of the abnormal cells. At Stage 2, the Cancer has not spread to the lymph nodes or organs away from the colon or rectum. It may have spread to surrounding organs and tissues outside the rectum and colon.

#### Stage 3

Stage 3 colon Cancer also has subcategories – 3a, 3b, and 3c. At this stage, the Cancer has spread to the lymph nodes or the fat surrounding the lymph nodes. It may also affect surrounding tissues, but it is still considered localized. Stage 3c colon Cancer also involves the visceral peritoneum.

#### Stage 4

Colon Cancer at Stages 4 has metastasized and reached distant organs, such as the lungs or liver. Lymph nodes may also be involved.



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#### **DIAGNOSIS OF COLON CANCER**

The optimal thing men and women can do for their health is to prevent colon Cancer. A special screening exists to help with an early colon Cancer diagnosis. Diagnostic tests for colon Cancer ensure that the disease is found and treated as early as possible. Once you receive a diagnosis for colon Cancer, you can begin treatment.

#### **COLON CANCER PREVENTION**

Although you may not be able to completely avoid colon Cancer, especially if you have a family history, there are steps that you can take to reduce risk of colon Cancer.

#### HOW TO REDUCE RISK FOR COLON CANCER

A proper diet and periodic colon Cancer screening, such as FOBT and FIT, are the keys to colon Cancer prevention. A direct colonoscopy, virtual colonoscopy, or double contrast barium enema may also be recommended by your doctor. The right diet can also help a patient fight the disease. Your doctor may recommend the FOBT. If the examination reveals that you have polyps, your doctor may recommend polyp removal and advise you as to how to prevent polyps in the future. Polyps prevention may include changes to how you eat, such as a colon diet or Lynch Syndrome diet, if you are diagnosed with this specific risk for colon Cancer.

# ALTERNATIVE COLON CANCER TREATMENT OPTIONS

The good news for those who have been diagnosed with colon Cancer is that there are many options for treatment besides traditional chemotherapy. From lifestyle changes to medication, there are multiple avenues to explore. For instance, diet and exercise can significantly boost the immune system so it helps the body fight off the Cancer on its own. Additionally, acupuncture has been shown to reduce pain associated with Cancer treatments and their side effects by stimulating special points on the body. While immunotherapy taps into the patient's own immune system to fight off disease cells, targeted drug therapy utilizes agents designed to target and kill diseased tissue while sparing healthy cells as much as possible. These treatments provide modern alternatives that our healthcare professionals use in helping those combatting colon Cancer achieve a complete recovery and return to life as normal.

### HERBS FOR COLON CANCER



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Herbs for colon Cancer are based upon Chinese Traditional Medicine that uses herbal medicine coupled with physical therapy. Each patient has his or her own special nutrition requirements. Our doctors provide specific recommendations regarding the most suitable diet, herbs and vitamins for each particular case.

Another approach to the herbal treatment of colon Cancer is Ayurvedic medicine. It uses a variety of herbs to deal with the condition. The main goal is to boost the immune system and destroy Cancerous cells.

- Garlic: Garlic is a powerful remedy used for the treatment of various types of Cancer. Herbalists have been using garlic in its many forms to treat Cancer for decades. Garlic is believed to be powerful enough to kill Cancer cells without damaging healthy cells.
- **Green Tea:** Green tea can help prevent colon Cancer formation. It contains catechin and polyphenols, which can fight Cancerous cells.
- **Celandine:** This herb boosts the immune system, keeping Cancer at bay. It's recommended as a prevention remedy.
- **Ginger Root:** This herb reduces inflammation and heals the digestive tract. The root can is believed to destroy Cancerous cells in the colon, ovaries and prostate.
- Turmeric: Another anti-inflammatory herb that helps in the treatment of colon Cancer.

# HOW TO BEAT COLON CANCER WITH ALTERNATIVE TREATMENT?

If you are wondering how to beat colon Cancer with alternative treatments, there are several proven options. Cancer Foundation offers an alternative and holistic treatment for colon Cancer. Our natural colon Cancer treatment is a great approach to complementary therapies for men and women.

### **CAN YOU GET RID OF POLYPS NATURALLY?**

Polyp removal typically involves surgery. Cancer Foundation offers a non-traditional therapy that can eliminate and prevent polyps that increase your risk of colon Cancer.

## **HOW TO SHRINK A TUMOR NATURALLY?**

Only the very early stages of colon Cancer can be treated with surgery. Otherwise, it is treated conventionally with chemotherapy and radiation. Chemotherapy, radiation



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therapy and other drugs used to treat colon Cancer are often very toxic. They damage the immune system and prevent proper healing. Fortunately, there are many effective alternative colon Cancer treatments. Among our colon Cancer patients, they have shown impressive results.

Cancer Foundation offers a colon Cancer tumor treatment naturally. We teach you about miracle foods that treats Cancer, including natural chemotherapy fruit and other alternatives to chemo. Natural chemotherapy does not break down your immune system the same way as traditional chemo.

# ALTERNATIVE AND HOLISTIC TREATMENT FOR COLON CANCER

Our Foundation offers an alternative and holistic treatment for colon Cancer that includes mind-body medicine, herbal medicine, homeopathy, yoga for colon Cancer, natural remedies for colon Cancer, and other energy medicine to treat colon Cancer. Our complementary and alternative medicine for colon Cancer includes meditation, hypnosis, and other techniques. We also base our colon Cancer homeopathic treatment on techniques that improve the patient's mental status through creative activities, such as dancing, singing, and drawing.

Homeopathy for colon Cancer is widely used to treat different types of Cancer, including colon Cancer. This holistic approach allows people to avoid much of the pain and suffering associated with conventional chemo and radiation therapy. In addition to other homeopathic remedies used, Our Foundation prepares a homeopathic remedy from the patient's pathology slides and uses the specific remedy to attack the patient's Cancer.

Holistic treatment for colon Cancer is aimed at improving the immune system and helping the body combat Cancer. Holistic colon Cancer treatment involves using herbal, natural, and homeopathic remedies to deal with the disease. Using treatments that trigger the immune system and taking advantage of remedies that can help fight Cancer is becoming a new trend. More and more patients rely on using alternative treatments for colon Cancer to lead a healthy life.