



INSIDE PITCH CAMPS

POWER PITCHING MECHANICS

HITTING AND SKILLS

Eston, SK / May 22 & May 23



GET READY FOR THE SEASON NOW WITH PROFESSIONALS!

(Camp welcomes boys and girls of all skill levels)

GROUP 1

Sat Morning (10-1230): Throwing & Power Pitching

Sun Afternoon (1-4): Hitting & Skills

GROUP 2

Sat Afternoon (1-4): Hitting & Skills

Sun Morning (10-1230): Throwing & Power Pitching

STUDENTS WILL BE SPLIT INTO GROUPS of 8 OR LESS EACH DAY BASED ON AGE/SKILL LEVEL



ALSO AVAILABLE FOR STUDENTS TO ATTEND BOTH GROUP 1 & 2 (Sat/Sun Full Days)

Hitting & Skills

HIT FOR POWER AND AVERAGE!

- * Hitting Drills * Infielding * Outfielding *
- * Baserunning and much more! *

Throwing & Power Pitching

THROW 5-7 mph HARDER WITH MORE CONTROL!

- * Power Drills * Pick-offs * Mental Aspects *
- * Change-up * Recovery *
- * Major League Curve Ball (13 yrs +) *

- Location: Eston Ball Diamonds
- Date: Saturday, May 22 & Sunday, May 23
- Registration: go online at www.ipsaskatoon.ca and click on camps tab
- Cost: Group 1 or 2: \$120+gst (5.5hrs) or attend both groups for \$200+gst (11 hours)



CAMP PROGRAM DIRECTOR – CORY HALL

Owner / Director of Player Development – IP SASKATOON

Certified by National Pitching Association

3 Year professional player with Kansas City Royals

NCAA Div.1 Scholarship Athlete – Santa Clara Univ.

Canadian Jr. National Team Member 2005-2006 / Team Sask 2003-2005

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