*Soul Gourmet*

*Plated Menu*

Below is a basic menu for our pre plated meals. As a standard all our meals are presented on white plates with real cutlery. The meals are designed to be served in a non-kosher environment. We take pride in the effort we put into matching the non-kosher menu so please, if possible, can you give us an indication of what you are serving so the kosher guest can also be made to feel special.

Thank you for using Soul Gourmet

***Breakfas***t Single course $40, hot & cold option $70.00

Cold Option: Smoked salmon, cheese, tomato, sliced fruit, mini muffin & bagel

Hot Option: Cheese omelet with sauté mushroom & onion

***Tea breaks $18 each***

Options: Fruit, filled bagel, crudité with dip, pastry

***Full Meal*** 3 course $90

Starter options: Salmon garni, elegant salad, sushi, falafel with sides

Main Course: Chicken supreme, grilled rib eye, grilled salmon, mushroom steak

All served with fresh sides, matching sauce & elegant plating

Dessert: Chocolate mousse pavlova, apple crumble, fresh fruit, chocolate

Brownie

***Freezer to microwave meals in disposable trays*** $25

Roast beef, grilled salmon, chicken schnitzel, roast chicken, beef rissoles

Served with sides & matching sauces.

Prices exclude GST & courier delivery. Please we appreciate as much notice as possible but will always attempt to fill those urgent requests.

Email [alan@soulgourmet.com.au](mailto:alan@soulgourmet.com.au) Mobile 042 255 3493