



Take the Reins at White Fawn Farm

3743 Bear Creek Rd. Thompson's Station, TN
<https://www.whitefawnfarm.org>



Equine-Assisted Learning: Summer 2020 Programs

For Individuals with Special Needs or Life Challenges

Exploring, Learning, and Practicing Social Skills with Horses!

Weekly topics and skill set areas include:

- Reading Body Language
- Self-Advocacy
- Understanding Social Cues
- Personal Space and Boundaries
- Teamwork
- Anxiety Strategies

Social Skills (for ages 6-13 yrs.) - Fridays 9:00 am – 10:15 Runs for 4 weeks June 5th – June 26th, 2019

Social Skills (for ages 14-21 yrs.) - Fridays 10:30 am – 11:45 Runs for 4 weeks June 5th – June 26th, 2019



Both of the above 1.5 hour programs run for 4 weeks. Total cost of each is \$100. The participants work in teams of two with 1 horse and volunteer. *If a participant needs additional on-on-one assistance, the cost is \$140.



To learn more about the above Equine-Assisted Learning Programs, please contact:
Susan Lutz at: susan@whitefawnfarm.org or (978) 376-8062.

What does White Fawn Farm offer individuals with special needs or life challenges?

- White Fawn Farm is a 501(c)(3) Non-profit organization and PATH Intl. Member Center. We provide Equine-Assisted Activities Programs **servicing children, teens, and adults**.
- Our staff includes PATH Intl. dual credentialed professionals with years of experience in teaching social and life skills, academics, working with individuals with special needs and challenges, and partnering with equines.
- Our equine team includes well trained horses, ponies, and minis each offering their unique attraction and interactions.
- Our learning accommodations - We provide a supportive educational environment. Our inclusive teaching strategies support all learning styles. Accommodations and modifications are utilized as needed to promote individual success. Our programs include multiple processing opportunities, to insure that the skills the participants develop and practice with the equines, are transferred to their daily social and life situations. AND THEY HAVE FUN!!



What is Equine-Assisted Learning (EAL)?

Equine-Assisted Learning is a hands-on educational program that uses the interactions and developing relationships between horses and humans in an environment of learning and self-discovery. It is designed to promote personal growth by providing insights and opportunities to develop social, life, academic, or professional skills in a fun and supportive environment. Through a curriculum of activities designed to address individual goals and needs, each equine interaction is framed to help participants (children, teens, & adults) learn and grow. Throughout the EAL session participants engage in observation and decision-making while working with the horses. The horses provide immediate cause-and-effect feedback demonstrated in a very authentic way. The equines are a great incentive for participant to become more open, trusting, accommodating and appreciative, as they quickly come to understand that equines are accepting and non-judgmental.

The barn/farm environment naturally lends itself as a unique multi-sensory classroom. EAL is facilitated by credentialed professionals with additional training and education in working with equines and understanding their innate behaviors and qualities.



Equine-Assisted Learning Programs at White Fawn Farm

Each week the participants explore a new theme through the eyes of their horse. Examples are; making good decisions, reading body language, strategies for anxiety, managing risk, personal space & boundaries, teamwork & leadership, self-advocacy, understanding social cues. As trust and comfort levels grow, they tackle new activities, building competencies and increasing self-confidence.

As participants interact and work with the horses, they observe the behaviors and responses, develop skills, discuss, and reflect as they enjoy time at the farm with staff, their volunteers and each other. As the participants engage in the equine experience in an active manner, they are afforded the opportunity to capture the concepts to be learned, and practice new skills with their horses. From there, participants discuss, model, role-play, and participate in games designed to transfer the skills learned with the horses to their own social interactions and life experiences.

White Fawn Farm's Mission

Enrich the lives of families dealing with disabilities and other life challenges through personalized equine therapeutic programs including interacting with horses on the ground, on horseback or in a horse carriage.