



Take the Reins at

White Fawn Farm

3743 Bear Creek Rd. Thompson's Station, TN
<https://www.whitefawnfarm.org>



2020 Summer – Riding & Horsemanship

TEENS! Join us this July to ride and learn about the world of horses!

Program Outline

Throughout each morning, the teens will rotate through the below 3 activities to provide them with a well-rounding experience with horses and their care.



- 1) **Riding lessons**
- 2) **A basic introduction to:**
 - Driving
 - Equine Language -How horses communicate with us
 - and/or Interactive Vaulting
- 3) **Horsemanship:** The teens will work together, learning about horses and their care. We will cover health and wellness and the day-to-day work that must be provided when caring for horses.

Besides learning about horses, participants will have lots of opportunities to enjoy life on a horse farm, teamwork, exercise, new friends, and plenty of fresh air.

On the farm it's all fun!

This program is designed for teens with life challenges or special needs.

***All mounted activities are facilitated by certified PATH Intl. Therapeutic Riding Instructors, Vaulting Instructor, & Equine Specialists in Mental Health & Learning.*

The Friday Dates: July 10th, 17th, 24th, 31st from 9 a.m. to noon.

For Ages: 13 – 18 yrs.

Cost: \$300. Siblings may attend, if space is available.

Registration deadline is: 6/1/2020. No deposit required.

To learn more or register email: Susan@whitefawnfarm.org



Why choose White Fawn Farm?

- **White Fawn Farm is a member center of the Professional Association of Therapeutic Horsemanship International.** PATH Intl. sets the industry standards for professionalism, safety, and efficacy for the centers and professionals working in equine-assisted activities and therapies (EAAT).
- White Fawn Farm's programming staff are:
 - **PATH Intl. certified Advanced and Registered level Therapeutic Riding Instructors** with years of training and education in disabilities, teaching methodologies, learning styles, techniques to support, challenge, and progress children and adults, and of course, riding.
 - **Credentialed Equine Specialists in Mental Health & Learning** with backgrounds in education and/or mental health. They provide challenging curriculums to encourage personal growth and build self-esteem.
- The White Fawn Farm staff and team of well trained volunteers, model **a culture of acceptance and appreciation for all unique abilities.**
- White Fawn Farm provides **a safe and supportive environment** that allows for individual learning and progress when interacting with and riding the horses. Our multi-sensory environment and inclusive teaching strategies are designed to support all learning styles and differences. Accommodations and modifications are utilized when needed, to promote individual success.
- We are **a family focused program.** We value families and understand the unique challenges they can experience when a member has special needs/life challenges.



TESTIMONIALS

"I believe my son has improved his executive functioning and his physical strength. The instructor's fun yet challenging lessons provide him the opportunity to organize his thoughts and plan his movements in a supportive environment. His multitasking has improved, too. Riding the horse and learning skills like posting have increased his core and leg strength as well." – Christy (Matt's mom)

"I think the most important improvement for Livi since starting lessons at White Fawn Farm is the increase in her self-confidence. Her instructor, has also been working with her by teaching her skills to help with her anxiety and to gradually become more independent." - Autumn (Livi's mom)

"Anna has become much more confident in her riding and her interaction with the horses which has helped with her self-esteem and her anxiety. She "owns" her experience which gives her a sense of independence and happiness."
– Diane (Anna's mom)

White Fawn Farm's Mission: *Enrich the lives of families dealing with disabilities and other life challenges through personalized equine therapeutic programs including interacting with horses on the ground, on horseback or in a horse carriage.*