

Conard Bulletin

Our mission is to build welcoming communities and caring relationships that empower people and restore hope. We are a nonprofit organization that specializes in Supportive Housing, Mental Health and Money Management Services in San Francisco.



Anne Quaintance
CEO/Executive Director

Welcome to the Winter edition of the Conard Bulletin - an issue that honors diversity, showcases the holidays celebrated in the Conard Community and expresses gratitude.

As I contemplate the resolutions I've made for 2023 and reflect on 2022, I see how much our mission of empowerment, restoration and hope is critical for all of us. As we endured and accomplished so much in 2022 that is shared in our Annual Report, I know that as long as we face and stand strong together as the Conard House community, we can make 2023 a year filled with health, justice and peace.

EMPOWERING PEOPLE
RESTORING HOPE

The Conard Bulletin

Contributing Writers: Angie Brown-Tanielian
Anne Quaintance



Angie Brown-Tanielian, Director of Development

The Annual Lunar New Year Celebration is back at Conard House after a 2-year hiatus due to the Covid-19 pandemic. 50 Conard House residents and staff gathered at the historic Conard House Jackson Street site to ring in this 2023 Lunar New Year.

Excited, muffled murmurings of invited guests could be heard as they climbed the stairs of the beautiful 1800s Victorian Conard House site. Jovial Conard House staff members greeted attendees at the front door with huge smiles and warm heartfelt greetings. A fragrant conglomeration of aromas boasting of citrus and Chinese cuisine drew partygoers through the softly lit Victorian hallways adorned with bright red decorations to the kitchen - a favorite destination to congregate.

Conard House staff and residents mingled together participating in various activities including a raffle for fun prizes, giving and receiving multiple "red pockets" (a.k.a. red envelopes) filled with sweet treats, and having their names translated into Chinese and written in calligraphy on beautiful red paper all in celebration and recognition of the lunar new year and the year of the rabbit. Celebratory chatter and laughter filled the venue until a voice could be heard over the crowd summoning everyone to a talent show.

With an atmosphere both lively and emotion-filled, Conard House staff and residents

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RESIDENTS CONNECT WITH FAMILY & FRIENDS FOR THE HOLIDAYS

Angie Brown-Tanielian, Director of Development

Conard House residents found a fun and innovative way to stay connected to their friends and family for the Holiday season while learning a new skill – creating their own custom digital e-cards! The Conard House SF Connected Program hosted fun 1-hour classes at 3 Conard House sites to train 12 residents on how to use a popular free digital computer application to make personalized holiday e-cards. Many of the participants were unfamiliar with the app and how to access and use it. With the help of volunteers from Elixirr, an international consulting firm, and Conard

House staff, everyone had a blast working together to learn the app, all



while letting their creativity flow making their digital Holiday Cards.

At Conard House, we understand the importance of community and togetherness. The class offered even more than learning a new skill. Residents shared that the class provided a way, across our sites, to come together in a spirit of joy and happiness with a common goal. As Conard House residents have limited incomes and resources, we know how hard it is to afford gifts for loved ones. Designing customized e-cards provided a very personal way for residents to stay connected to their families over the Holiday Season.

CONARD HOUSE 2022 ANNUAL REPORT

Anne Quaintance, CEO/Executive Director & Angie Brown-Tanielian, Director of Development

The 2022 Conard House Annual Report is here! Each page is visually striking and demonstrates the impact made in 2022 with the Conard House Community of residents, clients, staff, volunteers, donors and funders.

This report beautifully illustrates Conard House's accomplishments over the past year and our evolution. Since 1960, as a non-profit organization, Conard House focus has been to ensure specialty mental health, case management and money management services are accessible on-site in supporting housing in San Francisco.

We welcome you to explore the report. Experience the richness of the Conard Community through first-hand stories, learn about our new innovative pro-



grams, and understand how Conard House is addressing the multifaceted

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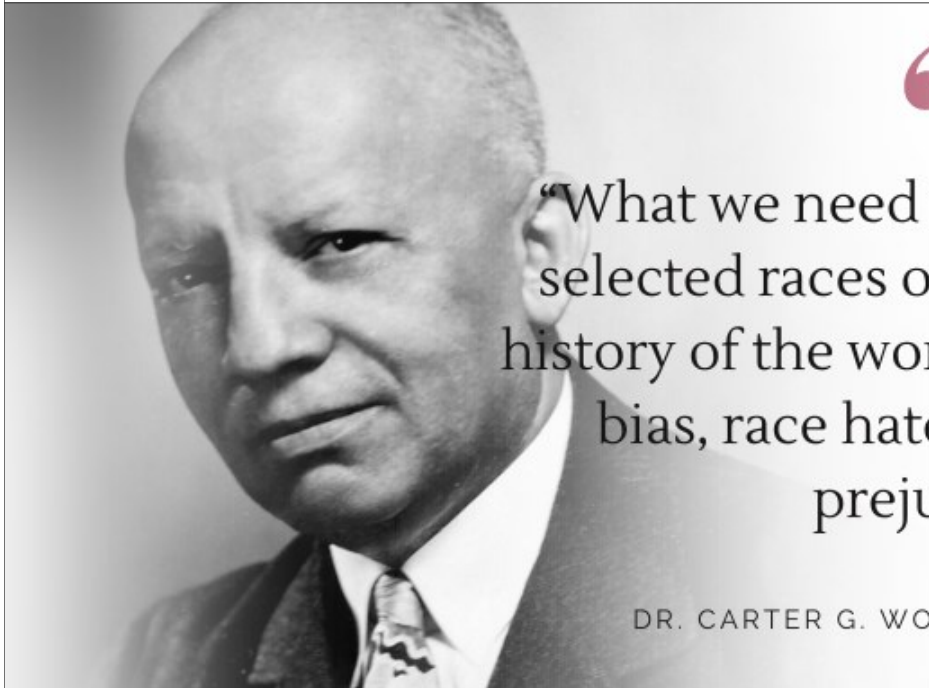
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The cover of the 2022 Conard House Annual Report features sentiments from clients and residents from our 2022 anonymous satisfaction survey.

"THIS NEWSLETTER IS FOR THE COMMUNITY..."

CONARD HOUSE CELEBRATES BLACK HISTORY MONTH 2023



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“What we need is not a history of selected races or nations, but the history of the world void of national bias, race hate, and religious prejudice.”

DR. CARTER G. WOODSON (1875 - 1950)

Angie Brown-Tanielian, Director of Development

Have you ever wondered why Americans celebrate Black History Month in February? It all began in 1915 with Dr. Carter G. Woodson (Pruitt, 2023), an African American, Harvard-trained historian, 50 years after the 13th Amendment to the Constitution was ratified abolishing slavery in the United States.

Woodson along with minister Jesse E. Moorland founded the Association for the Study of Negro Life and History (ASNLH), an organization dedicated to researching and promoting achievements by African Americans and other peoples of African descent.

In 1926 the ASNLH, now known as the Association for the Study of African American Life and History (ASALH), sponsored the first national Black History Week choosing the second week of February because it coincided with the birthdays of Abraham Lincoln and Fredrick Douglass. What followed well into the 1960s was schools, communities and mayors of cities throughout the nation recognizing Black History Week. American Presidents over the following decades have issued pro-

clamations recognizing what was then called “Negro History Week.”

Due in part to the civil rights movement in the late 1960s this national week of recognition evolved into Black History Month. President Gerald Ford officially recognized February Black History Month in 1976 stating, “we need to “seize the opportunity to honor the too-often neglected accomplishments of black Americans in every area of endeavor throughout our history.”

More recently in a proclamation delivered by President Joseph R. Biden, Jr. (House, 2022), he said, “Each February, National Black History Month serves as both a celebration and a powerful reminder that Black history is American history, Black culture is American culture, and Black stories are essential to the ongoing story of America — our faults, our struggles, our progress, and our aspirations.”

Each year since 1976 every United States President has not only designated February as Black History Month but has also endorsed a specific

theme. This year’s theme, “Black Resistance,” (*BLACK HISTORY THEMES – ASALH – the Founders of Black History Month*, n.d.) explores how African Americans have addressed historic and ongoing disadvantage and oppression.

In a statement issued by San Francisco Mayor London Breed (*Mayor London Breed on Black History Month / San Francisco*, n.d.) on February 1, 2023, she stated, “Our City is no stranger to the powerful influence of Black leaders and their lasting impacts. With this year’s theme of Black Resistance, we must remember to honor those who tirelessly fought for the very freedoms we have today and use the strength of their spirit to re-commit ourselves to resisting injustices that keep us from moving forward.”

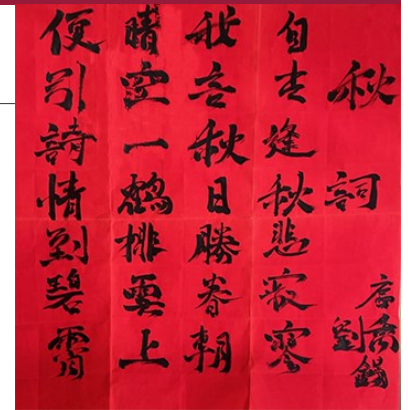
EMPOWERING
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HAPPY LUNAR NEW YEAR 2023

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offered up passionate spoken word performances, piano recitals, poetry readings in Chinese and English, and beautiful and moving acapella songs, all of which made one feel more like they were experiencing a poetry slam rather than a talent show.

The celebration concluded with a feast of traditional Chinese cuisine with various dishes representing prosperity, abundance, good luck, and togetherness in the cheerfully decorated outdoor courtyard. Partygoers spent the remainder of the celebration enjoying each other's company and a long-awaited face-to-face gathering of Conard Community members.



Poem: Autumn Song
Liu Yuxi (772-842) | Tang Dynasty

THANK YOU FOR HELPING US INNOVATE, SUSTAIN, AND GROW!



We are thrilled about the outpouring of support for our 2022 Annual Fund Holiday Campaign which began on GivingTuesday and concluded on Martin Luther King, Jr. Day. Your generosity is hugely appreciated by the entire Conard Community.

Your gifts **sustain** our clinical therapy and supportive case, property and money management services offered on-site daily to our 1,450 residents and clients; **fuel** our innovative food kiosk and pet support services pro-

grams; and help us **grow** by acquiring 3 new properties helping us to better serve our residents and to **expand** our digital literacy and access program by offering new tablets and smartphones.

We want to recognize everyone, our community partners, donors and volunteers that rallied on our behalf and shared the importance of our work with their constituents in the greater San Francisco Community and beyond.






WE LAUNCHED OUR PET PILOT PROGRAM TO OFFER FREE VETERINARY CARE, PET BEHAVIOR TRAINING AND PET SUPPLIES TO OUR RESIDENTS WITH COMPANION ANIMALS

THE FOOD KIOSK PROGRAM PROVIDES 24-HOUR SELF-SERVE ACCESS TO FRESH MEALS IN A HIGH-TECH REFRIGERATOR THAT TRACKS INVENTORY



Donate to one or both of our campaigns to sustain and expand the new innovative Conard House Pet & Food Kiosk Programs!

To join Conard House as a supporter, advocate, or volunteer, please contact us, and follow us on social media to receive updates!

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To contact Conard House you may visit: <https://conardhouse.org/contact-us>

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