

The Ancient Practice of Drinking Diluted Wine:

Wine throughout history: What were ancient wines really like?

<https://www.wineinvestment.com/learn/magazine/2015/11/wine-throughout-history-what-were-ancient-wines-really-like/>

[#:~:text=In%20fact%2C%20wine%20had%20to%20be%20cut%20with,was%20the%20only%20way%20to%20make%20it%20palatable](#)

Why did the Ancient Greeks drink watered-down wine?

<https://santoriniwinetour.com/why-did-the-ancient-greeks-drink-watered-down-wine/>

Why Ancient Greeks Mixed Wine With Seawater

<https://greekreporter.com/2022/05/09/why-ancient-greeks-mixed-wine-with-seawater/>

Why did the ancient Greeks and Romans drink their wine mixed with water?

<https://www.winespectator.com/articles/why-did-the-ancient-greeks-and-romans-drink-their-wine-mixed-with-water-5063>

Wine in the Ancient Mediterranean

<https://www.worldhistory.org/article/944/wine-in-the-ancient-mediterranean/>

Why did they dilute wine with water in ancient Rome

<https://www.youtube.com/watch?v=BmwdvbDR8zA>