

Is Sugar keeping us from God's Purpose?

Still finding fasting impossible or a challenge, or just simply being able to concentrate on God's word in your every day life? Many times sugar can be the culprit. Sugar is not only dangerous and hazardous to our health, but it's also addictive. Yes, sugar addiction is a real thing! Did you know that Sugar is more addictive than Cocaine? Many of you might be consuming hidden sugars in your everyday diet and not even realize it.

Sugar Documentaries

1. Sugar Coated | FULL DOCUMENTARY | MUST SEE
<https://www.youtube.com/watch?v=esjTpaohQq4>
2. The Secrets of Sugar - the fifth estate
<https://www.youtube.com/watch?v=K3ksKkCOgTw>
3. Sweet Death: How Sugar Is Making Us Sick | ENDEVR Documentary
<https://www.youtube.com/watch?v=b2taSMx6394>
4. How Ultra-Processed Food is Slowly Killing Us | ENDEVR Documentary (Part 1)
https://www.youtube.com/watch?v=LQZ9BPSS1_I
5. How Food Affects Our Mental Health | ENDEVR Documentary (Part 2)
https://www.youtube.com/watch?v=Wth5CSX7_hQ
6. The Science of Our Addiction to Sweets | The Sticky Truth About Sugar | Documentary Central
<https://www.youtube.com/watch?v=4aiyTllyDfo>
7. The Magic Pill
<https://www.youtube.com/watch?v=6duhSjYyj0k>
8. Eating You Alive - Diet, Health and Wellness Documentary
<https://www.youtube.com/watch?v=gMdSUB-Lbp8>
9. Price Of Sugar Documentary (Life in the Sugar Plantations)
<https://www.youtube.com/watch?v=S8LJ90fTPEw>
10. Big Sugar (2005) | Part 1
<https://www.youtube.com/watch?v=LHmnkS4qBjw>
11. Big Sugar (2005) | Part 2
<https://www.youtube.com/watch?v=ZMRHLR0OGts>
12. Sugar: THE BITTER TRUTH
<https://www.youtube.com/watch?v=dBnniua6-oM>