



Kol Hashofar

ב"ה



Young Israel of Lawrenceville
2556 Princeton Pike
Lawrenceville, NJ 08648
www.yiol.com

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Tishrei 5780
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President's Message

If you have not been to our Friday night minyan, I recommend that you give it a try. It is a very uplifting experience.

Congratulations to Daniel and Cheryl on their recent marriage.

Congratulations to the Goldenberg's on the Bar Mitzvah of Chatzkel.

Condolences to Emmanuel Zur on the loss of his father, Shuli Levin on the loss of his mother and to Arthur Levner on the loss of his mother.

One of our best fundraisers, with no additional cost to you, are the Shop-Rite vouchers. To order your vouchers, call Eleanor Heck. This is a great way to get your holiday food and benefit your synagogue at the same time.

Wishing everyone a happy and healthy New Year.

Charles Miller, President





VIEW FROM THE BIMAH

The King Is In The Field....

Elul, the month that precedes the High Holidays is a time of preparation. During Elul we get ready to receive G-d's judgment for the upcoming year. But beyond attempting to put ourselves in our Creator's good graces, it is also a time to spice up our relationship.

Jewish tradition speaks of a king who all year long is closed off in his palace and inaccessible. Even those lucky few who do get to meet with him need to follow a strict protocol, and only get to see the king for a short period of time. But once a year, the king dresses in civilian clothes, walks around the field – a place where ordinary folks frequent – and greets everyone with a smile.

This metaphor is a way of explaining what Elul is about. All year long, the nature of our relationship with G-d is one that is merit based. It takes special preparation and requires much effort to come close to our Creator. During Elul, however, no such efforts are necessary. There is no need to meet G-d on His turf; He's already come towards us. All that is required is our willingness to meet. And when we do, there is no awkwardness or feeling that we're being scrutinized. Meeting us on our level means that He embraces us just as we are and He makes us feel whole.

When it comes to reconnecting with G-d, we sometimes feel that we are not good enough. We might think that we've been out of touch for a while, and feel uneasy about renewing our bond. Elul strips away all those insecurities and sends a strong message that G-d is crazy in love with us, regardless of how many time we think we may have disappointed Him, and He is eagerly waiting for our advances.

So as we come closer to Rosh Hashana and spiritually prepare for the New Year, let's remember that as a loving father, there's nothing that G-d wants more than reconnecting with us. He already did His part – doing His utmost to make our meeting as comfortable as possible. All we need to do is to walk over and say "Hineini – Here I am."



May you and yours be inscribed and sealed in the Book of Life, for a good and sweet year!

Rabbi Y. Goldenberg



Young Israel—Community Bulletin Board

YIOL offers a range of programs and services which enables opportunities for exploring Judaism in a non-judgmental way. Whether it be a prayer service, Torah class, or social gathering that you're seeking, you will be enthusiastically welcomed and celebrated, So come for a visit...and stay a while.

Adult Education Program

Please join us for our classes. All classes are conducted in English and are held at the Synagogue.

- **Tuesday evening class** -- Rabbi Goldenberg will be announcing a new series for his Tuesday night class.
- **Women's class** — Rebbetzin Goldenberg teaches a women's class on alternate Mondays at 7:30.

There is no charge for participation. For further information, call the synagogue at (609) 883-8833 any day from Saturday at nightfall through Friday early afternoon. If there is no reply, leave a message on the answering machine

Tzedakah Fund



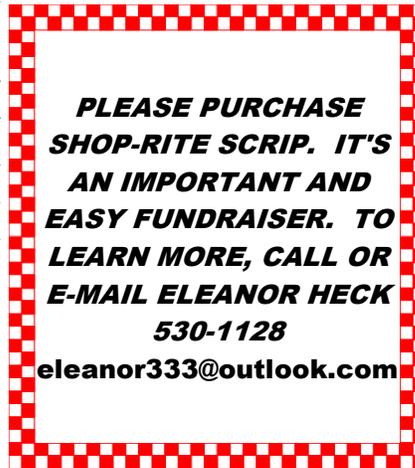
Our Shul has a Tzedakah fund to help those in special need of assistance. The fund is derived primarily from contributions collected from the "pushka" in Shul. If you know of such a person, please advise either Rabbi Goldenberg or Charles Miller.

Kiddushim

our thanks to those who have sponsored kiddushim. For a full list of recent kiddush sponsors, please refer to Donations and Good Tidings. To celebrate your special occasion with a kiddush, please e-mail Dina Goldenberg:

dinagoldenberg@aol.com

When paying your dues, please send your Kiddush assessment (\$100) in a separate check, payable to the Sisterhood.



The Memorial Board

The Memorial Board in the Synagogue is a special way to honor, in perpetuity, the memory of departed loved ones. Plaques are \$250 each and may be ordered by contacting the Synagogue.



Yahrzeit Advisory

It is very important that our Shul provide a minyan to enable members and others to observe a Yahrzeit anniversary. Whenever you need to observe a Yahrzeit, please contact one of our gabbaim several days in advance so we can ensure a minyan will be available. Please contact Charles Miller (530-1846).

Visiting the Sick



It is a religious duty (a *mitzvah*) to visit someone who is ill. If you become aware of someone who is unwell or infirm, please advise Rabbi Goldenberg or Charles Miller immediately so that the person may be contacted and visited at an appropriate and convenient time



Donations and Good Tidings

“May G-d bless those who dedicate synagogues for prayer and those who enter them to pray, those who provide light for them, wine for Kiddush and Havdalah, bread for guests and charity to the poor and all who are involved faithfully in the needs of the community.”

(from the Yekum Purkan prayer said every Shabbot at the end of the Shacharis service).

DONATIONS

TYBIE ABRAMS

Yizkor

BILL AND CAROL ARONOFF

Yizkor

Yahrzeit

Mishaberach

General donation

BRUCE BITCOVER

Yizkor

General donation

MORT COHEN

Yizkor

NORMAN AND KARRIELYN FERSTENBERG

For Gloria Ferstenberg's yahrzeit

In memory of Tonya Levin

In honor of Amiel Ferstenberg

MARTHA FRIEDMAN

In honor of Ted and Marian Shafman's
new grandchild

For Anna Greenwood's yahrzeit

For Alex Friedman's yahrzeit

Yizkor

THE GOLDENBERG FAMILY

Yizkor

ELEANOR HECK

In memory of Tonya Levin

Yizkor

In honor of Amiel Ferstenberg

CHARLES AND DIANE MILLER

In memory of Tonya Levin

ENOCH NAMENSON

General Donation

BOB AND IRIS PEARSON

In honor of Daniel Zuckerman and Sheryl Jawetz

Zuckerman

HENRY AND DALYA REDEL

For Gloria Ferstenberg's yahrzeit

In memory of Tonya Levin

TED AND MARIAN SHAFMAN

Yizkor

MILTON YUDKOWITZ

Yizkor

DANIEL ZUCKERMAN AND SHERYL JAWETZ-ZUCKERMAN

Yizkor

Yahrzeit

In honor of all congregants who helped Daniel
and his mom

General donation

Thank you all for your contributions, and your support of the Shul!



Kiddush Sponsors

MRS. MARTHA FRIEDMAN

In memory of Alex Friedman

THE GOLDENBERG FAMILY

In honor of Shavuos

In honor of the birthday of Rebbetzin Nechama D. Goldenberg

THE SHAFMAN FAMILY

in memory of Eugene & Anna Greenwood

TYBIE ABRAMS AND CAROL ARONOFF

In memory of Richard Hofing

In memory of Millie Starr

In memory of Janet Weinstein

LENORA & MICHAEL ZUCKERMAN

in honor of Daniel Zuckerman's Aufruf

MRS. TYBIE ABRAMS

In honor of her grandchildren, Noah and Eliana

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In honor of Bill Aronoff's birthday

GOLDENBERG FAMILY

In memory of Rose Tapiero

In honor of the birthday of Rochel'e Goldenberg

THE LEVIN AND FERSTENBERG FAMILIES

In memory of Gloria Ferstenberg

ELEANOR HECK

In memory of Seymour Charles Heck

THE ARONOFF FAMILY

In memory of Shirley Aronoff



AMAZON SMILE

Did you know that you can raise funds for Young Israel simply by shopping at Amazon?

It doesn't cost you anything extra! There's a one-time setup that needs to be done, and then just shop at smile.amazon.com (instead of www.amazon.com) like you normally would. All of your account settings will already be available.

To set this up for the first time, point your computer or mobile browser to smile.amazon.com. You will be asked to select a charity on the right side of the screen. Below the spotlight charities, there is an option to pick your own charitable organization. In the box, enter "Young Israel of Lawrenceville" and click "Search". The results will appear on the left, and you can select our Shul by clicking "Select" next to "Young Israel of Lawrenceville".

After that, just remember to shop at smile.amazon.com, and all eligible purchases will generate a donation to Young Israel.

To learn more about how AmazonSmile works, point your browser to https://smile.amazon.com/gp/chpf/about/ref=smi_se_uspo_laas_aas

Daniel Zuckerman



Keep Smilin'



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SISTERS IN THE HOOD

To quote the Lion King, “The circle of life – It’s the wheel of fortune, it’s the lift of faith, it’s the band of hope.” Since the last newsletter, YI has experienced many life cycle events. Deb and Zev Clement had a baby boy, Adian and Alex Ferstenberg had a baby boy (Grandparents, Karrie and Norman).

Jen and Michael Shafman had their second baby girl (Grandparents, Marian and Ted).

Chatzkel became a Bar Mitzvah and celebrated twice with family and friends. First, on his actual birthday, when he was counted in his first minyan, and second, was between camp and school with lots of music and dancing.

Mendy left his Monsey Yeshiva and started attending the Rabbi’s alma mater in Montreal.

Rivka graduated from high school and is now in Israel in Seminary at Nechama Dina’s alma mater. Do you see a pattern here?

Daniel and Sheryl got married. We are sorry that Daniel left the community, but YI will always be part of his family as he will be a part of ours. Daniel’s Mom always wanted him to marry a nice Jewish doctor. MAZEL TOV to all of you.

Moshe’s Grandmother passed away. Both Shuli and Arthur lost their Mothers. The whole YI family extends sincere sympathies to all of the families. May you all be comforted in Zion.

Bill and I took another cruise. It was a wonderful week away. As we traveled out/in of Bayonne, we did not have to take a plane to the ship. Bill also told everyone that his phone did not work, so he was not bothered by business calls.

Nechama Dina is in charge of the Kiddush calendar, call or E-mail her to set a date. Any occasion or none at all is a reason to host a Kiddush. Please note that the liquor supply is running low. Be a sport, if you drink it, help to replenish it.

As the High Holidays are around the corner it is time for CAROL’S NAGS.

1. Please do not wear/use fragrances. The Shul is hot and crowded, many people are sensitive.
 2. If possible leave baby carriages outside. Do not block the stairs. Park carriages, wagons, scooters, hover boards and spaceships on the grass under the big tree.
 3. Please put down the seat and lid. Toilets are dangerous places for small children.
- These are the most important issues at this time.

You are always welcome to help yourself or your children to a snack. Please only use open packages from the fridge and pantry, and remember to close them after use.

I have noticed more women standing when their husband’s get an Aliyah. It is a good way to share in the honor on our side of the Mechitzah.

Along with rest of my family; Bill, Samuel/ Shlomo, Kit, Matthew and Ellie we wish your family a happy, healthy and sweet New Year.

May we only experience Simchas.



Carol for Sisterhood



Ask the Rabbi...

*Have a question for Rabbi Goldenberg?
Email it to LSach@msn.com.*

Your answer will appear in the next newsletter.

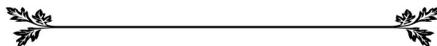


Dear Rabbi,

“Why do we start blowing the Shofar in the month of Elul before Rosh Hashanah?”

BH

Many communities have a custom of sounding the Shofar following morning weekday services starting from the beginning of the Hebrew month of Elul. This is because there are numerous rules and customs on how to sound the Shofar on Rosh Hashana. Sounding the Shofar during Elul is a way of practicing the laws and techniques in preparation for the big day. Secondly, the sound of the Shofar elicits the feeling of Teshuvah, returning to G-d. Although this is crucial for Rosh Hashana itself, we do begin the process from the beginning of Elul. Having said that, on the day that precedes Rosh Hashana, we do not sound the Shofar, but I'll share the reason for that in a future installment, Please G-d.





The “No-Hassle Kiddush Initiative”

Dear Fellow Shul Goer,

I would like to present the community with an opportunity that could benefit its members: I’ll call it the “No-Hassle Kiddush Initiative”.

If you would like to sponsor a Kiddush but you can’t (or don’t want to!) deal with the headache of shopping, preparing, setting up, etc., no worries. I will do it for you. Yup, you read that correctly. I will prepare your entire Kiddush – all you need to do is show up! It’s that simple.

I will offer you choices of delicious homemade salads and baked goods, pretty platters, tasty deserts, and more. I will even include the paper goods J Below, you will find a list of options, as well as other information that you might need.

Note: this offer is my own personal initiative. It is in addition to, not in place of, what is currently being arranged by the YI sisterhood.

If you have any questions, you can contact me:

dinagoldenberg@aol.com

609-231-8609





From Dina's Kitchen

BASIC KIDDUSH - \$150

Salads (vegetable): Choice of 3

(Each additional salad \$7)

Eggplant – marinated

Eggplant – babaganoush

Taboule (quinoa)

Coleslaw

Potato

Carrot – cooked or grated

Tomato

Egg Salad

Olive dip

Chummus

Platters: Choice of 1

Fresh vegetable

Fresh fruit (seasonal)

Fish: Choice of 2

(Each additional \$10)

Gefilte fish with horseradish

Tuna (plain or scallion)

White fish salad (store bought)

Herring (store bought)

Nosh: One of each

(Each additional \$5)

Cookies – 2 types (rugelach, biscotti, chocolate chip, etc.)

Potato chips or Tortilla chips

Pretzels or other chips

Crackers – 2 types

Drinks: 2 seltzers and 1 juice (Soda upon request)

DELUXE KIDDUSH: \$225

Same as basic plus:

2 additional vegetable salads

Fish platter **OR** deli platter

Kugel – choice of potato, noodle or apple

Nuts or chocolate

Extras:

Cake for special occasion: \$50

*Price includes paper goods

*Liquor provided by Kiddush sponsor

List is flexible. If you would like specific or select items, that can be arranged.

One week advance notice for all orders!

Orders must be pre-paid.

NOTE: If you are expecting a larger than usual crowd, please indicate approximately how many additional



Graphics by Searching in the Jungles, Clever, Chameleon, Melonheads & K.B. Jorts



Finding Your Happy Place

By Lynda Sacharov

Humans aren't that complicated, our needs are simple...we want to feel fulfilled and be happy. Oh well... maybe that's where it gets complicated.

Mort Cohen had been married for fifteen years and has two children. His Mother, Rachel, was an Orthodox Israeli, his Father, Leon, was American. He and his family "pre-dated" the formation of Young Israel. His parents, along with other Orthodox families like the Haydens, Friedmans, and Yukowitz's all lived in the western section of Trenton, but decided as a group to move to Lawrenceville where they formed the "Minyanaires" so they could regularly conduct services.

The Minyanaires obtained a Torah and on a rotating monthly basis would have services in each others' homes. Over time, this became burdensome, and besides, they wanted to have a "real" Rabbi. Alternative locations were found such as the Lawrenceville Senior Center, Lawrence high school, a VFW Hall, and a small house on Texas Avenue with rotating Rabbis from out of town.

Ironically, it was at the Texas Avenue location where the Sacharovs came to know Young Israel. At the time, we were new to the area, my husband, Aaron, had to say kaddish for his Father, and was looking for an Orthodox shul. Although I'm embarrassed to admit it, I was on my way to the Acme one particular Shabbos morning and came across an elderly couple, who I "just knew" were Jewish, so I asked them...

As it turns out they were Mort's parents, Leon and Rachel Cohen...and invited me to attend services, even though I was in jeans at the time! They couldn't have been more gracious, and thus began our association with YIOL.

Mort became involved with Chabad, and was President of Chabad of Greater Mercer County for 18 years. He was instrumental in helping bring many of the present Chabad Rabbis to our area.

Mort's "day job" is running a "virtual" software company called Labcat, which creates and markets software used by the pharmaceutical and related industries during preclinical safety studies.

After being divorced for about 7 years, and as the "social being" he is, Mort got lonely and went online to meet someone. His "someone" turned out to be Judy Dogin, who had been divorced as well. After a few online chats and telephone calls, they decided to meet in Center City, Philly, where Judy lived at the time.

Upon entering the restaurant and spotting Judy, he summoned up his best "opening line", and asked her "where's the men's room?"...I guess it was that long ride from New Jersey!

Continued on Page 13...



Finding Your Happy Place

(continued from Page 10)

After about an hour of being together, Mort knew Judy was “his person”. Subsequent to a very brief courtship, Judy moved to our area and she and Mort bought a beautiful home in a park-like setting in Princeton.

Judy is one busy lady.... she is a child and adolescent psychiatrist and works administratively as a consultant for the County of Philadelphia and the State of Pennsylvania helping to design clinical programs for children ranging from pre-natal to age 21 and their families. Judy is also a certified Pilates instructor and gives one-on-one lessons in the fully-equipped Pilates studio (Princeton Boutique Pilates) in their home. She explained that Pilates helps build strength and flexibility.



Princeton Boutique Pilates

Since Mort works from his home office on one side of the house and Judy on the other, they will “meet in the middle” to visit with each other during “work breaks”.

A trip to Israel may be in their future.

When it comes to Mort and Judy, it’s not complicated.

They’ve found their “happy place”...and it’s with each other.



Bereavement Services

King Solomon said, "There is a time for all under the heavens — a time to love, a time to journey, a time to plant, a time to reap, a time to rejoice and a time to mourn."

In a most loving and caring way and with the greatest sensitivity, Rabbi Goldenberg will make it his business to offer all the comfort, guidance and bereavement support needed. In addition, he will be glad to offer his assistance in preparation, officiating at the funeral, making Shiva services, arranging for the kaddish to be recited, etc.

For assistance, or for more information, please call: (609) 882-4330.



THIS SPACE HAS TRADITIONALLY LAID OUT LIGHTING AND SERVICE TIMES FOR SHABBOS AND YOM TOV. HOWEVER, THANKS TO THE CHABAD OF LAWRENCEVILLE CALENDAR THAT THE RABBI MAILS OUT ANNUALLY AND TO THE RABBI'S WEEKLY E-TORAH E-MAIL, WE HAVE DECIDED THAT IT MAY NO LONGER BE NECESSARY TO INCLUDE THE

INFORMATION IN THE NEWSLETTER. PLEASE NOTIFY RABBI GOLDENBERG IF YOU WISH TO RECEIVE THE CALENDAR OR BE ADDED TO THE MAILING LIST TO RECEIVE THE E-TORAH PLEASE FEEL FREE TO NOTIFY ELEANOR, LYNDA, OR THE RABBI IF YOU WOULD PREFER THAT THE NEWSLETTER ALSO PROVIDE THE INFORMATION.





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 YOUNG ISRAEL

Marian and Ted Shafman

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