



Kol Hashofar

ב"ה



*Young Israel of Lawrenceville
2556 Princeton Pike
Lawrenceville, NJ 08648
www.yiol.com*

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Tishrei 5781
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Rosh Hashanah
& Yom Kippur

President's Message

Wishing everyone a happy and a healthy New Year. May you all be inscribed for a good year.

A refuah shelamah goes out to Carol Aronoff who is recovering from surgery. May she be home and up and around soon.

I would like to start out by hoping that everyone is doing well in these unusual times. Life as we know it has changed. Our activities have been curtailed and we spend a lot more time at home. Things that we enjoyed are currently not available. Hopefully things will get back to "normal" soon.

Even though we have not had services for the last few months, the synagogue still has our bills to pay. With the virus still in place, in order to accommodate everyone who wants to attend our High Holiday services, we had to rent a tent. This is an extra cost to us. If you would consider making an additional High Holiday donation, to cover the cost of the tent,

it would be greatly appreciated.

A reminder that the Rabbi has the Young Israel Café on Tuesday nights on *Zoom*. We have had some very interesting speakers over the last few weeks. Hope to see more of you there in the coming weeks.

The world has changed and will continue to change. Hopefully it will be a better place. We should all be able to return to synagogue in the near future.

Charles Miller, President





VIEW FROM THE BIMAH

BH

This past year has been for all of us what we call in sports lingo a curve ball. No one could have predicted the disruption of life that Covid-19 has brought on. Everything that was once considered normal is now abnormal, and the reverse is true as well.

We, the Jewish people, have been around for a long time and have developed traditions and responses to many situations that have visited us over millennia.

As our congregation, and countless others around the world, stood in Synagogue just one year ago, we were blissfully unaware of the disease lurking around the corner that would begin spreading a couple of months later. Yet, during the course of our prayers, we recited forty four supplications, each beginning with the words "*Avinu Malkeinu*" – "Our Father, our King." Among them, number eleven, reads "Our Father, Our King, keep the plague back from Your heritage."

I don't know about you, but if I would be able to turn back the clock, I would certainly try to have more concentration and focus when reciting this prayer.

So here is the point: When we pray, there are the things we feel concerned about, and then there's everything else. What Covid has taught us, is that none of us ever, ever knows what the future holds. We have no inkling which prayer we will be desperate for in the coming year. We may gloss over words thinking this text is outdated, when, in fact, it may very well be the key to our salvation.

So, during the approaching High Holidays, let's be a little humble, and realize that even what may be the furthest from our minds can turn extremely relevant in a short period of time. Let us realize that we are all in Hashem's hands, and that it is only His judgment that matters. And, most importantly, let's have trust that He will see us through this challenge, as He has carried us until this point, and that He will grant us blessings for a healthy, safe, and prosperous New Year.

L'Shana Tova!

Rabbi Y.
Goldenberg





The Board of Young Israel of Lawrenceville is happy to announce that arrangements have been made to hold services in the safest manner possible due to COVID. Services for the high holidays will be held in a tent in front of the shul.

Masks will be provided.
Hand sanitizer and anti-bacterial wipes will be available.
Seating will be within social distancing parameters.

Wishing you all happy and safe holidays.





Young Israel—Community Bulletin Board

YIOL offers a range of programs and services which enables opportunities for exploring Judaism in a non-judgmental way. Whether it be a prayer service, Torah class, or social gathering that you're seeking, you will be enthusiastically welcomed and celebrated, So come for a visit...and stay a while.

Adult Education Program

Please join us for our classes. All classes are conducted in English and are held at the Synagogue.

- **Tuesday evening class** -- Rabbi Goldenberg will be announcing a new series for his Tuesday night class.
- **Women's class** — Rebbetzin Goldenberg teaches a women's class on alternate Mondays at 7:30.

There is no charge for participation. For further information, call the synagogue at (609) 883-8833 any day from Saturday at nightfall through Friday early afternoon. If there is no reply, leave a message on the answering machine

Tzedakah Fund



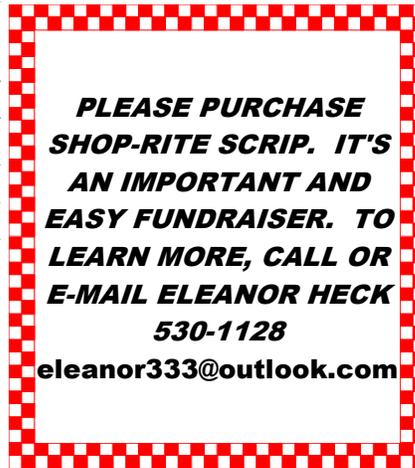
Our Shul has a Tzedakah fund to help those in special need of assistance. The fund is derived primarily from contributions collected from the "pushka" in Shul. If you know of such a person, please advise either Rabbi Goldenberg or Charles Miller.

Kiddushim

our thanks to those who have sponsored kiddushim. For a full list of recent kiddush sponsors, please refer to Donations and Good Tidings. To celebrate your special occasion with a kiddush, please e-mail Dina Goldenberg:

dinagoldenberg@aol.com

When paying your dues, please send your Kiddush assessment (\$100) in a separate check, payable to the Sisterhood.



The Memorial Board

The Memorial Board in the Synagogue is a special way to honor, in perpetuity, the memory of departed loved ones. Plaques are \$250 each and may be ordered by contacting the Synagogue.



Yahrzeit Advisory

It is very important that our Shul provide a minyan to enable members and others to observe a Yahrzeit anniversary. Whenever you need to observe a Yahrzeit, please contact one of our gabbaim several days in advance so we can ensure a minyan will be available. Please contact Charles Miller (530-1846).

Visiting the Sick



It is a religious duty (a *mitzvah*) to visit someone who is ill. If you become aware of someone who is unwell or infirm, please advise Rabbi Goldenberg or Charles Miller immediately so that the person may be contacted and visited at an appropriate and convenient time



**MAY YOU BE BLESSED
WITH GOOD HEALTH AND HAPPINESS
THROUGHOUT THE NEW YEAR!
From the members
of Young Israel of Lawrenceville
and their families**



Rabbi Yitzchak and Dina Goldenberg	David and Andrea Lev
Tyble Abrams	Shull and Jeannette Levin
Glenn and Arlette Altchek	Fay Lonstein
William and Carol Aronoff	Charles and Diane Miller
Bruce and Lydia Bitcover	Henry Redel and Dalya Levin
Mort Cohen and Judy Dogin	Mary Ellen Rogers
Moshe Eventoff	Aaron and Lynda Sacharov
Norman and Karrielyn Ferstenberg	Jonathan Selden and Galette Levin
Joel and Danit Sara Finkelstein	Ted and Marlan Shafman
Martha Friedman	Ruth Sugerman
Eleanor Heck	Emmanuel Zur and Tall Levin



Donations and Good Tidings

“May G-d bless those who dedicate synagogues for prayer and those who enter them to pray, those who provide light for them, wine for Kiddush and Havdalah, bread for guests and charity to the poor and all who are involved faithfully in the needs of the community.”

(from the Yekum Purkan prayer said every Shabbot at the end of the Shacharis service).

DONATIONS

BILL and CAROL ARONOFF

Yizkor
Yahrtzeit
Misheberach

LEE and MIRIAM STOCKHAMMER

General donation
Yahrtzeit

BRUCE and LYDIA BITCOVER

Yizkor

CHARLES and DIANE MILLER

In memory of Tikva Yudkowitz's Mother

MORT COHEN and JUDY DOGIN

General donation

Yizkor

Memory of Paul Staudt

NORMAN and KARRIELYN FERSTENBERG

General donation
In memory of Gloria Ferstenberg

General donation

AARON and LYNDA SACHAROV

General donation

MARTHA FRIEDMAN

Yahrtzeit
Yizkor
In memory of Anna Greenwood

TED and MARIAN SHAFMAN

Yahrtzeit

GOLDENBERG FAMILY

Yizkor

Yizkor

Thank You for your Support!!



AMAZON SMILE

Did you know that you can raise funds for Young Israel simply by shopping at Amazon?

It doesn't cost you anything extra! There's a one-time setup that needs to be done, and then just shop at smile.amazon.com (instead of www.amazon.com) like you normally would. All of your account settings will already be available.

To set this up for the first time, point your computer or mobile browser to smile.amazon.com. You will be asked to select a charity on the right side of the screen. Below the spotlight charities, there is an option to pick your own charitable organization. In the box, enter "Young Israel of Lawrenceville" and click "Search". The results will appear on the left, and you can select our Shul by clicking "Select" next to "Young Israel of Lawrenceville". Young Israel's unique charity link is: <https://smile.amazon.com/ch/22-2115751>.

After that, just remember to shop at smile.amazon.com, and all eligible purchases will generate a donation to Young Israel.

To learn more about how AmazonSmile works, point your browser to https://smile.amazon.com/gp/chpf/about/ref=smi_se_uspo_laas_aas

Daniel Zuckerman



Keep Smilin'



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SISTERS IN THE HOOD

Rosh Hashanah comes only once a year, and what a year it has been. Most of us have not seen each other since Passover. Many of us have not been out of our homes.

Deliveries are left at the door. Credit card use is sky high. We are trying to make things work in the “new normal”. I hope the “new normal” will allow people to make contact really soon.

Rabbi Goldenberg has tried to keep us in touch... First by Zoom pre-Shabbos services, and then by “real” services in the shul.

Tuesday night Kosher Cafe has been a big hit. Many thanks to Mort Cohen for arranging speakers to enrich their get-togethers (See Page 10) . Mort needs help with this endeavor. Anyone who has a skill or special life experience, or anything they would like to share in 30 minutes? Call Mort with their contact information. Better yet, ask them if they would be interested.

I started this article with Rosh Hashanah. I knew I would get back to it. Services this year will give us more space than ever before. There will be a tent on the front lawn. Chairs will be with space in between. It will be a sight to remember. Good thing the speed limit on Princeton Pike is 25 miles per hour.

As you read this, I am sitting in St. Lawrence Rehab, recovering from a broken leg. It’s not the same leg I broke three years ago. I’m glad I only have two legs. Thank you to all who have sent me greetings. A phone call is still a visit.

Rivka, who joined our community 19 years ago as an infant, finished her Sem Year in Israel and is now working at her old high school in Brooklyn. Rochela is 16. I remember when she was born. I actively brought Rochela and Nechama Dina home from the hospital.

Nechama Dina’s women’s class is going strong. We either Zoom in or call in. Topics go from

Parsha to mitzvah to holidays with a new and different twist. We usually get together every two weeks.

We all honor our loved ones on Yiskor holidays, but what about those who do not have loved ones? Bill and I have started lighting an extra memorial candle in memory/honor of those who do not have someone to light for them. Please do this to keep the Jewish light burning.

The upcoming holidays will be different from any before, but we will continue to honor our traditions and our faith. This is just another challenge for us.

May all of you have a happy, healthy, peaceful New Year.

Carol and the whole Aronoff Family



Editor’s Note:

Best wishes to Carol for a full recovery along with a big “thank you” for taking time out of her rehab, and by keeping the “tradition going” with writing and entertaining us with her articles.

May the New Year bring her good health.....



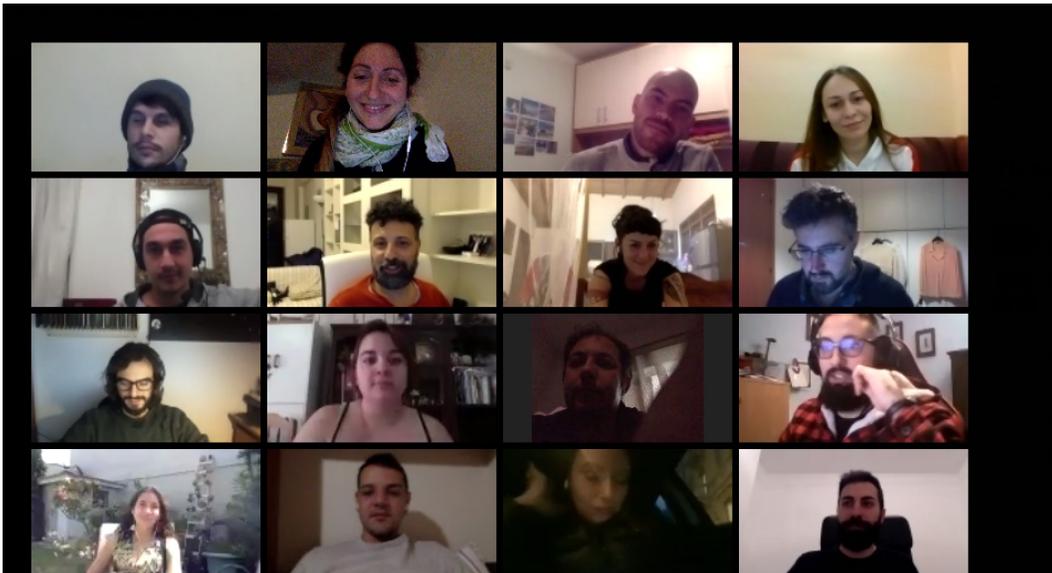
Hooray for the Café

Wondering how to fill that empty void you find in your pandemic social schedule? The solution is easy! Be sure to set a calendar reminder for 8 o'clock every Tuesday night to logon to the online Young Israel Café.

Zoom on in and enjoy the camaraderie of your fellow congregants and friends while being entertained by a wide variety of interesting guests.



You get to bring your favorite snack and beverage to enjoy while having the opportunity to help perpetuate our congregational friendships during these otherwise isolating times. Watch for the exciting lineup of guests planned for this fall. As always, suggestions for thought-provoking speakers are always welcome. Perhaps best of all is that the dress code is informal, and you can feel free to invite a friend from anywhere!



Come for "Café"



Ask the Rabbi...

*Have a question for Rabbi Goldenberg?
Email it to LSach@msn.com.*

Your answer will appear in the next newsletter.



Dear Rabbi,

*“When lighting Shabbos candles, what if one candle goes out?
Can it be relighted?”*

*The Rabbi has deferred answering this question to the Rebbetzin.
Thank you Nechama Dina!*

I'm going to take this opportunity to talk about one of my favorite Mitzvos, one that was given specifically to the Jewish women - to light candles in honor of Shabbat and holidays. (If no women are present in the home when it's time to light, a man would then have the obligation.) The reason given for this Mitzvah is, back in the day when we did not have instant light with the flick of switch (or clap of the hands in some instances), if there were no lit candles, the house would be dark. Imagine trying to eat a Shabbat meal in the dark... how many spills, stubbed toes, broken dishes and angry words would it take to get through it? To avoid all that, the sages ordained that candles be lit to bring peace and warmth into the home. And who better to do this than a woman, as she is the primary person who sets the tone and ambiance in the home? Since it is forbidden to light a fire on Shabbat, this needs to get done before Shabbat sets in - on Friday evening, before sunset. True, in our days, we don't rely on candles to see where we're going, but there is still much darkness - a spiritual darkness that needs to be combated with the spiritual warmth and light that a woman brings into her home when she lights her candles.

Now, as far as your question:

What happens if a Shabbat or holiday candle goes out (in any manner) - can it be relighted?

Although Shabbat actually begins at sunset, candle-lighting time is set to approximately 18 minutes before sunset. If the candles went out before sunset, but before the blessing was recited, then they may be rekindled. However, once the blessing is recited, the person who recited the blessing (woman or man) has taken on Shabbat at that point, and on Shabbat lighting a fire is forbidden. Therefore, it is forbidden to relight the candle. If sunset hasn't yet occurred, a person who has not yet accepted Shabbat can relight them.

Holidays are different because on a Yomtov (that falls out during a week day) one is permitted to light a fire from a pre-existing flame. Meaning, striking a match is forbidden, but if there is a long-lasting candle (such as a yartzeit candle) that was lit before the holiday began, one may use that fire to relight the candle that has gone out. You can even use a match, light it from the pre-existing flame and light the candle. However, be sure to not put out the match, as extinguishing a fire is forbidden on Yomtov. Instead, just put the match down on a non-flammable surface and allow the match to go out on its own.

NOTE: When a holiday falls out on Shabbat, this is forbidden and one would need to follow the rules of Shabbat, as above.



The “No-Hassle Kiddush Initiative”

Dear Fellow Shul Goer,

I would like to present the community with an opportunity that could benefit its members: I’ll call it the “No-Hassle Kiddush Initiative”.

If you would like to sponsor a Kiddush but you can’t (or don’t want to!) deal with the headache of shopping, preparing, setting up, etc., no worries. I will do it for you. Yup, you read that correctly. I will prepare your entire Kiddush – all you need to do is show up! It’s that simple.

I will offer you choices of delicious homemade salads and baked goods, pretty platters, tasty deserts, and more. I will even include the paper goods J Below, you will find a list of options, as well as other information that you might need.

Note: this offer is my own personal initiative. It is in addition to, not in place of, what is currently being arranged by the YI sisterhood.

If you have any questions, you can contact me:

dinagoldenberg@aol.com

609-231-8609



The “Kiddush Initiative” is temporarily on hold until the Threat of COVID has passed.



From Dina's Kitchen

BASIC KIDDUSH - \$150

Salads (vegetable): Choice of 3

(Each additional salad \$7)

Eggplant – marinated

Eggplant – babaganoush

Taboule (quinoa)

Coleslaw

Potato

Carrot – cooked or grated

Tomato

Egg Salad

Olive dip

Chummus

Platters: Choice of 1

Fresh vegetable

Fresh fruit (seasonal)

Fish: Choice of 2

(Each additional \$10)

Gefilte fish with horseradish

Tuna (plain or scallion)

White fish salad (store bought)

Herring (store bought)

Nosh: One of each

(Each additional \$5)

Cookies – 2 types (rugelach, biscotti, chocolate chip, etc.)

Potato chips or Tortilla chips

Pretzels or other chips

Crackers – 2 types

Drinks: 2 seltzers and 1 juice (Soda upon request)

DELUXE KIDDUSH: \$225

Same as basic plus:

2 additional vegetable salads

Fish platter **OR** deli platter

Kugel – choice of potato, noodle or apple

Nuts or chocolate

Extras:

Cake for special occasion: \$50

*Price includes paper goods

*Liquor provided by Kiddush sponsor

List is flexible. If you would like specific or select items, that can be arranged.

One week advance notice for all orders!

Orders must be pre-paid.

NOTE: If you are expecting a larger than usual crowd, please indicate approximately how many additional



Graphics by Searching in the Jungles, Clever, Chameleon, Melonheadz & K.B. Jorts



Emergency Preparedness Tip #3

*The following article was taken from the Courier Times, August 16, 2020
Written by Amanda Tarlton*

People who evacuate their homes during severe storms may not know if or how long the power was out. And that means they won't know whether their food has spoiled – unless they use this woman's brilliant tip that has gone viral on Facebook.

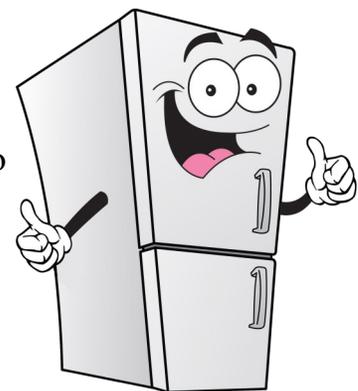
The hack is simple: Freeze a cup of water, then put it in the refrigerator with a quarter on top before you leave your home.

“If the quarter is on top, you're fine, but if it's more than half an inch down, your food has been exposed to warm temperatures for a prolonged period of time,” explained our senior lab testing technician Jon Chan. “This is a good trick not just for storm season, but for whenever you leave your house for more than a few days.”

Chan also notes that when in doubt, always throw food out just to be safe.

His other tip to keep food safe in a power outage: “Keep the door to the fridge closed as much as possible. Fridges are designed to be well insulated. The vast majority of fridges we test are able to keep a safe temperature for over 48 hours if the door remains closed.”

And speaking of your refrigerator's temperature, follow this rule of thumb from the USDA: Throw away dairy products, meats, fish, soft cheeses or cooked vegetables if they're kept at 40 degrees or warmer for more than two hours.





Bereavement Services

King Solomon said, "There is a time for all under the heavens — a time to love, a time to journey, a time to plant, a time to reap, a time to rejoice and a time to mourn."

In a most loving and caring way and with the greatest sensitivity, Rabbi Goldenberg will make it his business to offer all the comfort, guidance and bereavement support needed. In addition, he will be glad to offer his assistance in preparation, officiating at the funeral, making Shiva services, arranging for the kaddish to be recited, etc.

For assistance, or for more information, please call: (609) 882-4330.



THIS SPACE HAS TRADITIONALLY LAID OUT LIGHTING AND SERVICE TIMES FOR SHABBOS AND YOM TOV. HOWEVER, THANKS TO THE CHABAD OF LAWRENCEVILLE CALENDAR THAT THE RABBI MAILS OUT ANNUALLY AND TO THE RABBI'S WEEKLY E-TORAH E-MAIL, WE HAVE DECIDED THAT IT MAY NO LONGER BE NECESSARY TO INCLUDE THE

INFORMATION IN THE NEWSLETTER. PLEASE NOTIFY RABBI GOLDENBERG IF YOU WISH TO RECEIVE THE CALENDAR OR BE ADDED TO THE MAILING LIST TO RECEIVE THE E-TORAH PLEASE FEEL FREE TO NOTIFY ELEANOR, LYNDA, OR THE RABBI IF YOU WOULD PREFER THAT THE NEWSLETTER ALSO PROVIDE THE INFORMATION.





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Marian and Ted Shafman

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