



Kol Hashofar

ב"ה



Young Israel of Lawrenceville
2556 Princeton Pike
Lawrenceville, NJ 08648
www.yiol.com

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President's Message

Condolences to the Sacharov's on the loss of their daughter Caryn.

We wish a speedy recovery to Martha Friedman, Danit Finklestein, Norman Ferstenberg and Morton Cohen.

With this Sunday and Monday being Shavous and Monday is Yizkor. As s part of Yizkor, we pledge charity in memory of our departed family members. As this is the last Yizkor of the Hebrew year, I ask everyone to consider increasing their pledge, so that we can end the year on a positive note.

If anyone has some interesting plans for the summer and would like to write an article for the bulletin, please let Lynda Sacharov know. LSach@msn.com.

We have started to have some kiddushes, when there is a sponsor. If you would like to sponsor a kiddush, please let the Rebbetzin know so you can reserve a date.



Charles Miller
President



VIEW FROM THE BIMAH

BH

When we received the Torah, 3,334 years ago, the Chumash describes our encampment with the words “*vayichan sham Yisrael neged hahar*” – “And he (Israel) camped there, opposite the mountain.” The commentators on the Chumash ask the obvious question: Rather than using the singular tense wouldn’t it make more grammatical sense were the verse to read *vayachanu* “And they camped...”?

Rashi explains that the word *Vayichan* is intentional. For when the Hebrews reached the other encampments they quarreled, but when they arrived at Sinai they were as “one man with one heart.” This signifies that unity was a prerequisite to receiving the Torah.

Each year, as we prepare to receive the Torah anew on Shavuot, we are reminded of this story to underscore the importance of reaching a state of harmony with ourselves and others. This is especially relevant as Shavuot comes on the heels of the period of the counting of the Omer, where minor mourning observances are practiced because of the plague that decimated the majority of the 24,000 students of Rabbi Akiva, close to 2,000 years ago. The Talmud tells of the spiritual cause of this plague – the students were not respectful to one another.

So how does one accomplish this? How do we rise above the pettiness that can sometimes drive us apart?

When our ancestors left Egyptian bondage they suddenly became aware of something they had been deprived of; their soul consciousness. Experiencing their sublime spiritual core, they were sensitized to the Divine reality that animates us all, a life-force emanating from the Oneness of G-d.

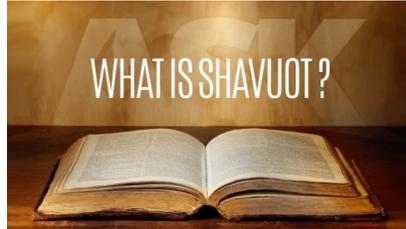
We too can achieve this by prioritizing soul over matter. When tuned in to the oneness of creation, the divisiveness of individualized fragmented living fades away. This is precisely what’s needed in order to present ourselves before Hashem on Shavuot to receive the Torah.

Wishing you a joyful reception of the Torah, deeply internalized.

Good Shabbos and good Yomtov!



RABBI Y. GOLDENBERG



Shavuot—or the Feast of Weeks—is a Jewish holiday, celebrated between June 4–6 on the Gregorian calendar. The holiday has both an agricultural and biblical significance. Agriculturally, it marks the wheat harvest in Israel. Biblically, it commemorates the day God gave the nation of Israel the Torah on Mount Sinai.

The holiday also book-ends the Counting of the Omer, a ritualized counting of each of the 49 days between Passover and Shavuot. The tradition represents the anticipation around God’s gift of the Torah.

It is celebrated by lighting candles, staying up all night to learn Torah, hearing the reading of the Ten Commandments in synagogue and feasting on dairy foods.



Young Israel Renovation Update

Young Israel of Lawrenceville has been excitedly making plans for an indoor renovation of our Shul. A beautiful brochure has been sent out – if you have not yet received one, please call the Shul and we will mail one to you.

Please be in touch with any of the YI board members or myself if you would like to participate in this great project that will benefit the future of our community for many years to come.

If you have questions about the project, simply email a Board member, and someone will get back to you.



Proposed seating diagram

Thank you!

Rabbi Y. Goldenberg

Services will be held at the Rabbi's home during renovations.



Young Israel—Community Bulletin Board

YIOL offers a range of programs and services which enables opportunities for exploring Judaism in a non-judgmental way. Whether it be a prayer service, Torah class, or social gathering that you're seeking, you will be enthusiastically welcomed and celebrated, So come for a visit...and stay a while.

Adult Education Program

Please join us for our classes. All classes are conducted in English and are held at the Synagogue.

- **Tuesday evening class** -- Rabbi Goldenberg will be announcing a new series for his Tuesday night class.
- **Women's class** — Rebbetzin Goldenberg teaches a women's class on alternate Mondays at 7:30.

There is no charge for participation. For further information, call the synagogue at (609) 883-8833 any day from Saturday at nightfall through Friday early afternoon. If there is no reply, leave a message on the answering machine

Tzedakah Fund



Our Shul has a Tzedakah fund to help those in special need of assistance. The fund is derived primarily from contributions collected from the "pushka" in Shul. If you know of such a person, please advise either Rabbi Goldenberg or Charles Miller.

Kiddushim

Our thanks to those who have sponsored kiddushim. For a full list of recent kiddush sponsors, please refer to Donations and Good Tidings. To celebrate your special occasion with a kiddush, please e-mail Dina Goldenberg: dinagoldenberg@aol.com
When paying your dues, please send your Kiddush assessment (\$100) in a separate check, payable to the Sisterhood.

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EASY FUNDRAISER. TO
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E-MAIL ELEANOR HECK
530-1128
eleanor333@outlook.com**

The Memorial Board

The Memorial Board in the Synagogue is a special way to honor, in perpetuity, the memory of departed loved ones. Plaques are \$250 each and may be ordered by contacting the Synagogue.



Yahrzeit Advisory

It is very important that our Shul provide a minyan to enable members and others to observe a Yahrzeit anniversary. Whenever you need to observe a Yahrzeit, please contact one of our gabbaim several days in advance so we can ensure a minyan will be available. Please contact Charles Miller (530-1846).

Visiting the Sick



It is a religious duty (a *mitzvah*) to visit someone who is ill. If you become aware of someone who is unwell or infirm, please advise Rabbi Goldenberg or Charles Miller immediately so that the person may be contacted and visited at an appropriate and convenient time

Donations and Good Tidings

“May G-d bless those who dedicate synagogues for prayer and those who enter them to pray, those who provide light for them, wine for Kiddush and Havdalah, bread for guests and charity to the poor and all who are involved faithfully in the needs of the community.”

(from the Yekum Purkan prayer said every Shabbot at the end of the Shacharis service).

DONATIONS

*Donations and Kiddush sponsors
will be noted in the next issue of the newsletter.*





SISTERS IN THE HOOD

What do you say to someone whose child has died? The whole community sends condolences to Lynda and Aaron. Caryn had many challenges in life, but she worked with them. Lynda told me that Caryn was taking driving lessons on a modified car, one with hand controls. Lynda was very nervous, but Caryn wanted to do it.

Please remember that Young Israel and Chabad of Lawrenceville is here for you and the rest of the family. May you and the rest of your family and all mourners be comforted in Zion.

I would like to welcome home our members who were recently in the hospital and/or in rehab. As Dorothy said "there's no place like home"

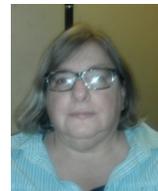
Am I the only one who cannot find everything that was put away for Passover? I think that I put things away 4 years ago and have not found them yet. Here we are at Shavuot, 50 days after Passover and my kitchen is not what it should be. Maybe I have too much stuff. This year I did not even open all my crates of Passover things. If I did not use it, I most likely did not need it so it went in the trash.

Mazel Tov to Olga and Natan on the very recent marriage of their granddaughter Sarah. To continue with glad tidings; Happy anniversary to Nechama Dina and the Rabbi, I think it is 22 years. Happy birthday to Nechama

Dina, Rivka (who will be 21, drinking age), Rochella (who is in her last year of High School and will be 18, voting age). Birthday wishes to Chatzkel, Bebe Brown and Lee Miller. Bill Aronoff and Lydia Bitcover will also celebrate summer birthdays. If you want your special occasion mentioned in this space, please get me the information.

I decided not to make cheesecake this year, but I will be making quiche. Bill bought 2 cheesecakes, as I had it on 2 shopping lists. He bought a sampler, 12 slices 2 of 6 flavors, and a lemon swirl, which is delish. We started early even changing dinner plans from meat to dairy.

We have no summer plans, but if you do, enjoy and be safe and careful whatever you do and where ever you go.



Carol for Sisterhood



A tribute to Caryn

For almost 11 years, Caryn's health had been relatively good... with the help of her great doctors. Aaron & I owe them our love and gratitude.

Her loss of independence bothered Caryn greatly. All she wanted was to get her driver's license. She took some lessons, and with her wonderful instructor, once again Caryn's determination paid off and I don't think I have ever seen a bigger smile on her face, than on that day, except maybe when Gunner came to live with her.

And then there are the Yankees... Caryn & I would watch "Wheel of Fortune" together, but it was the Yankees she shared with her father & sister. Last season we were fortunate to have gotten tickets. The tickets were in the wheelchair section behind home plate. It was our first time at the new stadium, and although it cost \$45 to park, it was a wonderful day... except for the part when Aaron made an illegal u-turn... no problem though... understanding cop, and we easily made it to the game. Caryn wore her Yankee cap sideways on her head, looking so darn cute. Dayna stood and sang just about every song that was played. I don't remember if the Yankees won that day, but for the Sacharov's, it was a home run.

Here's the funny thing about watching a game at home... Aaron is in the den... Caryn is in her room. For some reason her TV signal is a few seconds faster than the one in the den, so if something good happened, Caryn would yell, yay!!! Or, "they stink", if something bad happened. So, Aaron would **hear** what happened before he **saw** it! It made for many laughs.

On February 25th Gunner died. It was a peaceful death and we were all with him. Who would have thought that just a couple of months later, we would lose our daughter?

Someone had once given me a story about the "rainbow bridge"... when a beloved pet dies, they cross over the "rainbow bridge" and there they meet new friends, and they all play together in the grassy meadows. But then... one day... a dog will stop and turn around and see their "human".

I find peace in picturing my sweet daughter, Caryn, spotting Gunner, as the two of them go running towards each other.

Until we are together again Caryn....143





Our sincere thank you...

To all those who came to offer comfort and help us make a minyan every night.
To all those who sent cards, flowers, made donations, the Sisterhood of YIOL
and others who sent food...

You all helped make an unbearable time a bit more bearable. You distracted us
so darkness wouldn't envelop us and helped us see the rainbow.

For all that, we will not only carry Caryn's memory with us, but also your
kindness, sympathy and compassion.

Thank you dear congregants of YIOL.

Lynda, Aaron & Dayna Sacharov



A neighbor took a picture of this rainbow, on the first day of
Shiva...



FIRE SAFETY TIPS

▶ **Safety Reminders**

Fire Safety:

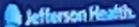
Remember P.A.S.S. for extinguishers - Pull, Aim, Squeeze, and Sweep to use.



▶ **Safety Reminders**

Fire Safety:

Remember R.A.C.E. - Rescue, Alarm, Confine, Extinguish/Evacuate



Contact: Lynda Sacharov at LSach@msn.com for more information

The “No-Hassle Kiddush Initiative”

Dear Fellow Shul Goer,

I would like to present the community with an opportunity that could benefit its members: I’ll call it the “No-Hassle Kiddush Initiative”.

If you would like to sponsor a Kiddush but you can’t (or don’t want to!) deal with the headache of shopping, preparing, setting up, etc., no worries. I will do it for you. Yup, you read that correctly. I will prepare your entire Kiddush – all you need to do is show up! It’s that simple.

I will offer you choices of delicious homemade salads and baked goods, pretty platters, tasty deserts, and more. I will even include the paper goods J Below, you will find a list of options, as well as other information that you might need.

Note: this offer is my own personal initiative. It is in addition to, not in place of, what is currently being arranged by the YI sisterhood.

If you have any questions, you can contact me:

dinagoldenberg@aol.com

609-231-8609



From Dina's Kitchen

BASIC KIDDUSH - \$150

Salads (vegetable): Choice of 3

(Each additional salad \$7)

Eggplant – marinated

Eggplant – babaganoush

Taboule (quinoa)

Coleslaw

Potato

Carrot – cooked or grated

Tomato

Egg Salad

Olive dip

Chummus

Platters: Choice of 1

Fresh vegetable

Fresh fruit (seasonal)

Fish: Choice of 2

(Each additional \$10)

Gefilte fish with horseradish

Tuna (plain or scallion)

White fish salad (store bought)

Herring (store bought)

Nosh: One of each

(Each additional \$5)

Cookies – 2 types (rugelach, biscotti, chocolate chip, etc.)

Potato chips or Tortilla chips

Pretzels or other chips

Crackers – 2 types

Drinks: 2 seltzers and 1 juice (Soda upon request)

DELUXE KIDDUSH: \$225

Same as basic plus:

2 additional vegetable salads

Fish platter **OR** deli platter

Kugel – choice of potato, noodle or apple

Nuts or chocolate

Extras:

Cake for special occasion: \$50

*Price includes paper goods

*Liquor provided by Kiddush sponsor

List is flexible. If you would like specific or select items, that can be arranged.

One week advance notice for all orders!

Orders must be pre-paid.

NOTE: If you are expecting a larger than usual crowd, please indicate approximately how many additional



Graphics by Searching in the Jungles, Clever, Chameleon, Melonheads & K.B. Jorts

AMAZON SMILE

Did you know that you can raise funds for Young Israel simply by shopping at Amazon?

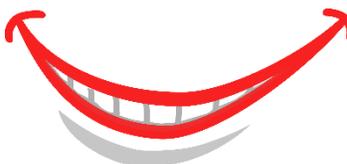
It doesn't cost you anything extra! There's a one-time setup that needs to be done, and then just shop at smile.amazon.com (instead of www.amazon.com) like you normally would. All of your account settings will already be available.

To set this up for the first time, point your computer or mobile browser to smile.amazon.com. You will be asked to select a charity on the right side of the screen. Below the spotlight charities, there is an option to pick your own charitable organization. In the box, enter "Young Israel of Lawrenceville" and click "Search". The results will appear on the left, and you can select our Shul by clicking "Select" next to "Young Israel of Lawrenceville". Young Israel's unique charity link is: <https://smile.amazon.com/ch/22-2115751>.

After that, just remember to shop at smile.amazon.com, and all eligible purchases will generate a donation to Young Israel.

To learn more about how AmazonSmile works, point your browser to https://smile.amazon.com/gp/chpf/about/ref=smi_se_uspo_laas_aas

Daniel Zuckerman



Keep Smilin'



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Ask The Rabbi....

Q: After the 7 day shiva period, why do we wait 30 additional days to "ease back into regular life"?

For clarification, the 30 days are part of the 7. The reason for the gradual lessening of mourning practices is that the intensity of mourning dissipates with time. Less strict rules about mourning reflects this reality. Ultimately, these customs and guidelines help us achieve a balance between the experience of intense grief we feel when losing a loved one, and the necessity to function for the benefit of ourselves, our family and society. But remember that all this is temporary. Soon Moshiach will come and grief will be a thing of the past.



Continued.../

Bereavement Services

King Solomon said, "There is a time for all under the heavens — a time to love, a time to journey, a time to plant, a time to reap, a time to rejoice and a time to mourn."

In a most loving and caring way and with the greatest sensitivity, Rabbi Goldenberg will make it his business to offer all the comfort, guidance and bereavement support needed. In addition, he will be glad to offer his assistance in preparation, officiating at the funeral, making Shiva services, arranging for the kaddish to be recited, etc.

For assistance, or for more information, please call: (609) 882-4330.



THIS SPACE HAS TRADITIONALLY LAID OUT LIGHTING AND SERVICE TIMES FOR SHABBOS AND YOM TOV. HOWEVER, THANKS TO THE CHABAD OF LAWRENCEVILLE CALENDAR THAT THE RABBI MAILS OUT ANNUALLY AND TO THE RABBI'S WEEKLY E-TORAH E-MAIL, WE HAVE DECIDED THAT IT MAY NO LONGER BE NECESSARY TO INCLUDE THE

INFORMATION IN THE NEWSLETTER. PLEASE NOTIFY RABBI GOLDENBERG IF YOU WISH TO RECEIVE THE CALENDAR OR BE ADDED TO THE MAILING LIST TO RECEIVE THE E-TORAH PLEASE FEEL FREE TO NOTIFY ELEANOR, LYNDA, OR THE RABBI IF YOU WOULD PREFER THAT THE NEWSLETTER ALSO PROVIDE THE INFORMATION.



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