



# Kol Hashofar

ב"ה



*Young Israel of Lawrenceville  
2556 Princeton Pike  
Lawrenceville, NJ 08648  
www.yiol.com*

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## President's Message

I would like to start out by hoping that everyone is doing well in these unusual times. Life as we know it has changed. Our activities have been curtailed and we spend a lot more time at home. Things that we enjoyed are currently not available. Hopefully things will get back to “normal “ soon.

Even though we have not had services for the last few months, the synagogue still has our bills to pay. If you could please consider making a donation to Young Israel for the two Yizkors, Pesach and Shavuot, it would help us balance our books for this year.

The world has changed and will continue to change. Hopefully it will be a better place. We should all be able to return to synagogue in the near future.



Charles Miller, President



## VIEW FROM THE BIMAH

Many communities and Synagogues around the world have the custom of reading the Biblical book of Ruth on Shavuot. The primary reason is that its story takes place behind a backdrop of the harvest season, and Shavuot is when the farmers would bring bikurim -- the very first collection of their crops -- to Jerusalem, as a token of appreciation to G-d for all His blessings and the success of the harvest.

Furthermore, Shavuot is the anniversary of the birthday and passing of King David, and Ruth was his great-grandmother. It only seems fitting to remember the story of such a remarkable woman on the day that we remember her great-grandson. Giving tribute to Ruth for her devotion to Hashem is a way of acknowledging that it is thanks to her that we've had such a great king as King David.

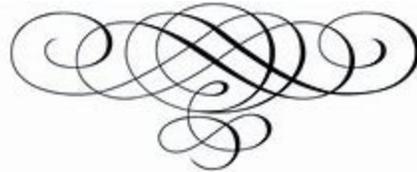
But perhaps the most relevant connection between Ruth and Shavuot is that Shavuot celebrates our commitment to the Torah, and Ruth, being a convert, grew up in an environment that was not compatible with Torah values, yet she made the choice to embrace Judaism, and committed to living a life of devotion to G-d by studying its Torah and fulfilling its Mitzvot.

It is this angle of the story that is appropriately emphasized on Shavuot because it inspires us to learn from Ruth and her commitment.

As we listen to the reading of the Ten Commandments (or reading them from a Chumash) we are called upon to renew our acceptance of these laws, and the remaining 603 that followed. We visualize ourselves standing at

the foot of Mount Sinai, listening as G-d expressed to us, His people, what He needs of us in order to allow G-dly expression to manifest in this world. And just as Ruth made this commitment of her own free will, as this was completely her choice, so too, we choose to rededicate ourselves to Hashem through the practices detailed in the Torah.

Wishing you and yours a joyful reception of the Torah, and may we merit to internalize its message.



Rabbi Y. Goldenberg



## Young Israel—Community Bulletin Board

YIOL offers a range of programs and services which enables opportunities for exploring Judaism in a non-judgmental way. Whether it be a prayer service, Torah class, or social gathering that you're seeking, you will be enthusiastically welcomed and celebrated, So come for a visit...and stay a while.

### Adult Education Program

Please join us for our classes. All classes are conducted in English and are held at the Synagogue.

- **Tuesday evening class** -- Rabbi Goldenberg will be announcing a new series for his Tuesday night class.
- **Women's class** — Rebbetzin Goldenberg teaches a women's class on alternate Mondays at 7:30.

There is no charge for participation. For further information, call the synagogue at (609) 883-8833 any day from Saturday at nightfall through Friday early afternoon. If there is no reply, leave a message on the answering machine

### Tzedakah Fund



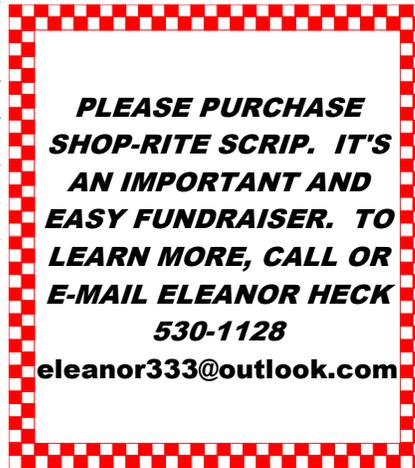
Our Shul has a Tzedakah fund to help those in special need of assistance. The fund is derived primarily from contributions collected from the "pushka" in Shul. If you know of such a person, please advise either Rabbi Goldenberg or Charles Miller.

### Kiddushim

our thanks to those who have sponsored kiddushim. For a full list of recent kiddush sponsors, please refer to Donations and Good Tidings. To celebrate your special occasion with a kiddush, please e-mail Dina Goldenberg:

dinagoldenberg@aol.com

*When paying your dues, please send your Kiddush assessment (\$100) in a separate check, payable to the Sisterhood.*



### The Memorial Board

The Memorial Board in the Synagogue is a special way to honor, in perpetuity, the memory of departed loved ones. Plaques are \$250 each and may be ordered by contacting the Synagogue.



### Yahrzeit Advisory

It is very important that our Shul provide a minyan to enable members and others to observe a Yahrzeit anniversary. Whenever you need to observe a Yahrzeit, please contact one of our gabbaim several days in advance so we can ensure a minyan will be available. Please contact Charles Miller (530-1846).

### Visiting the Sick



It is a religious duty (a *mitzvah*) to visit someone who is ill. If you become aware of someone who is unwell or infirm, please advise Rabbi Goldenberg or Charles Miller immediately so that the person may be contacted and visited at an appropriate and convenient time



## Donations and Good Tidings

*“May G-d bless those who dedicate synagogues for prayer and those who enter them to pray, those who provide light for them, wine for Kiddush and Havdalah, bread for guests and charity to the poor and all who are involved faithfully in the needs of the community.”*

*(from the Yekum Purkan prayer said every Shabbot at the end of the Shacharis service).*

### **DONATIONS**

#### **BILL AND CAROL ARONOFF**

In honor of the shul's 49<sup>th</sup> anniversary  
Friday night sponsor

#### **MORT COHEN**

Friday night sponsor

#### **NORMAN AND KARRIELYN FERSTENBERG**

In memory of Norman's father  
For a Refuah shelemah for Rabbi Goldenberg

#### **MARTHA FRIEDMAN**

For a Refuah shelemah for Rabbi Goldenberg  
Yahrzeit  
Yizkor

#### **ELEANOR HECK**

In honor of Joel and Danit Sara Finkelstein  
Yizkor

#### **CHARLES AND DIANE MILLER**

In honor of the shul's 49<sup>th</sup> anniversary

#### **TED AND MARIAN SHAFMAN**

Mishaberach

Thank You for your Support!!



## Kiddush Sponsors

### **SACHAROV FAMILY**

In memory of Pauline Sacharov & David Fern

### **BRUCE BITCOVER**

In honor of the anniversary of his Bar Mitzvah



To sponsor a Kiddush,  
Contact [DinaGoldenberg@aol.com](mailto:DinaGoldenberg@aol.com)



# AMAZON SMILE

Did you know that you can raise funds for Young Israel simply by shopping at Amazon?

It doesn't cost you anything extra! There's a one-time setup that needs to be done, and then just shop at [smile.amazon.com](https://smile.amazon.com) (instead of [www.amazon.com](https://www.amazon.com)) like you normally would. All of your account settings will already be available.

To set this up for the first time, point your computer or mobile browser to [smile.amazon.com](https://smile.amazon.com). You will be asked to select a charity on the right side of the screen. Below the spotlight charities, there is an option to pick your own charitable organization. In the box, enter "Young Israel of Lawrenceville" and click "Search". The results will appear on the left, and you can select our Shul by clicking "Select" next to "Young Israel of Lawrenceville".

After that, just remember to shop at [smile.amazon.com](https://smile.amazon.com), and all eligible purchases will generate a donation to Young Israel.

To learn more about how AmazonSmile works, point your browser to [https://smile.amazon.com/gp/chpf/about/ref=smi\\_se\\_uspo\\_laas\\_aas](https://smile.amazon.com/gp/chpf/about/ref=smi_se_uspo_laas_aas)

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Daniel Zuckerman



*Keep Smilin'*



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## SISTERS IN THE HOOD

I'm tired of looking at the same four walls. Some of the rooms in my condo do not even have four walls. Windows and closet doors take up a lot of wall space. OK, I have vented enough.

We are all in the same boat hope everyone is well and that not too many family and friends have gotten sick. As everyone is wearing a mask, Bill has started telling Lone Ranger jokes. Most of you should remember the Lone Ranger. Each show, either radio or t.v., ended with someone asking, "Who was that masked man?"

Purim may be just a faint memory for most of us, but YI carried through. While the Seuda was small, those attending had an enjoyable time. The company was good, the food yummy and a holiday game completed the fun. Many thanks to all the Purim helpers.

Seven weeks ago we all experienced a Passover like none other before. Everyone I spoke too, if usually at a Seder, was planning on attending one.. Some were with family and friends on Zoom, some alone and others just a couple. While it was strange not to have table full of people, Bill and I had a very nice quiet Seder. We went through the whole Hagaddah taking turns with the reading..

I think that the book of Ruth is my favorite Magillah. Ruth, along with Esther are true woman's stories. Both women were strong, and loyal to their beliefs.

Ruth was an ancestor of King David. About 22 years ago on Shavuot, we attended the Bat Mitzvah of the daughter of college friends. The Bat Mitzvah read the book of Ruth. It was very moving to hear a woman's story in a woman's voice. Today, it still 'touches my heart.

I hope to see all of you in person in the near future. May you all have a healthy summer.



Carol for Sisterhood.



## *Ask the Rabbi...*

*Have a question for Rabbi Goldenberg?  
Email it to LSach@msn.com.*

*Your answer will appear in the next newsletter.*



Dear Rabbi,

*“Why do we not place fish and meat on the same plate?”*

### The Rabbi’s answer....

The separation we make between meat and fish is actually based on a health concern. The Talmud (Pesachim 76b) writes that eating meat and fish cooked together is harmful to one’s health (and also causes bad breath). (I’ve heard that some actually find that the combination these two types of proteins is difficult to digest.) Although some later authorities have noted that we are not familiar with any such health issues today, practically speaking, we make a small separation between the fish and meat courses of a meal. To ensure that the meat and fish do not come in contact with one another:

- (a) We serve the fish on a separate plate and eat it with a separate fork.
- (b) We take a drink between the fish and meat course. (It needs not be alcoholic, although some take the opportunity to make a “*l’chaim*” at this point during the meal.)
- (c) We eat a little bit – such as a few bites of challah – between the fish and meat course.  
(see Rema Yoreh Deah 116:3)

One of the important messages of this is that Judaism is equally concerned for our physical as our spiritual well-being. Deuteronomy 4:15 states, “You shall be very careful with yourselves” – which many take figuratively to mean we must care for our health (see Talmud - Brachot 32b). We take seriously as remote a health concern as consuming meat and fish together; all the more so visible dangers.

*Source: aish.com Rabbi David Rosenfeld*



When Given Lemons  
By Lynda Sacharov

Such crazy times we are living through. A worldwide pandemic, job losses, businesses closed, we wear masks, we hoard hand sanitizer and toilet paper....and whatever happened to Spring?

New rules have been enacted which tell us to stay 6 feet apart from others to reduce the likelihood of a possible infection from a virus for which there currently is no cure. We can't even find solace by attending services at our schul.

There is an old adage, *"When life gives you lemons, make lemonade."*

In a sense, our Rabbi Goldenberg, has done just that....taking a negative and turning it into a positive. Since we can't go to shul, he brings shul to us.

The Rabbi invites us all to join him in "pre-Shabbos" services every Friday at 6:30 PM. All you need do is go online to a site called "ZOOM" from the comfort of your living room. The Rabbi sends out an email with the link you simply "click on". Once on the site, you will be joined with others from the community along with the Rabbi and sweet Chatzkel conducting the service.

You can participate by reciting the prayers and singing songs....and there won't be anything stopping you from even dancing around.

....and when the Rabbi lifts his cup for a "L'Chaim", you can too.

I think I'll make mine a lemonade.





## The “No-Hassle Kiddush Initiative”

Dear Fellow Shul Goer,

I would like to present the community with an opportunity that could benefit its members: I’ll call it the “No-Hassle Kiddush Initiative”.

If you would like to sponsor a Kiddush but you can’t (or don’t want to!) deal with the headache of shopping, preparing, setting up, etc., no worries. I will do it for you. Yup, you read that correctly. I will prepare your entire Kiddush – all you need to do is show up! It’s that simple.

I will offer you choices of delicious homemade salads and baked goods, pretty platters, tasty deserts, and more. I will even include the paper goods J Below, you will find a list of options, as well as other information that you might need.

**Note: this offer is my own personal initiative. It is in addition to, not in place of, what is currently being arranged by the YI sisterhood.**

If you have any questions, you can contact me:

[dinagoldenberg@aol.com](mailto:dinagoldenberg@aol.com)

609-231-8609





## From Dina's Kitchen

### **BASIC KIDDUSH - \$150**

**Salads (vegetable):** Choice of 3

(Each additional salad \$7)

Eggplant – marinated

Eggplant – babaganoush

Taboule (quinoa)

Coleslaw

Potato

Carrot – cooked or grated

Tomato

Egg Salad

Olive dip

Chummus

**Platters:** Choice of 1

Fresh vegetable

Fresh fruit (seasonal)

**Fish:** Choice of 2

(Each additional \$10)

Gefilte fish with horseradish

Tuna (plain or scallion)

White fish salad (store bought)

Herring (store bought)

**Nosh:** One of each

(Each additional \$5)

Cookies – 2 types (rugelach, biscotti, chocolate chip, etc.)

Potato chips or Tortilla chips

Pretzels or other chips

Crackers – 2 types

Drinks: 2 seltzers and 1 juice (Soda upon request)

### **DELUXE KIDDUSH:** \$225

Same as basic plus:

2 additional vegetable salads

Fish platter **OR** deli platter

Kugel – choice of potato, noodle or apple

Nuts or chocolate

### **Extras:**

Cake for special occasion: \$50

\*Price includes paper goods

\*Liquor provided by Kiddush sponsor

List is flexible. If you would like specific or select items, that can be arranged.

### **One week advance notice for all orders!**

Orders must be pre-paid.

*NOTE: If you are expecting a larger than usual crowd, please indicate approximately how many additional*



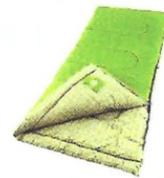
Graphics by Searching in the Jungles, Clever, Chameleon, Melonheads & K.B. Jorts

# Emergency Preparedness

## Tip #2

### DISASTER PREPAREDNESS KIT

- WATER: 1 gallon per person, per day. Store water in sealed unbreakable containers. Identify the storage date and replace every 6 months.
- FOOD: A supply of non-perishable packaged or canned foods.
- BLANKETS: At least 1 per person. Can also use sleeping bags.
- ANTI-BACTERIAL HAND WIPES OR GEL
- FIRST AID KIT: A first aid book also, to help non trained family members.
- BATTERY POWERED RADIO
- FLASHLIGHTS
- SPARE BATTERIES: Various sizes for all battery operated equipment.
- MANUAL CAN OPENER
- EATING UTENSELS: Paper plates and plastic silverware.
- PRESCRIPTION MEDICINES: Keep refills up to date and don't wait till there are only a few pills left.
- ABC FIRE EXTINGUISHER
- CASH, CREDIT CARD AND CHANGE: Keep a couple rolls of change; Quarters, dimes and nickels. Keep cash on hand.
- EXTRA PAIR OF EYEGLASSES: Contact lens and solution
- TOILETRIES: Toothbrush, toothpaste, shampoo, toilet paper, deodorant, diaper wipes and feminine hygiene products.
- EXTRA SET KEYS: Both house and cars
- LIST OF FAMILY PHYSICIANS AND NUMBERS
- LIST OF IMPORTANT PHONE NUMBERS
- RECHARGING CORDS FOR ELECTRONIC DEVICES
- ANY ITEMS NEEDED FOR INFANTS, ELDERLY OR DISABLED FAMILY MEMBERS
- SANITATION SUPPLIES: Trash bags: both large and small, soap: bar and dish soap, household bleach and rubber gloves.
- TARPS: In case of an emergency repair.
- WORK GLOVES
- RAIN GEAR
- ENTERTAINMENT: Books, cards, or board games. Something to keep younger family members busy and lessen tension on the adults.



The above is a basic starting point to help you with your Preparedness Kit. You can add more items to personalize it to your family.

Stocking up on emergency supplies can be done from week to week to lessen the expense. Most of the items are already in your residence, it is just having a few extras on hand. If you add to the items now when the demand is not so great, the better prepared you are.

When stocking up you should prepare for a minimum of three (3) days and ideally seven (7) days

## Bereavement Services

*King Solomon said, "There is a time for all under the heavens — a time to love, a time to journey, a time to plant, a time to reap, a time to rejoice and a time to mourn."*

*In a most loving and caring way and with the greatest sensitivity, Rabbi Goldenberg will make it his business to offer all the comfort, guidance and bereavement support needed. In addition, he will be glad to offer his assistance in preparation, officiating at the funeral, making Shiva services, arranging for the kaddish to be recited, etc.*

*For assistance, or for more information, please call: (609) 882-4330.*



THIS SPACE HAS TRADITIONALLY LAID OUT LIGHTING AND SERVICE TIMES FOR SHABBOS AND YOM TOV. HOWEVER, THANKS TO THE CHABAD OF LAWRENCEVILLE CALENDAR THAT THE RABBI MAILES OUT ANNUALLY AND TO THE RABBI'S WEEKLY E-TORAH E-MAIL, WE HAVE DECIDED THAT IT MAY NO LONGER BE NECESSARY TO INCLUDE THE

INFORMATION IN THE NEWSLETTER. PLEASE NOTIFY RABBI GOLDENBERG IF YOU WISH TO RECEIVE THE CALENDAR OR BE ADDED TO THE MAILING LIST TO RECEIVE THE E-TORAH PLEASE FEEL FREE TO NOTIFY ELEANOR, LYNDA, OR THE RABBI IF YOU WOULD PREFER THAT THE NEWSLETTER ALSO PROVIDE THE INFORMATION.



IN CELEBRATION OF  
YOUNG ISRAEL

\*\*\*\*\*

*Marian and Ted Shafman*

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