

## INTO ACTION

**Date Formed: April 3, 2016**

**Prepared by: Rebecca J.**

**GSO#: 718333**

**Founding Members: Jordan A. and Connie S.**

**Original and Current Location: Grace Lutheran Church, 1979 Ridge Rd, Grass Valley**

**Day of Week and Time of Meeting: Sunday 6:30-7:30 pm**

**Open Women's Book Study**

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**Format: Book Study--the Big Book and Twelve Steps and Twelve Traditions. We read the 12x12 the last Sunday of every month, and the Big Book the other Sundays. In order to allow every woman in the room to share, we read one page, and then go around the circle of women one by one and share, and then if there is time move on to the next page after everyone has shared on the page read.**

**Additional Information:** The inspiration behind the formation of the meeting was Jordan wanting a meeting for women focused on AA literature that could show that there is a solution. Connie, Jordan's sponsor, encouraged Jordan and helped her get the meeting started. The first meeting was on April 3, 2016--which happened to be Jordan's birthday!

From the very beginning we have been involved in district and area and have always participated in Unity Day. The first Unity day we attended we made a table with a sign illustrated with all of our handprints (finger paint) in a heart shape around the meeting name and a quote about "Into Action" from the Big Book. We made bookmarks illustrated with an image of the Big Book that had our name, time and location on it that people could take. The second Unity Day we participated in the talent show, singing a song "10 Little Alcoholics. The third and most recent Unity day we performed " The 12 days of Sobriety" original lyrics written to the tune of The Twelve Days of Christmas. Rehearsals were a riot with lots of laughter and love. The women of Into Action are not a glum lot!

As a fledgling meeting around year 2 we did a group inventory, inviting Vicki, from Area, to facilitate the inventory and we were all inspired by her dedication and enthusiasm, one of the three sessions she came up after an assembly that was a five hour drive away. We continue to work on implementing ideas to strengthen our meeting and spread the message to those alcoholics who still suffer. We have grown from a handful of women to a good 15-20 attending meetings and have devoted members who rarely miss a meeting. It has become a safe and grace filled space to share and learn together as we trod.