

## MONDAY NIGHT SMOKELESS GROUP

**Date Formed: 1981**

**Prepared by: Sarah M. September 2020**

**GSO#:**

**Founding Member: Sarah S - M.**

**Original Location: Nevada County Council on Alcoholism, 139 1/2 Mill Street, Grass Valley, upstairs**

**Day of Week and Time of Meeting: Monday 8:00 - 9:30 p.m.**

**Format: Open Chair - Discussion**

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**History:** Sarah S. had one year of sobriety and had quit smoking. She started the meeting to have a smoke-free meeting in our area.

**Early Members: (Some of the below is an estimate of who attended which years)**

Sarah S - M., Judy J - W., Albert K. (artist), Mark S., Nancy and Gene F., George K. (doctor), Rennie and Smitty S., Henry M. (and his wife Madeline), Donna T - R., Dan T., Mary and Jack H., Bill and Pat S., Sheila H - G., Doug G., Phyllis D - G., Kit W., Kim (Kit's twin), Carolyn C., Jeff T., Sandy and Dennis C., Maggie G., Dorcas P., Mary E - P., Dan D., Clayton G., Jerry D., Michael C., Bill P., and others.

Donna T - R. (presently lives in Roseville) got sober in 1982 and remembers being the secretary and bringing desserts. She said that one night a bunch of motorcycle riders pulled up and the men's chains clanged loudly as they came up the stairs. She said it was frightening, but ended up being one of the most spiritual meetings she had ever attended.

In 1987 Nancy P. met Don K. on July 4th at the meeting and they were married for many years thereafter until Don passed away. Kate and Ralph G., Alec, Phoebe attended then. Nancy K. presently lives in Galt.

In 1991 or thereabouts, and following years, other members that attended: Chuck S., and Chuck's mom, Shirley S., Nancy K. (her husband owned car dealership), Iola G., Dr. Richard, John G., Brendan O'K., Carl K. and his mother Martha K., "Old man" Carl, Chuck C., Larry S. (tall Larry), Carol McS., Jim C. and James C. (musician), Fred (woodman), Hunter, Carson, Penny and Randy A., Ted and Annette McT., Mary S. and Jeff P., Mary E. (knitting Mary), Linda L., Linda M. (lawn-chair Linda), Kathy S., Raymond R., Barbara M., Jeanie A., Pam W - C., Mel W., Don and Judy R., Ken H., Lee (married Pam, moved to Texas), Bill M., Mellon, and many others.

In 1993 (August 30), Sarah S. met Mick McT. at the meeting and after dating for five years, they have been married since 1999.

The meeting was a favorite as we sat in a living room setting in the drop-in center of the Alcohol Information Center.

Approximately in 1994, When Nevada County Council on Alcoholism moved to 714 W. Main Street, the group decided to close as we had fond memories of meeting in a living room setting, and just felt that it would never be the same if we moved to a more sterile location. Many of us have great memories of the Monday Night Smokeless Group of AA.