## **TGIF Non-Smoking**

Date Formed: June 1989 Prepared March 2021

Group No. 175274 Updated August 2024

Founding Members: Victoria B.

Original Location: Sierra Presbyterian Church, 175 Ridge Road, Nevada City

Current Location: Unity in the Gold Country Spiritual Center, 180 Cambridge Court, Grass Valley

Day of Week and Time of Meeting: Friday, 11 am - Noon

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This meeting was started by Victoria B. and another member, Robert, when they worked at Grass Valley Group. They wanted a meeting close to work which they could attend on their lunch hour. It was a non-smoking meeting and had an original emphasis on old timers. The meeting meets at 11 am each Friday morning. It had a loyal membership of 5-7 people, including Victoria, when she could make it. (Victoria passed away May 2022)

During the pandemic, the meeting met solely online (possibly years 2020 - 2022). Zoom ID# 160 118 277 and pw: unite.

In 2024 due to a rent increase, the group moved to its current location at the Unity Church.

The meeting format is Big Book reading, then sharing and tag meeting. The Secretary of the group rotates every month.