

# FEELINGS CHART

## An emotion labelling activity for children

Instructions: Point to the face that best represents how you feel.



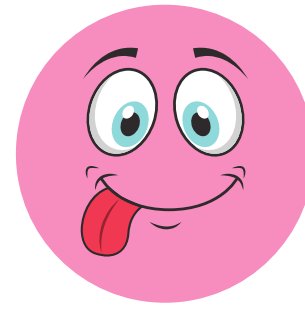
**VERY HAPPY**



**HAPPY**



**CONTENT**



**SILLY**



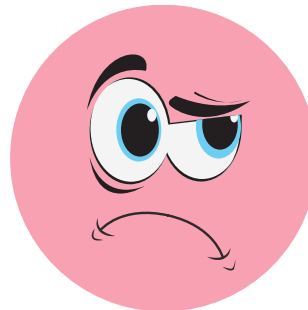
**SCARED**



**SAD, WORRIED**



**ANGRY, MAD**



**CONFUSED**



**HURT**



**TIRED**