

IT'S OKAY NOT TO BE

OKAY!

# PTSD BY PROXY

This Is A Free Virtual Support Group For  
Military Spouses Worldwide Living With  
A Loved One Suffering From PTSD.

*You're Never Alone Either!*

**The First Group Will Meet On  
Wednesday, September 17 At  
10:00 AM (CST).**

HATS OFF FOR VETERANS



- Confidential Bi-Monthly Meetings
  - Registration Not Required
- Third Wednesday Every Other Month
  - ZOOM ID: 875 6420 4522

Visit [www.HOFV.org](http://www.HOFV.org) or contact [Info@HOFV.org](mailto:Info@HOFV.org) for further information.