

INFORMED CONSENT - BOTOX® Cosmetic INJECTION CONSENT FOR TREATMENT

This is an informed-consent document which has been prepared to help your provider inform you concerning BOTOX® Cosmetic (*Botulina* Toxin Type A, Allergan) injection, its risks, and alternative treatments. Please initial each page, indicating that you have read the page and sign the consent for this procedure.

GENERAL INFORMATION *Clostridia botulina* bacteria produce a class of chemical compounds known as “toxins”. The Botulina Type A Toxin (BOTOX) is processed and purified to produce a sterile product suitable for specific therapeutic uses. Once the diluted toxin is injected, it produces a temporary paralysis (chemodenervation) of muscle by preventing transmission of nerve impulses to muscle. The duration of muscle paralysis generally lasts for approximately three (3) to four (4) months.

BOTOX® Cosmetic injections are customized for every patient, depending on his or her particular needs. These can be performed in areas involving the eyelid region, forehead, and neck. BOTOX® Cosmetic cannot stop the process of aging. It can however, temporarily diminish the look of wrinkles caused by muscle groups. BOTOX injections may be performed as a singular procedure or as an adjunct to a surgical procedure.

ALTERNATIVE TREATMENTS Alternative forms of management include not treating the skin wrinkles by any means. Improvement of skin wrinkles may be accomplished by other treatments or alternative types of surgery such as a blepharoplasty, face or brow lift when indicated. Other forms of eyelid surgery may be needed should you have intrinsic disorders affecting the function of the eyelid such as drooping eyelids from muscle problems (eyelid ptosis) or looseness between the eyelid and eyeball (ectropion). Minor skin wrinkling may be improved through chemical skin peels, lasers, injection of filling material, or other skin treatments. Risks and potential complications are associated with alternative forms of medical or surgical treatment.

RISKS of BOTOX® COSMETIC (Botulina Type A Toxin) Injections Every procedure involves a certain amount of risk and it is important that you understand these risks and the possible complications associated with them. In addition, every procedure has limitations. An individual’s choice to undergo a surgical procedure is based on the comparison of the risk to potential benefit. Although the majority of patients do not experience these complications, you should discuss each of them with your plastic surgeon to make sure you understand risks, potential complications, limitations, and consequences of BOTOX® Cosmetic injections. Additional information concerning BOTOX® COSMETIC may be obtained from the package-insert sheets supplied by Allergan.

Bleeding and Bruising - It is possible, though unusual, to have a bleeding episode from a BOTOX® COSMETIC injection. Bruising in soft tissues may occur. Serious bleeding around the eyeball during deeper BOTOX® Cosmetic injections for crossed eyes (strabismus) has occurred. Should you develop post-injection bleeding, it may require emergency treatment or surgery. Aspirin, anti-inflammatory medications, platelet inhibitors, anticoagulants, Vitamin E, ginkgo biloba, and other “herbs / homeopathic remedies” may contribute to a greater risk of a bleeding problem. Do not take these for ten days before or after BOTOX® COSMETIC injections.

Damage to Deeper Structures - Deeper structures such as nerves, blood vessels, and the eyeball may be damaged during the course of injection. Injury to deeper structures may be temporary or permanent.

Corneal Exposure Problems - Some patients experience difficulties closing their eyelids after BOTOX® COSMETIC injections and problems may occur in the cornea due to dryness. Should this rare complication occur, additional treatments, protective eye drops, contact lenses, or surgery may be necessary.

Dry Eye Problems - Individuals who normally have dry eyes may be advised to use special caution in considering BOTOX® COSMETIC injections around the eyelid region.

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Migration of BOTOX® Cosmetic - BOTOX® Cosmetic may migrate from its original injection site to other areas and produce temporary paralysis of other muscle groups or other unintended effects. BOTOX® COSMETIC has been reported to cause swallowing problems in patients treated for spastic muscle disorders of the cervical region (cervical dystonia).

Drooping Eyelid (Ptosis) - Muscles that raise the eyelid may be affected by BOTOX® COSMETIC, should this material migrate downward from other injection areas.

Double-Vision - Double-vision may be produced if the BOTOX® COSMETIC material migrates into the region of muscles that control movements of the eyeball.

Eyelid Ectropion - Abnormal looseness of the lower eyelid can occur following BOTOX® COSMETIC injection.

Other Eye Disorders - Functional and irritative disorders of eye structures may rarely occur following BOTOX® COSMETIC injections. Blindness - Blindness is extremely rare after BOTOX® COSMETIC injections. However, it can also be caused by internal bleeding around the eyeball or needle stick injury. In a period of 10 years of BOTOX® COSMETIC administration, complications of blurred vision, retinal vein occlusion, and glaucoma have been reported in three patients. The occurrence of eye problems appears to be very rare.

Asymmetry - The human face and eyelid region is normally asymmetrical with respect to structural anatomy and function. There can be a variation from one side to the other in terms of the response to BOTOX® COSMETIC injection.

Pain - Discomfort associated with BOTOX® COSMETIC injections is usually short duration.

Allergic Reactions - As with all biologic products, allergic and systemic anaphylactic reactions may occur. Allergic reactions may require additional treatment.

Antibodies to BOTOX® COSMETIC - Presence of antibodies to BOTOX® COSMETIC may reduce the effectiveness of this material in subsequent injections. The health significance of antibodies to BOTOX® COSMETIC is unknown.

Infection - Infection is extremely rare after BOTOX® COSMETIC injection. Should an infection occur, additional treatment including antibiotics may be necessary.

Skin Disorders - Skin rash, itching, and swelling may rarely occur following injection.

Neuromuscular Disorders- Patients with peripheral motor neuropathic disorders (amyotrophic lateral sclerosis, myasthenia gravis, motor neuropathies) may be at greater risk of clinically significant side effects from BOTOX® COSMETIC.

Unsatisfactory Result - There is the possibility of a poor or inadequate response from BOTOX® COSMETIC injection. Additional BOTOX® COSMETIC injections may be necessary.

Long-Term Effects - Subsequent alterations in face and eyelid appearance may occur as the result of aging, weight loss, weight gain, sun exposure, pregnancy, menopause, or other circumstances not related to BOTOX® COSMETIC injections. BOTOX® COSMETIC injection does not arrest the aging process or produce permanent tightening of the eyelid region. Future surgery or other treatments may be necessary.

Pregnancy and Nursing Mothers - Animal reproduction studies have not been performed to determine if BOTOX® COSMETIC could produce fetal harm. It is not known if BOTOX® COSMETIC can be excreted in human milk. It is not recommended that pregnant women or nursing mothers receive BOTOX® COSMETIC treatments.

Drug Interactions - The effect of BOTOX® COSMETIC may be potentiated by aminoglycoside antibiotics or other drugs known to interfere with neuromuscular transmission.

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Unknown Risks - The long-term effect of BOTOX® COSMETIC on tissue is unknown. The risk and consequences of accidental intravascular injection of BOTOX® COSMETIC is unknown and not predictable. There is the possibility of additional risk factors may be discovered.

HEALTH INSURANCE Most health insurance companies exclude coverage for cosmetic surgical procedures and treatments or any complications that might occur from the same.

ADDITIONAL TREATMENT NECESSARY There are many variable conditions in addition to risk and potential complications that may influence the long-term result of BOTOX® COSMETIC injections. Even though risks and complications occur infrequently, the risks cited are the ones that are particularly associated with BOTOX® COSMETIC injections. Other complications and risks can occur but are even more uncommon. Should complications occur, additional surgery or other treatments may be necessary. The practice of medicine is not an exact science. Although good results are expected, there is no guarantee or warranty expressed or implied, on the results that may be obtained.

FINANCIAL RESPONSIBILITIES The cost of BOTOX® COSMETIC injection may involve several charges. This includes the professional fee for the injections, follow-up visits to monitor the effectiveness of the treatment, and the cost of the BOTOX® COSMETIC material itself. It is unlikely that BOTOX® COSMETIC injections to treat cosmetic problems would be covered by your health insurance. The fees charged for this procedure do not include any potential future costs for additional procedures that you elect to have or require in order to revise, optimize, or complete your outcome. Additional costs of medical treatment would be your responsibility should complications develop from BOTOX® COSMETIC injections. **In signing the consent for this procedure, you acknowledge that you have been informed about its risk and consequences and accept responsibility for the clinical decisions that were made along with the financial costs of all future treatments.**

DISCLAIMER Informed-consent documents are used to communicate information about the proposed surgical treatment of a disease or condition along with disclosure of risks and alternative forms of treatment(s). The informed-consent process attempts to define principles of risk disclosure that should generally meet the needs of most patients in most circumstances. However, informed consent documents should not be considered all-inclusive in defining other methods of care and risks encountered. Your plastic surgeon may provide you with additional or different information which is based on all of the facts pertaining to your particular case and the current state of medical knowledge. Informed-consent documents are not intended to define or serve as the standard of medical care. Standards of medical care are determined on the basis of all of the facts involved in an individual case and are subject to change as scientific knowledge and technology advance and as practice patterns evolve.

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I recognize that during the course of the procedure and medical treatment or anesthesia, unforeseen conditions may necessitate different procedures than those above. I therefore authorize the above provider and assistants or designees to perform such other procedures that are in the exercise of his or her professional judgment necessary and desirable. The authority granted under this paragraph shall include all conditions that require treatment and are not known to my provider at the time the procedure is begun. I acknowledge that I have been informed about the risks and consequences and accept responsibility for the clinical decisions that are made along with the financial costs of all current and future treatments.

I consent to be photographed before, during, and after the injection(s) to document the results and authorize the use of these “before & after” photographs and videos of me for education, promotion, marketing, or advertising purposes provided my identity is not revealed.

I understand what my provider can and cannot do. I declare there are no warranties or guarantees of any kind, implied or specific about the final outcome and acknowledge that no guarantee or representation has been given by anyone as to the outcome. I have had the opportunity to explain my goals and understand which desired outcomes are realistic and which are not. I have been given the full opportunity to ask any and all questions which I might have, and that all of my questions have been answered to my full and total satisfaction.

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I acknowledge this consent form is valid for all future BOTOX® COSMETIC injections and agree to alert my aesthetic nurse specialist at Malisse Skin Bar If there are any future changes to my medical history.

I declare I have read this Informed Consent (or it has been read to me), I understand the information contained in it including the fee structure and acknowledge I will not receive any refunds or credits for any injection/procedure. I understand the inherent (specific) risks of the procedure(s) I seek, as well as those additional risks and complications, benefits, and alternatives and hereby release Malisse Skin Bar, its owners, members, officers, medical director, aesthetic nurse specialists, managers, employees, service providers, specialists, and affiliates from any and all claims, damages or legal actions arising from or connected in any way with my treatment/procedure to the fullest extent allowed by law.

I have no further questions and give my consent to proceed.

Patient Signature (Person Authorized to Sign for Patient)

Date

Patient Name (Please Print)

Signature - Malisse Skin Bar's Aesthetic Nurse Specialist