

Riverchase

Rapids

**SWIM TEAM
PRACTICE**

JULY 22ND - JULY 27TH

Age Group Monday Tuesday Wednesday Thursday Friday Saturday

13 & Older 7:45 to 10 AM **Last Chance Meet @ HPR** 7:45 to 10 AM 7:45 to 10 AM 7:45 to 10 AM **Senior County Swim Meet**

9-12 8:30 to 10 AM **Last Chance Meet @ HPR** 8:30 to 10 AM 8:30 to 10 AM 8:30 to 10 AM **Senior County Swim Meet**

8 & Under 9 to 10 AM **Last Chance Meet @ HPR** 9 to 10 AM 9 to 10 AM 9 to 10 AM **Senior County Swim Meet**