

ELIGIBILITY:

All participants must be USA Swimming registered athletes. Entries will not be accepted without Current registration numbers. Coaches and officials must present evidence of certification as required by Southeastern Swimming. A swimmer's age on the first day of the meet will determine his or her age for the entire meet. On-Deck registration will not be accepted.

WARM UP: Southeastern Swimming Meet Safety Guidelines and Warm-up Procedures will be in effect at this meet. The Meet Director will post and announce the warm-up assignments prior to the start of the meet warm-up. Swimmers attending the meet without a coach must report to the Meet Director or Referee to be assigned a coach for warm-up prior to each session. A Swimmer Assignment Form will be completed for all swimmers without coaches.

STARTING TIMES:

	WARMUP	MEET STARTS
Friday PM	4:00-5:00 pm	5:10 pm
Saturday AM	7:30-8:20 am	8:30 am
Saturday PM	Not before 11:00 am	Not before 12:00 pm
Sunday AM	7:30-8:20 am	8:30 am
Sunday PM	Not before 11:00 am	Not before 12:00 pm

ENTRIES: Swimmers are limited to one (1) individual event on Friday PM, and three (3) individual events each day on Saturday and Sunday.

See attached list of events. All events are Short Course Yards and timed finals.

Entries will be limited to 400 visiting swimmers.

Entry error: if due to an HSA error, the swimmer will be deck entered in an open lane of the heat nearest his/ her entry time or in a new heat. The entire event will not be re-seeded.

Only e-mailed HYTEK entries will be accepted.

Entries should be sent to entries@swimhsa.org.

All Open events are only open to those 11 & older.

DISABILITIES:

Swimmers with disabilities are welcome and must complete the Information Form for Disabled Swimmers and return it with the entries.

DEADLINE:

Entry e-mails are due by Tuesday, October 10th, 2023, at 11:59 pm. Waivers, and entry fees, including all meet fees and surcharges, must be received at the team check-in office on Friday, October 20th, 2023.

Late entries will be accepted on a lane available basis until the start of each session.

FEES: \$7.00 per individual event, \$4.00 per swimmer SES surcharge, and \$20.00 per swimmer Facility Fee.

Late entries will be accepted at the discretion of the meet directors on a "lane available" basis. Late entries will be charged \$10.00 per individual event and in addition to the surcharge and Facility Fee if swimmer not already entered in meet. All entry fees are nonrefundable.

Please make checks payable to: Huntsville Swim Association

Waivers and entry fees, including all meet fees and surcharges, should be presented at the time of check-in on the first day of the meet in the Team Check-in room.

MEET FORMAT:

This is a timed final meet. All events will be pre-seeded except the 500 Free, 1000 Free, and 400 IM, which will be deck-seeded. Swimmers must sign-in with the Clerk of Course for all deck-seeded events. Sign-in deadlines are 30 minutes before the start of the session in which the event occurs. If the swimmer is not checked in with the Clerk of Course, the swimmer is scratched from the event. Only the swimmer or his/her coach may sign in for deck-seeded events. HSA reserves the right to limit the number of heats in deck-seeded events in order to run the meet in the allotted time. HSA reserves the right to run the meet in the best configuration of the 10 lanes that it sees fit.

Events 1-2, 5-6, 21-22 and 37-38 (400IM, 1000Free, 500Free) will be seeded fastest to slowest, alternating female and male heats. Results will be posted separately by age-group and gender. Failure to swim a deck seeded event after signing in may result in the swimmer being barred from swimming his/her next individual event. Only the swimmer or his/her coach may sign in for deck-seeded events.

AWARDS: 12 & under events will be scored separately for 11-12, 9-10, and 8 & under age groups. Ribbons will be awarded for all 12 & under events for 1st-8th place. Ribbons can be collected in the check-in room after the meet. No awards will be mailed after the meet. Any unclaimed awards at the end of the meet will be recycled for future HSA meets, and will not be saved for later hand delivery or pickup.

SCORING: Scoring will be for 1st-8th place, and will be scored 9-7-6-5-4-3-2-1.

COACHES' CORNER:

Coaches' Meeting will occur only if needed at 8:20 am on Saturday, October 21st, 2023.

Real time results will be available on the Meet Mobile App.

SES rules dictate, "Coaches shall display, when requested, their USAS Membership card/deck pass to be allowed on deck. Compliance shall be the responsibility of the Host Meet Referee/director - they may assign the responsibility to other meet personnel. All coaches are required to be prepared to display their valid USAS Membership card/deck pass when checking in with Clerk of Course or Meet Director at the beginning of the meet to show proof of membership and standing.

OFFICIALS' CORNER:

There will be an Officials meeting 45 minutes prior to the start of the session in the Legacy Pool lobby.

MEET EVALUATIONS:

Please send any comments, suggestions, or evaluations concerning the meet to:

John Boxmeyer
jboxmeyer@hotmail.com

2023 Fran Norris Invitational
Friday, October 20th, 2023
Warm-ups 4:00 pm, Competition begins at 5:10 pm

Female Event #	Event	Male Event #
1	Open 400 IM	2
3	12 & under 200 IM	4
5	Open 1000 FR	6

Saturday, October 21, 2023
Warm-ups 7:30-8:20 am, Competition begins at 8:30 am

Female Event #	Event	Male Event #
7	12 & Under 100 FR	8
9	12 & Under 25 FR	10
11	12 & Under 50 BR	12
13	12 & Under 100 IM	14
15	12 & Under 50 BA	16
17	12 & Under 100 Fly	18
19	12 & Under 25 Fly	20
21	9-12 500 FR	22

Saturday, October 21, 2023
Warm-ups TBA, Competition begins at TBA

Female Event #	Event	Male Event #
23	Open 100 FR	24
25	Open 200 BR	26
27	Open 50 BR	28
29	Open 200 IM	30
31	Open 200 BA	32
33	Open 50 BA	34
35	Open 100 Fly	36
37	Open 500 FR	38

Sunday, October 22, 2023
Warm-ups 7:30-8:20 am, Competition begins at 8:30 am

Female Event #	Event	Male Event #
39	12 & Under 100 BA	40
41	12 & Under 25 BA	42
43	12& Under 50 Free	44
45	12 & Under 100 BR	46
47	12 & Under 25 BR	48
49	12 & Under 200 FR	50
51	12 & Under 50 Fly	52

Sunday, October 22. 2023
Warm-ups TBA, Competition begins at TBA

Female Event #	Event	Male Event #
53	Open 200 FR	54
55	Open 100 BA	56
57	Open 100 BR	58
59	Open 50 Fly	60
61	Open 200 Fly	62
63	Open 100 IM	64
65	Open 50 FR	66

2023 WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE

I, the undersigned coach or team representative, verify that all of the **swimmers** and **coaches** listed on the enclosed entry form/team information are registered and entered into the meet in accordance and subject to USA Swimming Rules and Regulation:

.1 All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competition(S) are members of their LSC and USA Swimming.

.2 All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily complete safety training required by USA Swimming.

And as

False Registration – A host LSC may impose a fine up to \$100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed club is not **properly** registered.

All swimmers, coaches and officials involved with USA Swimming competition must be registered. Additionally, meet directors

I acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. The host club, Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

Signature of Coach or Club Official:	
Title:	
Club:	Date:

SOUTHEASTERN LSC

INFORMATION FORM FOR SWIMMERS WITH A DISABILITY

This non-mandatory form is for accommodation purposes.

Name _____

Address _____

Team _____ USA Registration # _____

Age and Birth date: _____

Events to be swum: _____/_____/_____/_____/_____/_____/_____/_____
_____/_____/_____/_____/_____/_____/_____/_____

Type of Disability

Blind _____ Cognitive/Intellectual _____ Deaf _____ Physical _____ Other _____

Extent of Disability: Be specific e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.

The following person(s) will accompany the swimmer for any needed assistance: _____

Accommodations requested, Examples: Lane #, inside lane, starter side preference, assistance to the blocks, water start, hand signals, etc.

Information gathered on this form will only be used for swimmers accommodation during Meet, and forwarded to the SE LSC Disability chair for purposes of evaluation and tracking Swimmers attendance and performance. The Disability Chair welcomes any feedback and or comments concerning your Meet experience.

Meet Director Email: see above

Meet Referee Email: see above

Disability Chair Email: robin@seastarsaquatics.org