

<b>Team Name</b>	<b>Streamline &amp; Sprint Human Performance</b>
<b>Meet Name</b>	<b>2023 SE BSL Region 3 Champions</b>
<b>Meet Date</b>	<b>02/03/2023</b>
<b>Meet Location</b>	<b>Birmingham, AL</b>
<b>Report Date</b>	<b>02/06/2023</b>

<b>Athlete Name</b>	<b>Age</b>	<b>Gen</b>	<b>Event</b>	<b>P/F/T</b>	<b>Place</b>	<b>Points</b>	<b>Time</b>	<b>Base Line</b>	<b>Improvement</b>	<b>New Best Cut</b>	<b>Time Standard</b>
Bitago, Isabella	15	F	Open 100 Back	F	13		1:12.22Y	1:12.09Y	0.13		
Bitago, Isabella			Open 100 Breast	F	13		1:20.82Y	1:22.21Y	-1.39		
Bitago, Isabella			Open 100 Fly	F	7	2.00	1:08.41Y	1:07.32Y	1.09		
Bitago, Isabella			Open 100 Free	F	23		1:01.11Y	1:01.55Y	-0.44		
Bitago, Isabella			Open 200 Free	F	10		2:12.12Y	2:13.44Y	-1.32		
Bitago, Isabella			Open 200 IM	F	6	3.00	2:30.80Y	2:30.72Y	0.08		
Bitago, Isabella			Open 50 Free	F	22		27.80Y	28.33Y	-0.53		
Cleasant, Kennedy	17	F	11 & Over 400 IM	F	1	9.00	4:56.54Y	4:53.33Y	3.21		
Cleasant, Kennedy			Open 100 Back	F	1	9.00	58.76Y	58.35Y	0.41		
Cleasant, Kennedy			Open 100 Fly	F	1	9.00	57.87Y	58.62Y	-0.75		
Cleasant, Kennedy			Open 100 Free	F	2	7.00	54.92Y	54.30Y	0.62		
Cleasant, Kennedy			Open 200 Fly	F	1	9.00	2:21.26Y	2:21.40Y	-0.14		
Cleasant, Kennedy			Open 200 IM	F	2	7.00	2:16.63Y	2:13.91Y	2.72		
Cleasant, Kennedy			Open 50 Back	F	1	9.00	27.44Y	27.35Y	0.09		
Cleasant, Kennedy			Open 50 Fly	F	2	7.00	27.60Y	26.45Y	1.15		
Cleasant, Kennedy			Open 50 Free	F	2	7.00	25.42Y	25.03Y	0.39		
Douglas, Carson	16	M	11 & Over 400 IM	F	9		6:01.96Y	7:12.11Y	-1:10.15		
Douglas, Carson			Open 100 Breast	F	26		1:27.83Y	1:30.81Y	-2.98		
Douglas, Carson			Open 100 Free	F	41		1:01.81Y	1:00.88Y	0.93		
Douglas, Carson			Open 50 Free	F	42		27.98Y	29.48Y	-1.50		
Krishna, Igusti	12	M	11 & Over 400 IM	F	8	1.00	5:30.52Y				
Krishna, Igusti			11 & Over 500 Free	F	26		6:24.53Y	6:23.29Y	1.24		
Krishna, Igusti			11-12 100 Free	F	2	7.00	59.25Y	1:00.86Y	-1.61		
Krishna, Igusti			11-12 100 IM	F	2	7.00	1:07.36Y	1:09.39Y	-2.03		
Krishna, Igusti			11-12 200 Free	F	5	4.00	2:14.00Y	2:21.27Y	-7.27	Times	Southeastern - YARDS
Krishna, Igusti			11-12 50 Fly	F	2	7.00	30.21Y	30.61Y	-0.40		
Krishna, Igusti			11-12 50 Free	F	3	6.00	26.81Y	28.66Y	-1.85	Times	Southeastern - YARDS

Krishna, Igusti			Open 200 Fly	F	8	1.00	2:47.59Y			
Segrest, James	15	M	Open 200 Free	F	29		2:27.04Y	2:31.62Y	-4.58	
Segrest, James			Open 50 Breast	F	14		38.07Y	1:03.01Y	-24.94	
Segrest, James			Open 50 Fly	F	14		30.01Y	33.46Y	-3.45	
Segrest, Matthew	8	M	10 & Under 50 Back	F	34		52.55Y			
Segrest, Matthew			8 & Under 25 Back	F	14		23.47Y			
Segrest, Matthew			8 & Under 25 Free	F	24		22.94Y			
Spears, Jaid	13	F	11 & Over 1650 Free	F	6	3.00	27:04.99Y			
Spears, Jaid			11 & Over 500 Free	F	25		7:20.67Y			
Spears, Jaid			13-14 100 Breast	F	18		1:35.09Y	1:34.80Y	0.29	
Spears, Jaid			13-14 100 Fly	F	11		1:27.68Y			
Sterling, Kendall	16	F	11 & Over 1650 Free	F	5	4.00	22:22.11Y			
Sterling, Kendall			11 & Over 500 Free	F	18		6:18.62Y	6:26.10Y	-7.48	
Sterling, Kendall			Open 100 Breast	F	15		1:22.38Y	1:19.06Y	3.32	
Sterling, Kendall			Open 200 Breast	F	7	2.00	2:57.31Y	2:57.97Y	-0.66	
Sterling, Kendall			Open 50 Breast	F	9		37.00Y	37.22Y	-0.22	
Sterling, Kendall			Open 50 Free	F	27		28.39Y	27.32Y	1.07	
Vercher, Annalise	12	F	11-12 100 Back	F	26		1:26.25Y	1:26.45Y	-0.20	
Vercher, Annalise			11-12 100 Free	F	28		1:13.88Y	1:14.30Y	-0.42	
Vercher, Annalise			11-12 100 IM	F	37		1:31.09Y	1:29.46Y	1.63	
Vercher, Annalise			11-12 200 Free	F	8	1.00	2:39.10Y	2:46.93Y	-7.83	
Vercher, Annalise			11-12 200 IM	F	8	1.00	3:10.36Y	3:22.52Y	-12.16	
Vercher, Annalise			11-12 50 Back	F	36		40.10Y	40.12Y	-0.02	
Vercher, Annalise			11-12 50 Breast	F	32		46.79Y	46.28Y	0.51	
Vercher, Annalise			11-12 50 Fly	F	38		47.47Y	44.34Y	3.13	
Vercher, Annalise			11-12 50 Free	F	31		33.03Y	35.49Y	-2.46	