



## Happy October From Casey Family Chiropractic!

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Check out our website at [caseyfamilychiro.com](http://caseyfamilychiro.com)!



### Happy Halloween to All!

Just a note to all our little ghosts and ghouls to be safe while trick-or-treating on Halloween! Also remember that all that extra sugar can cause subluxations in those young spines. If that statement doesn't make sense, ask Dr. Casey to explain how things like sugar can create imbalances in the body's biochemistry that can actually lead to spinal misalignments (subluxations) that can have a negative effect on your child's health. Ask us how chiropractic, as part of a wellness program, can lead to better health for the whole family! Enjoy!

### Office Happenings and Doings

#### Looking Ahead

##### November

We will be having a food drive in the weeks leading up to Thanksgiving. At this time of year, we are especially grateful to serve so many wonderful people in our community. The food drive will be for two weeks, starting on October 29th through November 10th. All food donations will go to Country Kids Food Pantry in Washingtonville to help those closest to us in our community. In addition, Casey Family Chiropractic will be donating 10% of proceeds during this time.

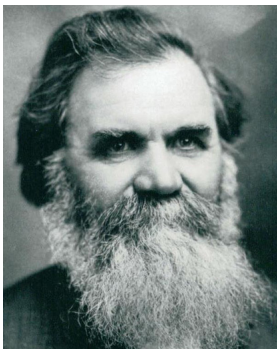


## December

We want to let everyone know well in advance that we will be having a toy drive in December to benefit those less fortunate in our area. The toy drive will go from Monday, Dec. 3rd to Friday, Dec. 7th. Casey Family Chiropractic will once again donate 10% of proceeds from that week in our office. Thanks in advance for your wonderful generosity! Look for more details in our November newsletter.

## Orientations

Have you ever wondered what's the Big Idea? Chiropractic Orientations on Wednesdays at 6:30 PM help answer that question. These fun and informative sessions are for anyone interested in living a more healthy life. Chiropractic adjustments help restore the natural, innate healing ability of the body, mind and spirit...and that's just the beginning! Please check with the front desk or Dr. Casey to confirm! Orientations are open to all!!



*D. D. Palmer, Founder of Chiropractic*

## Words of the Founders

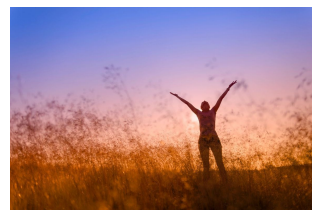
"The basic principle, and the principles of chiropractic which have been developed from it are not new. They are as old as the vertebrae... I am not the first person to replace subluxated vertebra, for this art has been practiced for thousands of years.

– Reverend Samuel H. Weed, at my request selected two Greek words, 'cheir' and 'praktikos', meaning when combined, "done by hand." From which I coined the word, 'CHIROPRACTIC.' "

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## Our Mission Statement

"We at CASEY FAMILY CHIROPRACTIC are committed to serving the health care needs of our community by providing the highest quality chiropractic care possible. By educating our patients and practice members to their own inborn healing ability, we seek to make the world a better place one person at time."



Please remember...



...so save energy and smile today!!



Kind regards,  
Dr. Brian Casey and the team at Casey Family Chiropractic.



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