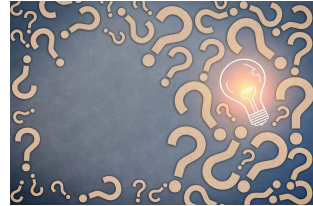


Happy New Year from Casey Family Chiropractic!!

New Year, New Insurance?

As we begin this new year of 2023, we ask that you confirm any changes to your health insurance information. This includes; new insurance, change of present insurance, new insurance cards, loss of insurance or any other circumstances that affect charges and payments in the office. We greatly appreciate your assistance, thank you!



Temporary ID Card

Member ID:

Group#:	L06503M001	INN Ded Indiv/Fam	\$0/\$0
TMK Group#:	ZL0000	COB Ded Indiv/Fam	\$1,000/\$1,000
Plan Code:	254	INN COB Max Indiv/Fam	\$4,650/\$9,300
RXBIN:	017688	COB COB Max Indiv/Fam	\$4,650/\$9,300
RXPCN:	9743	Rx COB Max Indiv/Fam	\$2,500/\$5,000
RXGRP:	19083	Office Visit	\$25
		Specialist	\$35
		Urgent Care	\$35
		ER	\$100

For detailed benefit information including Deductible and Out-of-Pocket Maximums, please visit your Member Services website.

empireblue.com

Member Svcs-Trustmark* 1-888-604-6297
myTrustmarkBenefits.com

Coverage While Traveling 1-800-810-BLUE
Provider Eligibility/Benefits 1-833-835-2714
EmpRx Help Desk* 1-877-241-7123
Prescription-Trustmark* 1-888-604-9397

*Contracts directly with group

Services provided by Empire HealthChoice Assurance, Inc. license of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield plans. Empire BlueCross BlueShield provides administrative claims payment services only and does not assume any financial risk. It is obligated with respect to claims. Self-Funded Coverage.

Pharmacy Benefits Administrator: Contracts directly with group

Special Notice for Orange-Ulster Members

For our patients who have their health insurance through most of the school districts in the area, you should have received new cards and information on the changes to your medical coverage. Please check to see that you have received your new cards. The letter included stated that there was a delay from the vendor in printing the new cards.

Please note the following:

- Trustmark now replaces Indecs as the benefits administrator
- New member ID beginning with

"OSD"
replaces
the
cards
starting
with
"OUH"

- Each family member receives a card with their name on it, the member ID is the same for all family members
- Light blue border top and bottom of the card.
- This also applies to retirees where OU Health is secondary to Medicare.
- Digital copies

of
the
card
available
at
<http://www.mytrustmarkbenefits.com/>
You
may
also
call
Trustmark
directly
at
1-
888-
604-
9397.

Please bring these cards as soon as possible or scan and email a copy to caseyfamilychiro91@gmail.com

Without the updated information, we cannot bill your insurance company for services provided here in the office. Thank you for for your prompt assistance with this matter.

Notes for Winter 2023

Office Closings - For January, there are no scheduled days off, but in case of inclement weather, please check the office Facebook page at "Casey Family Chiropractic" or the office website at caseyfamilychiro.com for updated information about any closings. You may also call the office for any weather-related messages. With the winter, we can sometimes lose parking spaces due to accumulating snow so we will do our best to accommodate everyone coming into the office. If you come into the lot and find no spaces available, you may park alternately on either Arrow Point Lane (just around the corner) or at the Chase Bank parking lot. We also would like to ask those with larger vehicles such as service trucks to please park on Arrow Point or at the bank. This will make for much less maneuvering around other cars. Don't forget also to back into your spot whenever possible to make exiting easier and less likely to cause neck strain just after getting adjusted! Thanks for your help!



Why I am a Doctor of Chiropractic...

Because I honor the inborn potential of everyone to be truly healthy.

Because I desire to help the newborn, the aged and those without hope.

Because I choose to care for the patient with the disease, not the disease.

Because I wish to assist rather than intrude, to free rather than control.

Because I seek to correct the cause, not it's effect.

Because I know that doctors do not heal, only the body can heal itself.

Because I have been called to serve others.

Because I want to make a difference.

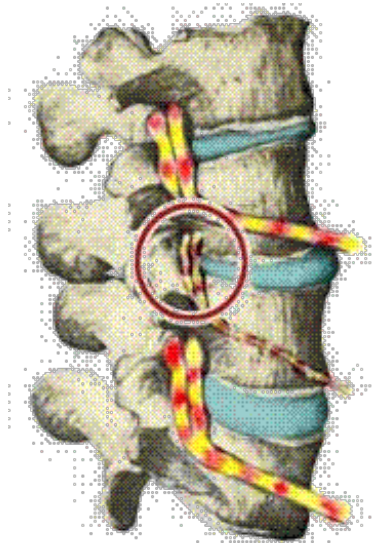
Because I get to witness miracles every single day

Because I know it's right.



As we begin this New Year of 2023, we will always continue to focus on the positive and uplifting aspects of life!

We at Casey Family Chiropractic want you to know how seriously we take your health and that we are honored to assist everyone to greater health through regular chiropractic care!!



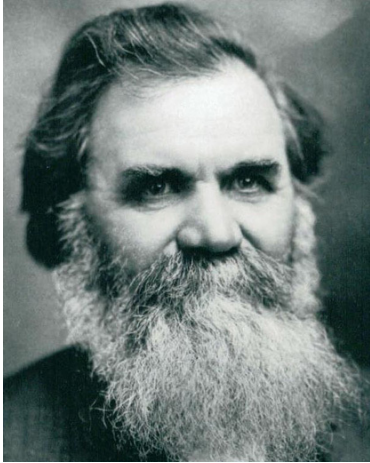
Subluxations? What is that?

"Subluxations" are misalignments of vertebra (spinal bones) that puts pressure on the delicate nerves carrying impulses to and from the brain and body. Chiropractors are specifically trained to correct these misalignments to allow the body it's greatest health potential!! Have your spine checked today!!

H.O.P.E. is on the way!

H.O.P.E. (Helping Other People Eat) Day is coming!

Watch for information on our yearly food drive around Valentine's Day in February. We are pleased to continue this yearly tradition since 1994 to help those in need in our community. Stayed tuned!



*Dr. D.D. Palmer, Founder of
Chiropractic*

Words of the Founders

D.D. Palmer

“Life is the expression of tone. In that sentence is the basic principle of Chiropractic. Tone is the normal degree of nerve tension. Tone is expressed in functions by the normal elasticity, activity, strength and excitability of the various organs, as observed in a state of health. Consequently, the cause of disease is any variation of tone — nerves too tense or too slack.”
excerpt from “Textbook of the Science, Art and Philosophy of Chiropractic for Students and Practitioners” 1910 by D.D. Palmer

**Kind regards,
Your Team at Casey Family Chiropractic, PLLC**





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