

Happy Holidays From Casey Family Chiropractic!



A Very Merry Christmas and a blessed Holiday season!

I would like to personally wish all of our patient and practice members a healthy, happy and blessed holiday season. I also wanted to take a moment to thank everyone who brought in food for our food drive in November. I was so touched when one of the volunteers at Country Kids Food Pantry said to me, "Your office always does a great job donating." So my thanks to all of you who help those in need at this time of the year. We at Casey Family Chiropractic are grateful for the opportunity to serve such wonderful families here in our community and we look forward to serving even more in 2024!

With gratitude and appreciation,
Dr. Brian

Toy Drive at Casey Family Chiropractic

We are pleased to once again be hosting our annual toy drive in our office. We are collecting toys for the Country Kids Food Pantry right here in Washingtonville to help those in our community to have a very Merry Christmas! We are accepting donations of new, unwrapped toys through Friday, December 8th here at our office at 68 E Main St. Help us make this Christmas a little brighter this year for those less fortunate. (We'll make sure a certain green fellow doesn't try to make off with all the goodies!!) Thanks as always for your care and generosity!!



Office Happenings and Doings

Office Holiday Hours

We will have regular office hours through Fri., Dec. 22nd.



Office Hours for Christmas Week:

Sat., Dec. 23th - Thur. Dec. 28th - Office Closed

Fri. 12/29 - 8:30 AM - 12:00 PM ; 3:00 PM - 6:00 PM

Mon. Jan. 1, 2024 - Office Closed

Regular office hours resume Tues., Jan. 2nd, 2024

Please call for all appointments as we expect to be very busy around the holidays, thanks!!

Winter is coming...

As the calendar turns to December, a reminder about our office policy in regard to weather. Generally, the office is open through all kinds of weather but when necessary, the office will be closed due to snow/ice for the safety of all. If you haven't yet done so, please take this opportunity to Like and Follow our Facebook page [here](#) at Casey Family Chiropractic for the most updated information on any changes to our office schedule. Also remember to reschedule any missed appointments to keep you healthy and strong during this winter season.



"T'was Chiropractic Christmas"

A Christmas favorite in our office newsletters for over 30 years, enjoy!!

'Twas the day before Christmas, but there was no cheer.

No jingle bells jingled, no sound of reindeer.

The word had gone out that Santa was sick

There'd be no friendly visit from jolly St. Nick.

The people were sad; no gaiety sounded

For Christmas had come, but Santa was grounded.

He drove down the road, and what did he see?

But a sign for a doctor who had a D.C.

Now, Santa was not one to try a new tactic,

But all else failed, so he'd try Chiropractic.

He entered the office, and saw at a glance



In a place such as this, illness hasn't a chance.

The office staff smiled, the music was snappy.
With all of the patients contented and happy.
In a very short time, to judge by the clock,
He was in the adjustment room talking to Doc.

"It must be the hurry, the tension and all,
I simply can't seem to get on the ball.
Life used to be easy, just toys, guns, and whistles.
Now I have to dodge smog, spaceships, and missiles."

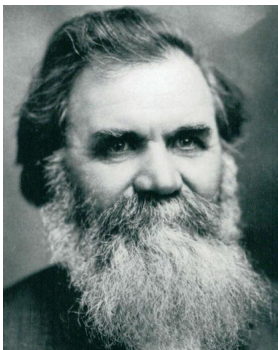
And Doc, take a look at the size of this pack!
Have you any idea what it does to my back?"
Poor Santa was miserable; just barely able
With the help of the doctor, to get on the table.

The doctor was gentle, without fuss or tussle
He examined the vertebrae and relaxed every muscle.
He spotted the trouble and then with a click,
Started aligning the ailing St. Nick.

And Santa felt aches and pains slipping away
In no time at all he began feeling gay.
The air was a-tingle with new fallen snow
And healthy Kris Kringle was rarin' to go!

As he went out the door, he threw them a kiss.
It was centuries ago since he felt as good as this!
He shouted as he left with his back feeling fine,

"Merry Christmas to all, and to all a good spine!!"



Words of the Founders

This quote by Daniel David Palmer, founder of chiropractic points out that chiropractic is safe, effective and simply makes sense!!

"Pressure on nerves causes irritation and tension with deranged functions as a result. Why not release the pressure? Why not adjust the cause instead of treating

Our Mission Statement

"We at CASEY FAMILY CHIROPRACTIC are committed to serving the health care needs of our community by providing the highest quality chiropractic care possible. By educating our patients and practice members to their own inborn healing ability, we seek to make the world a better place one person at time."



Kind regards,
Dr. Brian Casey and the team at Casey Family
Chiropractic.



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