

## Happy Holidays From Casey Family Chiropractic!

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### **A Very Merry Christmas and a blessed Holiday season!**

I would like to personally wish all of our patient and practice members a healthy, happy and blessed holiday season. We at Casey Family Chiropractic are grateful for the opportunity to serve such wonderful families here in our community and we look forward to serving even more in 2026!

With gratitude and appreciation,  
*Dr. Brian*

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### **Toy Drive at Casey Family Chiropractic**

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We are pleased to once again be hosting our annual toy drive in our office. We are collecting toys for the Country Kids Food Pantry right here in Washingtonville to help those in our community to have a very Merry Christmas! We will be accepting donations this week until Friday, Dec, 12th here at our office at 68 E Main St. Help us make this Christmas a little brighter this year for those less fortunate. (We'll make sure a certain green fellow doesn't try to make off with all the goodies!!) Thanks as always for your care and generosity!!

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### **Office Happenings and Doings**

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#### **Office Holiday Hours**

Office Hours for Christmas Week:

Mon. Dec. 22nd - 8:30 AM - 12:00 PM ; 3:00 PM - 7:00 PM

Tues. Dec. 23rd - 3:00 PM - 6:00 PM

Wed. Dec. 24th - Sun. Dec. 28th - Office Closed

Mon. Dec. 29th - 8:30 AM - 12:00 PM ; 3:00 PM - 7:00 PM

Tues. Dec. 30th - 3:00 PM - 6:00 PM

Wed. Dec. 31st - 8:30 AM - 12:00 PM - No afternoon hours

Regular office hours resume Fri., Jan. 2nd, 2026

Please call for all appointments as we expect to be very busy around the holidays, thanks!!

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## Winter is coming...

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As the calendar turns to December, a reminder about our office policy in regard to weather. Generally, the office is open through all kinds of weather but when necessary, the office will be closed due to snow/ice for the safety of all. If you haven't yet done so, please take this opportunity to Like and Follow our Facebook page *here* at Casey Family Chiropractic for the most updated information on any changes to our office schedule. We will also post any changes to our schedule on our website at [www.caseyfamilychiro.com](http://www.caseyfamilychiro.com) and on our office voice mail. Also remember to reschedule any missed appointments to keep you healthy and strong during this winter season.

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## Insurance updates and changes to our fees for 2026

### Insurance updates

For our patients with OU Health, please note the change of the Third-Party Administrator (TPA) from **Luminare Health** to **Sage TPA**. If you have not yet received your new cards, you should receive them

shortly. This change is effective January 1st, 2026. It is important that you present these new cards at the front desk so that we may update our records to prevent any disruption to claim payments.

For all other insurance, please be aware of any changes and let the front desk know as soon as possible.

## **Changes to office fees**

Please note there will be a change to our office fees, effective January 1st, 2026. Fees are determined based on case presentation.

Initial evaluation: \$75.00 - \$90.00

Spinal adjustment (insurance): \$40.00 - \$60.00 per visit (this does not change the co-pay amount and amounts paid by insurance companies are still subjected to contracted rates. Medicare fees are separate from this changes.)

Spinal adjustment (self-pay): \$32 per visit (this is a 20% Time of Service discount and represents the first increase in this fee in over 25 years)

Child fees - Generally for insurance to cover any services, it must be "deemed medically necessary". By that definition, correction of subluxation, while vitally important, is not considered a covered service. We do not bill insurance companies if we cannot reasonably justify that care under the rules and policies of the insurance companies. In order to standardize our fee schedule for children, the following changes will be implemented.

### **Age 0-4:**

Evaluation: \$30.00

Spinal Adjustment:\$8.00

### **Age 5-11**

Evaluation: \$45.00

Spinal Adjustment: \$15.00

### **Age 12 & up - regular office fees**

Please let us know if you have any questions, thanks!

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## "T'was Chiropractic Christmas"

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### **A Christmas favorite in our office newsletters for over 30 years, enjoy!!**

'Twas the day before Christmas, but there was no cheer.  
No jingle bells jingled, no sound of reindeer.  
The word had gone out that Santa was sick  
There'd be no friendly visit from jolly St. Nick.

The people were sad; no gaiety sounded  
For Christmas had come, but Santa was grounded.  
He drove down the road, and what did he see?  
But a sign for a doctor who had a D.C.

Now, Santa was not one to try a new tactic,  
But all else failed, so he'd try Chiropractic.  
He entered the office, and saw at a glance  
In a place such as this, illness hasn't a chance.

The office staff smiled, the music was snappy.  
With all of the patients contented and happy.  
In a very short time, to judge by the clock,  
He was in the adjustment room talking to Doc.

"It must be the hurry, the tension and all,  
I simply can't seem to get on the ball.  
Life used to be easy, just toys, guns, and whistles.  
Now I have to dodge smog, spaceships, and missiles."

And Doc, take a look at the size of this pack!  
Have you any idea what it does to my back?"  
Poor Santa was miserable; just barely able  
With the help of the doctor, to get on the table.

The doctor was gentle, without fuss or tussle  
He examined the vertebrae and relaxed every muscle.  
He spotted the trouble and then with a click,  
Started aligning the ailing St. Nick.

And Santa felt aches and pains slipping away

In no time at all he began feeling gay.  
The air was a-tingle with new fallen snow  
And healthy Kris Kringle was rarin' to go!

As he went out the door, he threw them a kiss.  
It was centuries ago since he felt as good as this!  
He shouted as he left with his back feeling fine,

***"Merry Christmas to all, and to all a good spine!!"***

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## **Words of the Founders**

*D.D. Palmer, D.C.*

This quote by Daniel David Palmer, founder of chiropractic points out that chiropractic is safe, effective and simply makes sense!!

*"Pressure on nerves causes irritation and tension with deranged functions as a result. Why not release the pressure? Why not adjust the cause instead of treating the effects?"*

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## **Our Mission Statement**

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"We at CASEY FAMILY CHIROPRACTIC are committed to serving the health care needs of our community by providing the highest quality chiropractic care possible. By educating our patients and practice members to their own inborn healing ability, we seek to make the world a better place one person at time."

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**Kind regards,  
Dr. Brian Casey and the team at  
Casey Family Chiropractic.**



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