

## Happy June From Casey Family Chiropractic!

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### Happy Father's Day!!!

We at Casey Family Chiropractic would like to wish all our dads out there a very happy and joyful Father's Day!! Enjoy!



### Do Children Need A Chiropractor?

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Often when people come for their first visit, they are surprised to see children in our office. They are even more surprised when they find that these children regularly receive chiropractic adjustments. There are many

misconceptions when it comes to chiropractic, but none so misunderstood as to why children need chiropractic care on a regular basis. There are also many misconceptions as to how children are adjusted. First and foremost, chiropractic is not a treatment for any condition. It deals specifically with the special relationship of the spinal column to overall health. The brain and spinal cord sends and receives billions of nerve impulses every moment that we are alive. The impulses from the brain control and coordinate all activities in the body, creating the potential for optimal health at all levels. When interference occurs at the spine this is called a "subluxation". Subluxations interfere with health by interfering with the body's immense communication systems. Very often the first subluxation can happen as early as birth. The baby, as it passes out of the birth canal, is often subject to intense pressure. This pressure can create a subtle misalignment of the bones in the spine, which can lead to many problems. Babies born by C-section are also subject to stress and pressure as well leading to early health problems. These problems can include ear infections, breathing and developmental problems, along with many others. Chiropractic is

not a cure-all for these ills and is never intended as a substitute for medical intervention, when necessary. However, by removing the interference through a chiropractic adjustment, these children will have a greater potential to be healthy and free of these problems. Good spinal hygiene, just like good dental hygiene, should be an important part of a child's lifestyle. The second misconception is how children are actually adjusted. Many parents are fearful of having their child checked by a chiropractor. They perhaps have seen or been adjusted themselves and they somehow think that the same type of motion with the same amount of force is used on the children as well. Each adjustment is tailored to and is highly specific to each individual. Therefore, the smaller the person, the lighter the adjustments. We use a variety of techniques, specifically designed for children. Chiropractic adjustments for children are gentle, easy, and eagerly anticipated. Children under care come in on a regular basis and love to get adjusted. Children under chiropractic care get healthy and stay healthy, as many of our moms would heartily concur. Chiropractic makes sense for families who want the best for their children's health. Why not see what chiropractic can do for your children today?

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## **Office Happenings and Doings**



### **Office Hours**

#### **Our regular office hours are:**

Monday: 8:30 AM to 12:00 PM ; 3:00 PM to 7:00 PM

Tuesday: 3:00 PM to 6:00 PM

Wednesday: 8:30 AM to 12:00 PM ; 3:00 PM to 7:00 PM

Thursday: Office closed

Friday: 8:30 AM to 12:00 PM ; 3:00 PM to 6:00 PM

Our emergency number is: (845) 629-9414

#### **Office closings for the summer:**

Saturday, July 13th to Tuesday, July 23rd - Office closed

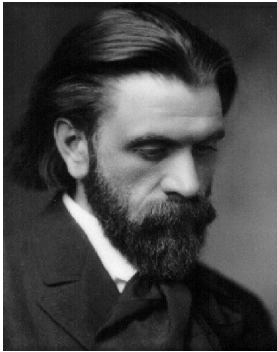
Saturday, August 10th to Thursday, August 15th - Office closed

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Just a reminder that we have office space for rent upstairs at 68 East! A great space for a massage



therapist or other small space practice, it is available immediately. As a reminder, our former massage therapist, Brenna is selling all of her equipment, including a massage table, for a great opportunity as a turnkey operation! If interested, please call Dr. Casey at (845) 629-9414.



*B.J. Palmer, Developer of  
Chiropractic*

## Words of the Founders

WE CHIROPRACTORS work with the subtle substance of the soul. We release the imprisoned impulse, the tiny rivulet of force that emanates from the mind and flows over the nerves to the cells and stirs them into life. We deal with the magic power that transforms common food into living, loving, thinking

clay; that robes the earth with beauty, and hues and scents the flowers with the glory of the air.

In the dim, dark, distant long ago, when the sun first bowed to the morning star, this power spoke and there was life; it quickened the slime of the sea and the dust of the earth and drove the cell to union with its fellows in countless living forms.

Through eons of time it finned the fish and winged the bird and fanged the beast. Endlessly it worked, evolving its forms until it produced the crowning glory of them all. With tireless energy it blows the bubble of each individual life and then silently, relentlessly dissolves the form, and absorbs the spirit into itself again.

And yet you ask, "Can Chiropractic cure appendicitis or the 'flu'?"

Have you more faith in a knife or a spoonful of medicine than in the power that animates the living world?

## Our Mission Statement

"We at CASEY FAMILY CHIROPRACTIC are committed to serving the health care needs of our community by providing the highest quality



chiropractic care possible. By educating our patients and practice members to their own inborn healing ability, we seek to make the world a better place one person at time.”

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**Kind regards,  
Dr. Brian Casey and the team  
at Casey Family Chiropractic.**



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