

2025 Brave-Knights Invitational
September 26-27, 2025 ICAC
Session Report

Session: 1A Preliminary Heats - Girls Pool

Day of Meet: 1 Starts at 03:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	1 Women 200 Medley Relay	28	4	03:00 PM	_____
Prelims	3 Women 200 Freestyle	46	6	03:14 PM	_____
Prelims	5 Women 200 IM	33	5	03:34 PM	_____
Prelims	7 Women 50 Freestyle	92	12	03:53 PM	_____
	Break: 10 Minutes:				
Prelims	9 Women 100 Butterfly	26	4	04:16 PM	_____
Prelims	11 Women 100 Freestyle	73	10	04:24 PM	_____
Prelims	13 Women 500 Freestyle	25	4	04:41 PM	_____
Prelims	15 Women 200 Freestyle Relay	27	4	05:12 PM	_____
Prelims	17 Women 100 Backstroke	58	8	05:24 PM	_____
Prelims	19 Women 100 Breaststroke	54	7	05:42 PM	_____
Prelims	21 Women 400 Freestyle Relay	27	4	05:57 PM	_____
	Swimmers Counts for Warm-ups: 208	=====	=====		
	Entry / Heat Totals:	489	68		
	Finish Time			06:20 PM	_____

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Session: 1B Preliminary Heats-Boys Pool

Day of Meet: 1 Starts at 03:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	2 Men 200 Medley Relay	30	4	03:00 PM	_____
Prelims	4 Men 200 Freestyle	39	5	03:14 PM	_____
Prelims	6 Men 200 IM	29	4	03:29 PM	_____
Prelims	8 Men 50 Freestyle	87	11	03:43 PM	_____
	Break: 10 Minutes:				
Prelims	10 Men 100 Butterfly	45	6	04:04 PM	_____
Prelims	12 Men 100 Freestyle	79	10	04:14 PM	_____
Prelims	14 Men 500 Freestyle	27	4	04:31 PM	_____
Prelims	16 Men 200 Freestyle Relay	30	4	04:59 PM	_____
Prelims	18 Men 100 Backstroke	38	5	05:11 PM	_____
Prelims	20 Men 100 Breaststroke	64	8	05:21 PM	_____
Prelims	22 Men 400 Freestyle Relay	26	4	05:38 PM	_____
	Swimmers Counts for Warm-ups: 205	=====	=====		
	Entry / Heat Totals:	494	65		
	Finish Time			06:00 PM	_____

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Session: 2 Final Heats - Saturday

Day of Meet: 2 Starts at 11:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Women 200 Medley Relay	16	2 u 11:00 AM		_____
Finals	2 Men 200 Medley Relay	16	2 u 11:06 AM		_____
Finals	3 Women 200 Freestyle	24	3 u 11:11 AM		_____
Finals	4 Men 200 Freestyle	24	3 u 11:19 AM		_____
Finals	5 Women 200 IM	24	3 u 11:27 AM		_____
Finals	6 Men 200 IM	24	3 u 11:36 AM		_____
Finals	7 Women 50 Freestyle	24	3 u 11:45 AM		_____
Finals	8 Men 50 Freestyle	24	3 u 11:48 AM		_____
Finals	9 Women 100 Butterfly	24	3 u 11:51 AM		_____
Finals	10 Men 100 Butterfly	24	3 u 11:56 AM		_____
Finals	11 Women 100 Freestyle	24	3 u 12:00 PM		_____
Finals	12 Men 100 Freestyle	24	3 u 12:05 PM		_____
Finals	13 Women 500 Freestyle	16	2 u 12:09 PM		_____
Finals	14 Men 500 Freestyle	16	2 u 12:23 PM		_____
Finals	15 Women 200 Freestyle Relay	16	2 u 12:35 PM		_____
Finals	16 Men 200 Freestyle Relay	16	2 u 12:39 PM		_____
Finals	17 Women 100 Backstroke	24	3 u 12:44 PM		_____
Finals	18 Men 100 Backstroke	24	3 u 12:49 PM		_____
Finals	19 Women 100 Breaststroke	24	3 u 12:55 PM		_____
Finals	20 Men 100 Breaststroke	24	3 u 01:01 PM		_____
Finals	21 Women 400 Freestyle Relay	16	2 u 01:05 PM		_____
Finals	22 Men 400 Freestyle Relay	16	2 u 01:15 PM		_____
	Swimmers Counts for Warm-ups: 279	=====	=====		
	Entry / Heat Totals:	464	58		
	Finish Time			01:23 PM	_____