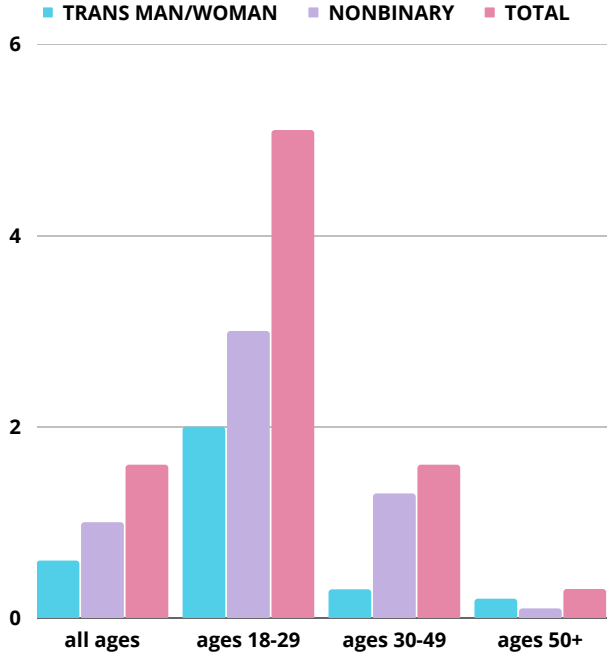


CURRENT STATISTICS

About 5% of young adults (18-29) say their gender is different from their sex assigned at birth.



Based on a Survey of U.S. adults conducted May 16-22, 2022
PEW RESEARCH CENTER

500+ Dangerous bills affecting LGBTQ+ Americans

Anti-Trans/LGBTQ+ bills proposed/passed in U.S. state legislatures from Jan. 2023 to May 2023.



LGBT IDENTIFICATION 7.1%

of U.S. adults who self-identify as lesbian, gay, bisexual, transgender or something other than heterosexual and cisgender.



These bills:

- Remove access to life saving medical care and support services.
- Threaten to separate trans kids from their parents and trans parents from their kids.
- Criminalize transgender people's use of public restrooms.
- Bans drag (an art form) with children present and/or in public places such as Pride parades.

HATE CRIMES:

17% are sexual orientation motivated.
23% are gender identity-based.

1 OUT OF 5 Gen Z (Born 1997-2003) self-identify as LGBTQ+

DID YOU KNOW?

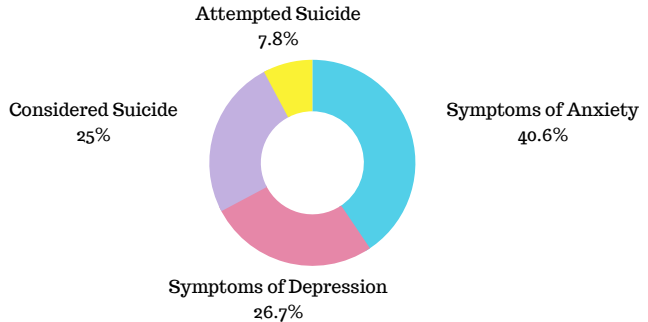
Gender identities do not correlate with sexuality. Your gender identity is about who you are as a person. Your sexuality is about your sexual feelings, attractions and behaviors towards others.

Gender Affirming Care

can mean the following depending on the individual.

- Using preferred pronouns and name
- dressing authentically
- talk therapy
- hormone therapy
- in some cases, only for adults, surgery

Trends in LGBTQ+ youth mental health & suicide risk from 2022



<https://www.thetrevorproject.org/survey-2022/>



HOW YOU CAN HELP!

- **The first step to becoming an ally is to learn more. Check out our QR code to gain access to our most frequently asked questions and other resources on the website.**
- **Help to educate others around you. Speak up for the LGBTQ+ community when you can.**
- **Know the platform of the person you plan to vote for and call your local and state representatives to find out what they are doing concerning LGBTQ+ rights.**

contactus@True2bu.org

CONTACT US

True2bu.org



@TRUE2bu



@TRUE2bu

Friendly Tips!

- If you are not sure about someone's gender identity or preferred pronouns, offer your own pronouns and then ask them theirs. Individuals would rather be asked than be misgendered.
- Do not ask them or their families personal questions about their sex life or body without invitation.
- If someone shares with you their identity, for their safety, don't share their story without their permission.



T.R.U.E. is an organization started by four families in N.J. whose mission is to support Transgender and Non-binary individuals and their families. Educating the public about issues related to LGBTQ+ community is the primary goal.

Who are Transgender/ Non-binary People?

Transgender people are individuals whose gender identity does not align with the sex they were assigned at birth. Non-binary people are individuals whose gender identity does not fit within the traditional binary of male and female. Both groups face unique challenges and discrimination but are valid and deserving of respect and recognition.