



Dear SNOA Members,

As we race toward the conclusion of another school year, we are very aware of the activity across the state regarding teachers' efforts to improve teacher compensation and advocate for the restoration of educational funding that was lost during the recession. I know we all support the efforts of K-12 education and appropriate funding.

We respect and honor our teachers, nurses and staff for their participation in statewide efforts to bring attention to the need for increased funding for public education. We appreciate that these efforts, including peaceful walk-ins at some district schools, have kept student learning as the top priority by not disrupting teaching and learning. As nurses, we are essential personnel and it is our primary responsibility to provide nursing services to support a healthy, safe environment.

Our Nurse Practice Act is clear regarding walking away from your patient without giving a report to another professional to assume care. This would be "abandoning" our patients. Therefore, we walk a fine line between supporting our teachers and our responsibility to our students.

SNOA support our employees' rights as citizens to request the desperately needed funding for meaningful teacher and support staff pay raises. We urge the state legislature to work on behalf of Arizona's children and families, and to develop a viable plan to better compensate teachers and support staff by increasing funding for public education.

We appreciate our dedicated employees who continue to focus on meeting the needs of our students and community.

Don't forget to celebrate National School Nurse Day, Wednesday, May 9<sup>th</sup> !!

Respectfully,  
Nadine



**Nadine Miller**  
**SNOA President**  
**Partners in Health and Education**



Coming Soon.....

## The School Nurses Organization of Arizona 31<sup>st</sup> Annual School Health Conference

*“Powering our Future through our Actions of Today, Promoting School Health for Academic Success.”*

**SNOA in Collaboration with ADE is providing an educational training module designed specifically for school nurses, health assistants, and health aides in providing optimum care for children in Arizona schools.**

**Date & Time:** Friday, June 15<sup>th</sup> and Saturday, June 16<sup>th</sup> from 7am-4:30pm

**Place:** Desert Willow Conference Center, 4340 E. Cotton Center Blvd.  
Phoenix, AZ 85040

For more information and to register go to the [SNOA.org](http://SNOA.org) website



### **April is Child Abuse Awareness month**

The film [Building Community, Building Hope](#) highlights three innovative programs working to prevent and respond to child maltreatment by engaging parents and communities and forming the partnerships needed to ensure the safety and well-being of all children and families.

-Access the supplemental discussion guide and additional resources on the [National Child Abuse and Neglect Technical Assistance and Strategic Dissemination Center \(CANTASD\) website](#)

### **May is Mental Health Awareness Month**

According to Mental Health America, this year’s theme is #4mind4body. It will address how what we do physically impacts us mentally. Calling attention to how investing in our physical and mental health can help us achieve our overall wellness. As part of this month’s activities MHA will cover topics like

- The connection between gut bacteria/flora and mental health
- The role of inflammation in the development of mental health disorders
- The preventative and recovery promoting aspects of physical activity
- How nutrition and food can affect mental performance and mood.

Sources: [www.mentalhealthamerica.net](http://www.mentalhealthamerica.net)

### **Know the Signs of Depression in Teens:**

According to information from Mental Health America, school health professionals and parents should be on the lookout for these symptoms in teens that last more than two weeks:

- Poor performance in school
- Withdrawal from friends and activities
- Sadness and hopelessness
- Lack of enthusiasm, energy or motivation
- Anger and rage
- Overreaction to criticism
- Feelings of being unable to satisfy ideals
- Poor self-esteem or guilt
- Indecision, lack of concentration or forgetfulness
- Restlessness and agitation
- Changes in eating or sleeping patterns
- Substance abuse
- Problems with authority
- Suicidal thoughts or actions.

Source: [www.mentalhealthamerica.net](http://www.mentalhealthamerica.net)

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**NASN Corner:**

NASN Delegate, Mary Freeland

**Mark your Calendars!**

**National Association of School Nurses 50th Annual Conference**



**Where:** Baltimore, Maryland  
**Place:** Marriott Waterfront Hotel  
**When:** June 30 -July 3, 2018  
(preconference June 29, 2018)

Go to [NASN.org](http://NASN.org) to find more information

**Learners will be able to:**

- Incorporate the principles of the Framework for 21st Century School Nursing Practice™ into daily practice to advance student and population health.
- Identify school nursing trends that have evolved over the last 50 years of NASN.
- Apply evidence-based best practices that promote student health, academic success and healthy school communities



**Get trained on Stopping Life-threatening Bleeding.....**

Join us at the *31st Annual School Health Conference* for hands-on learning for **Stop the Bleed** with Dr. Sydney Vail M.D., F.A.C.S. – Maricopa Medical Center, Dept. of Surgery; Division of Trauma, Surgical Critical Care and Tactical Medicine.



**With the weather heating up, remember.....Take action steps for sun safety**

- \*Do not burn
- \*Generously apply sunscreen
- \*Wear protective clothing
- \*Check the UV index
- \*Seek shade
- \*Stay well hydrated
- \*Get vitamin D safely
- \*Avoid sun-tanning and tanning-beds

**Source:** [action-steps-sun-safety](http://action-steps-sun-safety)

American Academy of Nursing Releases Policy Brief on:

***‘Vital Role of the School Nurses in Ensuring the health of our nation’s youth’***

***“School Nurses provide an essential link between health and education, and their importance to every student in every school should be financially supported by both health and education dollars. Ensuring every school has at least one full time nurse provides unparalleled opportunity to improve the health and well-being of our youth, their families, and our communities.”***

-American Academy of Nursing President Karen Cox, PhD, RN, FAAN

School Nurse

For more information [aan.org](http://aan.org)

