



School Nurses Organization of Arizona
Partners in Health and Education



SNOA Annual Summer Conference is Postponed to June 2021

Dear SNOA members and school healthcare providers,

I hope this message finds you well and focused on caring for yourself and your family during this public health crisis that has so profoundly impacted every aspect of our life, including the education of our students.

More than ever, the statement “student and staff safety is our first priority” stands at the forefront of every decision. There is a lot of information coming at you right now. We're here to make it easier. SNOA has compiled some resources you need to empower yourself through the latest research and developments, free webinars, and tools to help you care for your patients - and yourself during this difficult time.

I know we are all having our own personal struggles with some of the end of the year closure, with graduations and the usual celebrations. Hopefully your schools are connecting with all of you to provide support. We are all going to get through this together.

March 6th - School Nurse Day Theme: Supporting Students in Times of Crisis

This year's theme – School Nurses: Supporting Students in Times of Crisis – reinforces the changing times of 2020. This year, more than ever, all members of our school communities, school nurses included, have been required to take on unprecedented roles and adapt quickly to changes in their jobs.

We celebrate and honor the significant role school nurses play in the health and safety of their schools and communities during this crisis.

Be safe, stay healthy, stay connected.



Nadine Miller
SNOA President-Partners in Health and Education

CDC-Coronavirus info from CDC.gov

Know how it Spreads:

- There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19).
- The best way to prevent illness is to avoid being exposed to this virus.
- The virus is thought to spread mainly from person-to-person.
- Between people who are in close contact with one another (within about 6 feet).
- Through respiratory droplets produced when an infected person coughs, sneezes or talks.
- These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.
- Some recent studies have suggested that COVID-19 may be spread by people who are not showing symptoms.

More details: [How COVID-19 Spreads](#)

Wash/Sanitize your hands often!

- Clean your hands often
- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- Avoid touching your eyes, nose, and mouth with unwashed hands. CDC.gov
<https://www.cdc.gov/handwashing/when-how-handwashing.html>

<https://youtu.be/dDHJW4r3eIE>

<https://youtu.be/iN86StMAtsU>

<https://youtu.be/T98gqC-yanU>

Avoid close contact

- Avoid close contact with people who are sick
- Stay home as much as possible
- Put distance between yourself and other people.
- Remember that some people without symptoms may be able to spread virus.
- Keeping distance from others is especially important for people who are at higher risk of getting very sick. CDC.gov

<https://youtu.be/KXUT62G-lcU>

Cover your mouth and nose with a cloth face cover when around others

- You could spread COVID-19 to others even if you do not feel sick.
- Everyone should wear a cloth face cover when they have to go out in public, for example to the grocery store or to pick up other necessities.
- Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
- The cloth face cover is meant to protect other people in case you are infected.
- Do NOT use a facemask meant for a healthcare worker.
- Continue to keep about 6 feet between yourself and others. **The cloth face cover is not a substitute for social distancing.**

<https://youtu.be/GDDDz89EhSU>

<https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html>

<https://youtu.be/-NHDnpTmUjo>

<https://youtu.be/fPrYN0C3Kvw>

<https://www.youtube.com/watch?v=QtNZZWLdoeo>

In the interest of safety and uncertainty, the School Nurses Organization has decided to move our 33rd annual conference to next June 2021

(Which I guess would then make that the semi-annual conference)



Please refer to SNOA.org as we will be posting details and information as we confirm and coordinate information.



 School Nurses Organization of Arizona

“Being a Voice at the Table: Supporting School Health & Safety”

Cover coughs and sneezes

If you are in a private setting and do not have on your cloth face covering, remember to always cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow. Throw used tissues in the trash.

Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.

<https://youtu.be/sLXzw6j9JVw>

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

Clean and disinfect

Clean AND disinfect frequently touched surfaces daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks. If surfaces are dirty, clean them. Use detergent or soap and water prior to disinfection. Then, use a household disinfectant. Most common EPA-registered household disinfectant external.

*Schools should follow District cleaning and facilities guidelines related to this unique situation.

Hello!

As a school nurse, families rely on you for information to keep their children safe. While students aren't directly in your care right now, you know it's important for you to keep learning so you're ready to provide the best care when school is finally back in session. Due to the intense demands on medical personnel right now because of the coronavirus pandemic, we have decided to move our next RN to MSN cohort to the August 17, 2020 term. However, students who intend to enroll in the August RN to MSN term are encouraged to begin with general education classes with the May 18, 2020 term. **PLUS, you will still receive one of 15 half-tuition scholarships and may use the scholarship toward those general education classes. The bottom line: You can earn a BSN and MSN for less than \$10,000. Read all the details here. One more bonus: Students who apply by May 6 and enroll by May 8 will have their application fee credited toward their first-term tuition. That is a savings of \$50!** If you or any associate degree nurses you know might benefit from this accelerated program – and want to take advantage of this scholarship opportunity and early application fee credit – please feel free to share this email with them in time to apply for our May 18 term.

Know someone who could benefit from the scholarship? Contact Janet Miller (apply below)



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