



School Nurses Organization of Arizona
Partners in Health and Education



Dear SNOA members and school healthcare providers,

I know that many of us are glad to see 2020 leaving and hoping that 2021 will bring more “normal” back to our schools. We are wishing all of you a healthy safe Merry Christmas and a Happy New Year. Thank you for all you do and take care of yourselves over the break.

Many have been wanting more professional development during this time when students may be on virtual learning. Here is some resources from Az Dept of Education

Free Suicide Prevention Training for Arizona Educators! All staff need to have a qualified class every 3 years:

Suicide Prevention Training through Project AWARE - updated webpage:

<https://www.azed.gov/wellness/projectaware> (English and Spanish) and also a section for parents

Informational Video about the Suicide Prevention Legislation, ARS 15-120:

<https://www.azed.gov/wellness/2020/07/13/ars-15-120-for-admin>

Free Course on Well-being: <https://www.coursera.org/learn/managing-emotions-uncertainty-stress>

Managing Emotions in Times of Uncertainty & Stress - Offered by Yale University. Developed by the Yale Center for Emotional Intelligence, Managing Emotions in Times of Uncertainty & Stress will provide participants with the knowledge, skills, and stress..... (there is a fee if you want a certificate) - This is not a qualified class but it is very well done. It is also a full class about 8-10 hours.


**Coursera also has a Covid contact tracing class that is good.

Vaping.ClinicalEncounters.com. You and your colleagues are welcome to take the three trainings that are completed already on that website. They are free of charge.

Peace,
Nadine



Nadine Miller
SNOA President-Partners in Health and Education



*Give your hands
To Serve
And your hearts
To Love*

Mother Teresa

Things to know about the pre-screening: per the Maricopa County Public Health Partner in Health Letter

-COVID-19 vaccine will be available to Phase 1A individuals by appointment only, and completing this [pre-screening survey](#) is required to make your appointment.

-Long term care residents/staff are mostly being vaccinated through a federal pharmacy vaccine program.

-You will be asked to provide your employee ID or other ID (such as a driver's license number) as part of the screening process. This will be used for identification purposes only.

-COVID-19 vaccines are free; however, insurance information will be requested during appointment scheduling so that an administration fee can be billed to insurance if you are insured. There will be no out-of-pocket costs requested during your appointment time and you should not receive a bill.

-Priority will be given to those who meet exposure and risk thresholds. You will be notified when vaccine is available to you. The process may take several days, so please be patient while you await your notification.

Any healthcare provider who provides direct patient care of any type (including environmental services and laboratory workers) will be included in Phase 1A.

If you are determined to be eligible for vaccine in Phase 1A, you will receive a notification with details on where and how to set up an appointment.

-Healthcare providers who do not provide in-person, direct patient care (administrators and telemedicine providers) will be included as essential workers early in Phase 1B but are not eligible for vaccine in 1A since they are not at increased risk of exposure in their work.

-The information collected in this screening tool will only be accessed by MCDPH and will not be shared outside of public health.

-Vaccination sites for healthcare workers will not be open for an extended period of time, so we encourage you to sign up today or you may have to wait until later phases.

If you have any questions regarding COVID-19 vaccine pre-screening or need help filling out this form, please email COVID19prescreen@maricopa.gov

Still deciding if you want to get the vaccine? Take a look at [Maricopa.gov/COVID19vaccine1A](https://maricopa.gov/COVID19vaccine1A) and please complete the [prescreening survey](#). The survey does not commit you to getting the vaccine, and after you complete it, you will receive more information about how and when you can get the vaccine.

On behalf of Marcy Flanagan, Executive Director of MCDPH and myself, we thank you for your support of Public Health.

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COVID-19 Tests

Test	PCR Test	Antigen Test	Antibody (serology) Test
Looks For	Pieces of SARS-CoV-2 in the nose, throat, or other areas in the respiratory tract	Pieces of proteins that make up the SARS-CoV-2 virus in the nose and throat	Antibodies (formed by the blood to fight off infections) against SARS-CoV-2
To determine if	There is an ACTIVE infection	There is an ACTIVE	There was a PAST Infection
Common ways to test	Nasal or throat swab	Nasal or Throat swab	Blood sample

County Health Department COVID-19 links

[Maricopa County](#)
[Pima County](#)
[Pinal County](#)
[Yavapai County](#)
[Cochise County](#)
[Coconino County](#)
[Gila County](#)
[Greenlee County](#)
[La Paz County](#)
[Yuma County](#)
[Mohave County](#)

Masks versus Face Shields

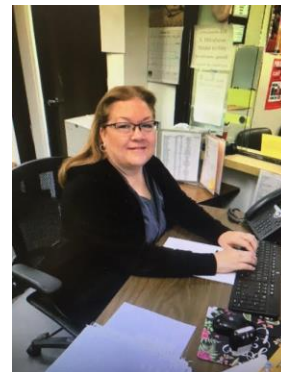
<https://news.ltu.edu/health-wellness/face-masks-versus-face-shields-which-one-better>

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover-guidance.html>

<https://www.hopkinsmedicine.org/health/conditions-and-diseases/coronavirus/coronavirus-face-masks-what-you-need-to-know>

NASN Corner:

We would like to take a few minutes to Thank Mary Freeland, our outgoing NASN Delegate. She has worked and represented Arizona and us in a wonderful light over the last five years in this role! Mary will also be moving on to a new career path (still in nursing) at the end of this school year. If you see this wonderful woman aroundGive her a special Thank you.



Taking over the reins and transitioning from our Vice President role will be Sarah Portle. Sarah is with Tempe School District and is eager to assume this new role.