



# SCHOOL NURSES ORGANIZATION OF ARIZONA

PARTNERS IN HEALTH AND EDUCATION

## **Mission: The School Nurses Organization of Arizona (SNOA)**

is a 501 (c)(3) non-profit organization, which advocates for and supports the health and educational success of Arizona's children by promoting the advancement of professional school nursing. Our goal is interactive leadership and the provision of educational opportunities.

## **NASN definition of a School Nurse**

**"School nurses, grounded in ethical and evidence-based practice, are the leaders who bridge health care and education, provide care coordination, advocate for quality student-centered care, and collaborate to design systems that allow individuals and communities to develop their full potential." Adopted by the NASN Board of Directors February 2017.**

## A MESSAGE FROM OUR PRESIDENT



Hello SNOA Members and Friends!

Here we are winding down our first semester already. I hope it went well for you and as fast for you as it was for me!

I wanted to announce our save the date for our 36th annual SNOA SUMMER CONFERENCE! The dates will be June 12-13 at Desert Willow Conference Center in Phoenix. We cannot beat the price and food, so it's at the same place as last year! The theme for this event is "Protect Your Practice: Emergency and Legal Preparedness".

You'll hear about documentation, emergency response planning, there will be a lawyer, some dental trauma, and much more! We will also be honoring a School Nurse of the Year, so look out for instructions on how to nominate someone! Registration will open in January. We hope to see you there!

Have a safe and restful holiday season!

Thank you,

Lisa Alexander, BSN, RN, NCSN

Lialexander@pusd11.net

# Important Upcoming Events for 2024-2025 School year

## 2025 Annual Arizona Immunization Conference, Immunizations

Where Every Move Counts

**Location:** Mesa Convention Center, Mesa, Arizona

*The 2025 Annual Arizona Immunization Conference provides a rich interactive experience for the participants, speakers, and exhibitors. This one-of-a-kind event has helped those supporting immunizations get to know Arizona vaccine resources, better understand vaccine confidence challenges and leave the conference encouraged by vaccine success stories from around the state.*

*Join over 500 attendees at the 2025 Immunization Conference.*

### Who should attend?

Physicians, pharmacists, nurses, administrators, educators, immunization stakeholders, public health advocates, and other providers from the public and private sectors who are interested in learning more about current immunization issues and strategies. [More Information Here](#)



## 36th annual SNOA SUMMER CONFERENCE!

Protect your Practice: Emergency and Legal Preparedness

Date: June 12th 7:00am-4:00pm

June 13th 7:00am-5:00pm

Location: Desert Willow Conference Center

4340 E Cotton Center Blvd, Phoenix, AZ 85040

Registration to come!



## NASN's 57th Annual Conference

In-Person | June 26 - June 29, 2025 | Austin, Texas

Virtual | July 7 - 9, 2025 | Online

# Current School Nurse Openings



## **Apply here**

Positions for School nurse and support staff available.



## **Apply Here**

2023-24 School  
Nurse/Health assistant



## **Apply here**

2024-2025  
Contract Registered Nurse



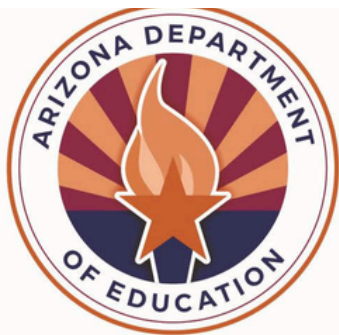
Chino Valley Unified School district is looking for RN's for 2024-2025 School Year. **Apply here**



FUSD is hiring elementary school nurse positions for the 2024-2025 school year. Positions are open at Marshall Elementary and Killip/Thomas elementary schools. **Apply here**



PVSD is hiring for School Nurses/Health assistants and substitutes. **Apply here**



## ARIZONA DEPARTMENT OF EDUCATION

The Arizona Department of Education's School Safety and Social Wellness Unit is excited to announce the launch of our new listserv dedicated to school-based mental health professionals (school psychologists, school counselors, school social workers, and school nurses). This platform is designed to foster communication, collaboration, and resource sharing among professionals committed to supporting the mental health and well-being of students.

By joining this listserv, you will:

1. Receive updates on the latest research, best practices, and information related to the field of school mental health.
2. Access a wealth of National and Arizona-specific resources and opportunities, including training opportunities, webinars, and conferences
3. Connect with fellow mental health professionals to share experiences, strategies, and support.

Please join the listserv by clicking [here](#). In addition, please share this information with those who will find this beneficial. We look forward to building a strong, safe, and supportive community of school-based mental health professionals with you!

Samantha Reeves, MPH | School Health and Wellness Specialist  
School Safety and Social Wellness | Project AWARE  
AZ Educator Leadership Division  
Arizona Department of Education  
Office: 602.542.1442

# SCHOOL NURSE HIGHLIGHTS

*Haylee Moore, BSN, RN NCSN*



## **What is your role in school nursing and how long have you been a school nurse?**

This is my 6th year as a school nurse. I am currently working for American Leadership Academy as a School Nurse for their new Mesa North location (off Thomas/Recker in N. Mesa). I am in charge of pre-K through 12th grade. My office is at the 7-12 high school. I have a Health Aide at the Elementary and as we grow, I will have one at the high school as well and I will oversee and go back and forth (across the parking lot) as needed.

## **What leadership opportunities do you feel you have been involved in and how have they helped your practice?**

I served as the wellness ambassador for my school for 2 years. I was able to make wellness fun for our staff and rally them to "have fun" together working on wellness. I was the Wellness Champion of the year in 2023 and 2024 for Mesa Public Schools and proudly have the plaques on my wall. As a result of this, I have incorporated wellness not only into my life – but into who I am. It helped me to decipher which things give me the "self-care" that I need to stay mentally in the now and to be the best nurse I can.

I also helped begin a group of junior high/high school nurses that met up every 1-2 months to discuss an article from NASN School Nurse or the Journal of School Nursing. We would meet for 1-2 hours and discuss the article and other issues/concerns we were seeing at our schools. From this group, incredible friendships/collaborations were formed. So fulfilling. I learned so many things from other women facing the same things as I was every day. Many of which have truly shaped me as a nurse and have definitely shaped the way that I nurse each day as well as made me more efficient.

## **What do you love about school nursing?**

I love feeling like I really make a difference. I love the relationships built with the students and families and feeling like I can "teach them how to fish – not just give them a fish" in many medical realms. Simple things like how much water to drink every day, what a "healthy meal" is (hint: no hot cheetos), etc are very basic – but not always taught at home.

## **What are three qualities of a good school nurse?**

1. Observative – so much can be observed before you even find out/type in a student's name
2. Collaborator – Building relationships with colleagues, students and staff is essential to be successful. We all go about this differently – there is no right way. Find ways to connect.
3. Trust your instincts

## **What expertise would you share with a new school nurse?**

Don't be afraid to say no to students who shouldn't have been sent to your office. Teachers won't fully understand your expectations unless you reinforce them often. Quick email or text: hey, FYI this student didn't need to come see me. Give the teachers the ability to tell the students no. They don't know your boundaries if you don't share them. Teachers understand boundaries – they are reinforcing them with students in every class. If your office begins to get crazy busy – send an email to the teachers and ask them to "tighten the reins". They often do not fully understand what we CAN do in our office. Don't be afraid to share your limitations with them. AKA – I really can only give ice or Tylenol – I don't have allergy meds. Don't assume they know your role – they don't.

## **What is your most memorable school nurse moment?**

I worked with a jr high school diabetic student for 2 years. Her home situation was especially difficult, and nothing was being done at home for her diabetes – so we were trying to "help manage it at school". I was able to work closely with her endocrinologist and over time we were able to take care of it fairly well at the school level. CPS eventually removed the student from the home and the day she left was really hard. 3 months later, the endocrinologist called me and told me that the student had given her permission to call and let me know how she was doing. For the first time – her diabetes was under control, and she was off insulin and thriving. It was a moment/situation that I will never forget. Her name will forever be etched in my mind, and I smile inside whenever I think of her.

**Thank you, Haylee for inspiring others through your service in various ways to improve school nursing in Arizona!**





# ARIZONA DEPARTMENT OF EDUCATION

**The Arizona Department of Education is excited to announce the FY25 Arizona School Nurse Workforce and Equipment Grant! This grant provides funding to support the needs of health office staff for safe and supportive schools that foster student academic success and support COVID-19 response and recovery efforts.**

**The application is open to K-12 Arizona public school districts or charter schools to request funds to support the purchase of health office equipment necessary to perform the duties of the health office position and/or invest in health office workforce development activities to augment school-based healthcare.**

**Allowable use of funds may include, but is not limited to:**

**Equipment for the school health office**

**Health office supplies (stop the bleed kits, PPE, items for emergency go bags).**

**Funds to support professional development and training opportunities (conferences, train the trainer opportunities, related training curriculum in school nursing, mental health, emergency preparedness, or other related topics, NASN books, etc.).**

**Staff time to receive workforce development if it occurs outside of contract hours.**

**Conference registration and travel fees, related to the school nurse profession.**

**Professional state and national memberships.**

**MORE INFO**  
**CLICK HERE**

Samantha Reeves, MPH | School Health and Wellness Specialist  
School Safety | Bright Futures | Project AWARE | School Nursing  
AZ Educator Leadership Division  
Arizona Department of Education  
Office: 602.542.1442



The Arizona Department of Education continues to fill requests to distribute Narcan kits to school communities. We ask that education agencies interested in receiving Narcan kits complete the Narcan Request Form. Please review the distribution memo and flyer for additional information and to learn more about the request process. Please note that all requests must be for the school district and must have final approval from the district superintendent/executive director.

## Statewide Narcan® Distribution for Arizona K-12 Schools

The Arizona Department of Education is taking requests to supply schools in the state with emergency life-saving medication for suspected opioid overdoses.

- Complete the [Narcan Request – District/Charter Information Form](#) if your education agency is interested in submitting a formal request.
- District/charter approval required for all requests.
- Request must be representative of all individual sites within the educational agency.

Statewide distribution will occur at pre-identified locations in each of the 15 counties.

- Only those designated on the request may pick the order up on the LEA's behalf.

Email the [STOP-IT inbox](#) with questions.

How will schools be notified that the request period is open?

- Education agency leaders will receive a [memo](#) from ADE Communications with additional information on the distribution and the link to request.
- To expand the distribution's reach, please forward this flyer to your agency leader.

*ADE thanks the Arizona Department of Health Services and Arizona Health Care Cost Containment System for their partnership to provide Narcan® kits to schools throughout Arizona!*



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The Anthony Bates Foundation



Early Detection Saves Lives!



**Heart screens every  
2 years reduces  
chances of Sudden  
Cardiac Arrest (SCA).**



**Anthony Bates  
Foundation (ABF)  
teams have  
screened 1.6+  
million people,  
saving over 32,000+  
lives!**



~ 60 students fill a school bus

**That is how many kids  
die daily in the U.S. from  
SCA. Don't let your  
children become a  
statistic -  
Get Screened Today!**

Cost Effective Screening



**The Anthony Bates  
Foundation:  
Fast; Easy; Affordable;  
Heart Screenings for  
kids and adults.**

ABF Appointment Page



**Scan this QR code to  
make an appointment  
today, visit the  
webpage  
(www.AnthonyBates.org  
/appointments) or call  
602-482-5606**

www.AnthonyBates.org

602-482-5606

Disturbing shocking news is trending in today's media. I'm sure you haven't escaped the horror stories about young athletes dropping dead on the playing fields in large cities and small towns across the U.S. Every three days, another high school athlete suffers a deadly Sudden Cardiac Arrest (SCA) in America. A recent EMS journal estimates that 23,000 youth suffer an SCA every year in our country. What's worse is that less than 10% survive out of hospital SCA; approximately 60 children die every single day of the year! That's a full school bus of kids wiped out, devastating parents, families, communities, and schools.

### **Warning signs of heart disease in young people, including kids:**

- Chest pains
- Dizziness, light-headedness, fainting
- Racing heart or heart palpitations
- Shortness of breath
- Fatigue

### **Protect children and staff in your schools:**

- Does your school have an AED (automatic external defibrillator)?
- Do they have an emergency plan for a Sudden Cardiac Arrest (SCA) on campus?
- Are there trained personnel always on campus in case of a SCA?
- Where is the AED?
- Is the AED publicly accessible?

Through the creation of the Anthony Bates Foundation (ABF) in 2002, we have become the leader of cardiac screening programs for kids in the U.S. Our relentless work is now recognized all over the globe.

We have provided 20,000 echocardiograms (ultrasounds) and as many ECG (electrocardiograms) for youngsters. Our data show almost 15% of the young people screened have undiagnosed heart problems.

Of those, 3% can be considered "Possible Life-Threatening (PLT)" issues. We have saved over 650 lives, and these families are now experiencing peace of mind and joy instead of drowning in remorse and guilt over the death of a beloved, irreplaceable child.

Almost half of the reported deaths in this country are related to the heart condition, HCM, Hypertrophic Cardiomyopathy. This genetic condition causes the heart to become abnormally and catastrophically enlarged. Dr. Barry Maron, America's leading HCM Heart Specialist, reports that 1 in 250 people have HCM. A population of 342 million equates to over 1.4 million afflicted! Young athletes with undetected heart abnormalities are at high risk of experiencing an SCA that could lead to their death.

**EARLY DETECTION OF THIS SPECIFIC HEART CONDITION AND MANY OTHER CONDITIONS CAN OFFER LIFE-SAVING ALTERNATIVES.**

## PROJECT ADAM AND SMART HEART SPORTS COALITION LOBBYING DAY



We know this season can be busy but wanted to share the email below for an opportunity to lobby the state legislators on January 16, 2025. Last year the American Heart Association along with the NFL proposed a bill to require Cardiac Emergency Response Plans (CERPs) and AEDs in all Arizona schools. Our efforts on this lobbying day are to help get support for the bill to be heard during this year's legislative sessions. These organizations want parents and school nurses to help them explain and put faces behind the cause.

### **Register TODAY! Join us at the Capitol to help create a healthier Arizona!**

We would love for you to join us at our 2025 Arizona Heart at the Capitol Lobby Day on January 16th! We are inviting advocates from all across Arizona to join us in Phoenix to come together for a day of learning and advocacy. We will kick-off the day with some training sessions around our policy priorities followed by meetings with your Senator and Representatives, then return to Wesley Bolin Memorial Plaza for lunch and time to spend with lawmakers from across the state. There will also be an exciting opportunity to learn Hands Only CPR and share the importance of these lifesaving skills.

No previous advocacy experience is necessary so come excited to learn and make a difference in the health of our state!

#### **Details:**

##### **WHEN:**

**January 16th, 2025 at 8:00am - 3:00pm**

##### **WHERE:**

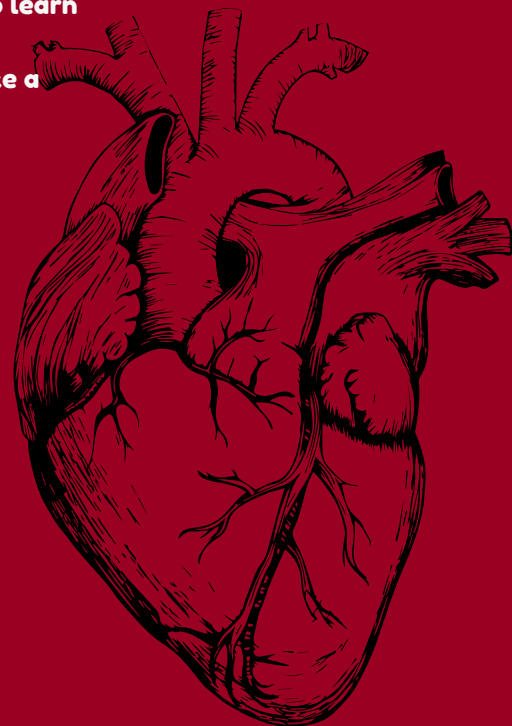
**Wesley Bolin Memorial Plaza  
1700 W Washington St  
Phoenix, AZ 85007  
United States**

**Google map and directions**

**[Sign up here](#)**

#### **CONTACT**

**Kami Sutton-Hieronimus · [kami.sutton@heart.org](mailto:kami.sutton@heart.org) · 206-336-7244**





# ENGAGEMENT OPPORTUNITIES

American Lung Association



## Reducing the Lung Health Burden of the Climate Crisis Involvement Opportunities

### Lung Health and Air Quality Stakeholder Committee

We are a diverse, multi-disciplinary partnership of agencies, organizations and individuals in Phoenix concerned with lung health who are committed to sharing mutual expertise and resources in addressing and reducing the burden of unhealthy air quality in Phoenix. The Stakeholder Committee serves as a catalyst to improve the health and quality of life for all persons in Arizona through awareness, advocacy, education, and collaboration.

The Stakeholder Committee will meet virtually for 50 minutes once per month starting in June 2024. We request a commitment of 12 months, with an option to continue in this role.

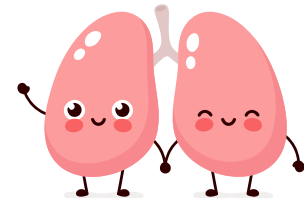
### Education Collaboration Opportunities

Funding will be awarded to community organizations and healthcare providers that can provide educational presentations and disseminate program materials to patients with lung disease and their caregivers. Award amounts will vary dependent on the audience reached. Optional activities include:

- Educate patients with lung disease and their caregivers utilizing the Lung Association's *Poor Air Quality Impacts Lung Health* 30-minute curriculum in a live setting, ensuring participants complete the short survey at the end. (\$1,000-\$2,500)
- Utilize existing communication channels to reach individuals with information on how to reach the American Lung Association's Lung Health Navigator. (\$500)
- Participate in a 30-minute post agreement informant interview with a third-party evaluator. (\$500)
- Distribute air quality sensors within your targeted population and follow up to make sure they are plugged in and turned on. (\$1,000-\$3,000)

For more information, please contact [Emily.Reising@lung.org](mailto:Emily.Reising@lung.org).

### Quality Improvement Projects



[Click here for more resources](#)

The American Lung Association is collaborating with health systems in Maricopa County to implement quality improvement projects that help reduce the impacts of poor air quality on people with lung disease. Stipends of varying amounts will be available to partnering health systems. Quality improvement objectives include:

- Improving communication about air quality between providers and patients.
- Increasing access to lung health resources for patients and their caregivers.
- Reducing emergency department visits of patients with lung disease.

We would love to hear from you and set up an introductory meeting about this opportunity. For more information, please contact [Maddie.Blair@lung.org](mailto:Maddie.Blair@lung.org).



# Clean School Bus Program Rebates Available from EPA

Does your school district have diesel school buses that were manufactured before 2010? If so, your students are exposed to air pollution from the unburned components of the diesel fuel. Here is information on how school districts can apply to EPA for rebate funding to purchase clean school buses.

The 2024 Clean School Bus Rebate Program is accepting applications through January 9th, 2025, at 4PM ET. The EPA anticipates awarding up to \$965 million to fund new, zero-emission and clean school buses!

Please share this information with your school administrators and school boards.

**[Check Out Information  
Here](#)**



SCHOOL

Thank  
you!

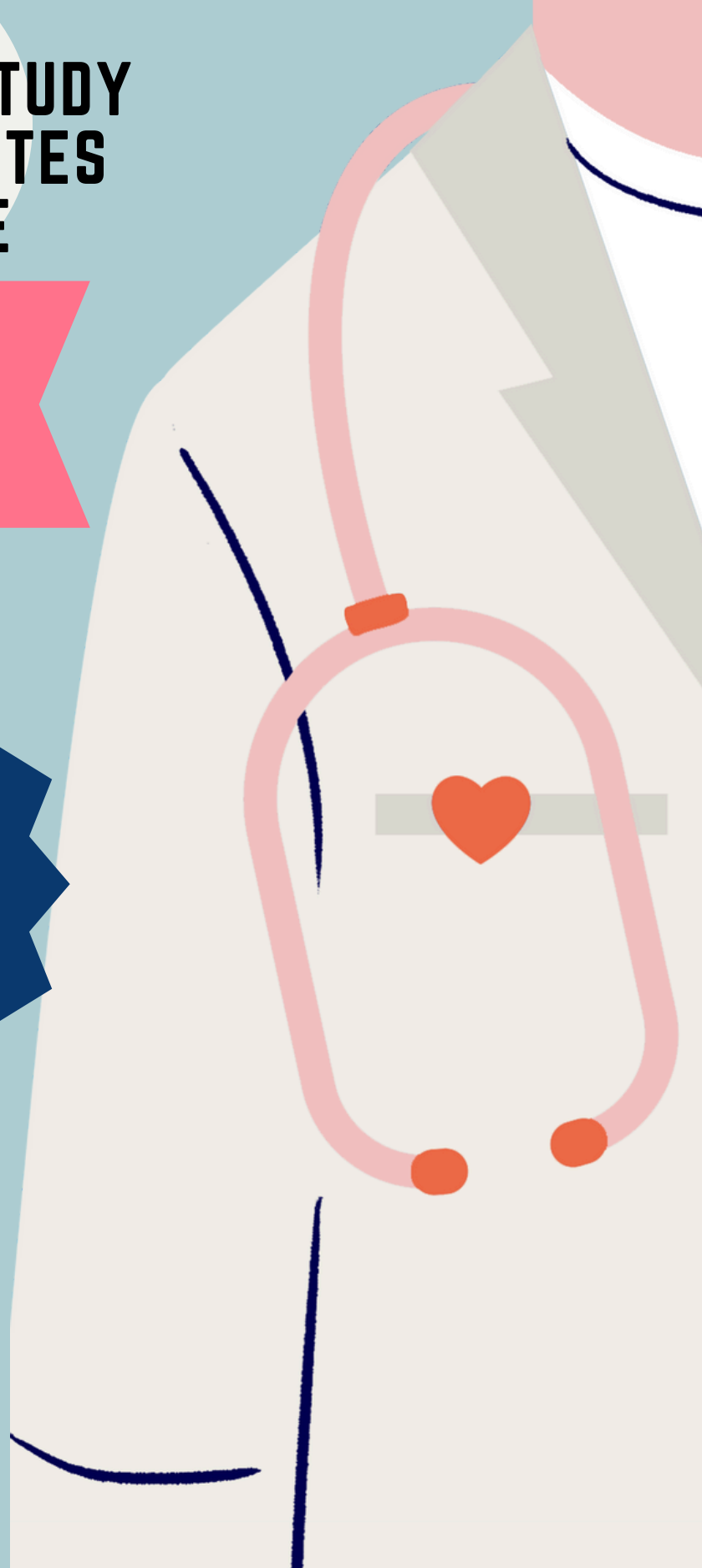


# NASN PILOT STUDY TYPE 1 DIABETES RESOURCE

## FREE STATE SPECIFIC CURRICULUM

Made possible by:  
The Leona M. & Harry B.  
Helmsley Charitable Trust  
Grant #2302-06680

The heart of this living document contains information about how diabetes care in schools looks in ARIZONA as of MARCH 24, 2024, based on information provided by a group of individuals in your state dedicated to aspects of improving diabetes care and improving school health, with a focus on resources and structures most relevant to a school nurse.



CURRICULUM FOUND ON THE SNOA WEBSITE [PRESS HERE](#)

# RESOURCES

## Healthy Kids AZ App

- Created for Arizona's school nurses and childcare staff who take care of our pediatric population on a daily basis.
- Up to date information on infectious disease and injury prevention flipcharts, AZ specific vaccine information, infection control guidance, and much more.



## 2-1-1 Arizona

- Supplemental Food and Nutrition Programs
- Shelter and Housing Options
- Utilities Assistance
- Emergency Information and Disaster Relief
- Employment and Education Opportunities
- Services for Veterans
- Healthcare, vaccination and health epidemic information
- Addiction Prevention and Rehabilitation Programs
- Re-entry help for ex-offenders
- Support groups for individuals with mental illnesses or special needs
- A safe, confidential path out of physical and/or emotional domestic violence



## Arizona Department of Education

This page is designed to provide School Nursing and Health Staff with specialized resources and detailed information on the guidelines surrounding School Health Services in Arizona.



ARIZONA DEPARTMENT OF  
**EDUCATION**

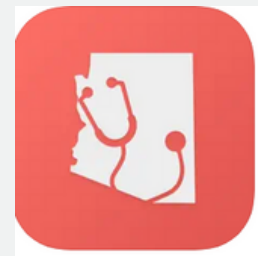
## NASN Podcasts

NASN School Nurse chat podcasts provide updates on important topics and are easy to listen to on the go. Podcasts preview indepth articles that can improve nursing practice.



## Az Infectious Disease Resource

This is a free mobile app where AZ healthcare providers can get the latest news and public health recommendations



What resources would you like to see added to this page? Email Us today!



# Stay Up to date on News & Professional Development!

## School Nurse Huddles with the Arizona Department of Education

Chat with school nurses and health office staff from across the state to share ideas, address challenges, gather updates, and receive support.

**When:** The third Wednesday of every month

**Time:** 2:00–3:00pm MST

**[Register here](#)**

## Professional Development Opportunities

If you are not yet a National Association of School Nurses (NASN) member, consider joining! The perks are endless. There are message boards to speak to colleagues on a national level, a learning center, access to vision vouchers for families in need, discounted prices on books, included membership into SNOA, and so much more!

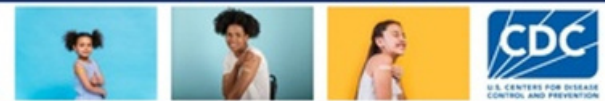
**[Sign up Now](#)**



**[Register Here](#)**

VACCINATIONS FOR SCHOOL-AGE CHILDREN:  
AN OPPORTUNITY FOR HEALTH PROMOTION,  
COLLABORATION, AND FAMILY ENGAGEMENT!

CE Credits Fulfilled by CDC



**[Register Here](#)**

Become a NASN Member! There are so many Professional Development opportunities free of charge. So many opportunities to learn and have support!

## CONTACT US

**Lisa Alexander, President – [Lialexander@pusd11.net](mailto:Lialexander@pusd11.net)**

**Rachel Muth , President-Elect – [rmuth@pvschools.net](mailto:rmuth@pvschools.net)**

**Denise Schooley, Interim Vice President [Denise.Schooley@greathearts.org](mailto:Denise.Schooley@greathearts.org)**

**Interim Treasurer – Autumn Merkley [Agmerkley@mpsaz.org](mailto:Agmerkley@mpsaz.org)**

**Alana Parker, Interim Secretary-[amparker3@mpsaz.org](mailto:amparker3@mpsaz.org)**

