OCTOBER/NOVEMBER 2024 | ISSUE 47



SCHOOL NURSES ORGANIZATION OF ARIZONA

PARTNERS IN HEALTH AND EDUCATION

Mission: The School Nurses Organization of Arizona (SNOA)

is a 501 (c)(3) non-profit organization, which advocates for and supports the health and educational success of Arizona's children by promoting the advancement of professional school nursing. Our goal is interactive leadership and the provision of educational opportunities.

NASN definition of a School Nurse

"School nurses, grounded in ethical and evidence-based practice, are the leaders who bridge health care and education, provide care coordination, advocate for quality student-centered care, and collaborate to design systems that allow individuals and communities to develop their full potential." Adopted by the NASN Board of Directors February 2017.

A MESSAGE FROM OUR PRESIDENT



Hello SNOA Members and Friends!

I hope everyone is making their way through this first semester with ease. It certainly is a few busy months. I even hear faint sleigh bells ringing in the background as holiday season approaches. Remember to take care of yourselves!

The School Training Overdose Preparedness & Intelligence taskforce (STOP-IT) with the Arizona Department of Education is working on many things. I am a member, and I want your voice to be heard. I am specifically seeking your feedback for an upcoming meeting.

I am asking today for some data from you. Some district/schools have a stock of naloxone in their building(s) and some do not. If you do not yet have a stock supply of naloxone in your building(s), I would love to hear from you. If there are any roadblocks like procurement issues or funding, lack of a medical provider order you are comfortable with, confusion on what it means as a nurse to administer in a school setting, other liability issues, etc., please email me directly, if you are willing, at lialexander@pusd11.net

Thank you for all you do every day for the students of Arizona!

Lisa Alexaner, BSN, RN, NCSN

SNOA President

Important Upcoming Events for 2024-2025 School year



Phoenix Children's EMS and Prehospital Care Conference When: October 28. 2024 8:00am-5:00pm

Where: Renaissance Phoenix Glendale Hotel & Spa 9495 West Entertainment Boulevard Glendale, AZ 85305

Register Here

Topics in Agenda

Pediatric Toxicology and Substances
Seizures and Shock
Pediatric Trauma
Burn Assessment

11th Annual ACEs & Resilience Summit

AZ-ACES-CONSORTIUM

This year's theme is Resilience in Action is Connection, with a focus on building relationships within a trauma informed lens and building trauma responsive systems to enhance resilience in communities.

The summit will be held virtually from December 9-12, 2024!

Register Here

Registration includes all four days of education! In addition, the Medical Professional day and the Schools Conference are available on their own for FREE!



The SNOA conference is not until June 12th and 13th, 2025, but prep begins soon! Please email Lisa Alexander @ lialexander@pusd11.net if interested in joining the conference committee! Perks of joining include free tickets to the event, increased networking as you join others to create the event, and your vision and ideas becoming part of the event. The commitment is a once monthly virtual meeting for the most part, starting in October, with some email discussions in between. Committee member seats are limited, so email me soon!



NASN's 57th Annual Conference In-Person | June 26 - June 29, 2025 | Austin, Texas Virtual | July 7 - 9, 2025 | Online

Current School Nurse Openings



<u>Apply here</u>

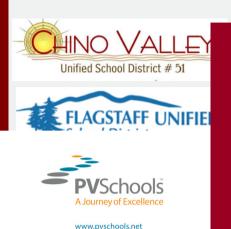
Positions for School nurse and support staff available.



Apply <u>Here</u> 2023-24 School

Nurse/Health assistant





Chino Valley Unified School district is looking for RN's for 2024-2025 School Year. Apply here

FUSD is hiring elementary school nurse positions for the 2024-2025 school year. Positions are open at Marshall Elementary and Killip/Thomas elementary schools. Apply here

PVSD is hiring for School Nurses/Health assistants and substitutes. **Apply here**



The Arizona Department of Education's School Safety and Social Wellness Unit is excited to announce the launch of our new listserv dedicated to school-based mental health professionals (school psychologists, school counselors, school social workers, and school nurses). This platform is designed to foster communication, collaboration, and resource sharing among professionals committed to supporting the mental health and well-being of students.

By joining this listserv, you will:

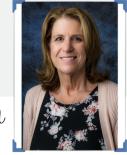
- 1. Receive updates on the latest research, best practices, and information related to the field of school mental health.
- 2. Access a wealth of National and Arizona-specific resources and opportunities, including training opportunities, webinars, and conferences
- 3. Connect with fellow mental health professionals to share experiences, strategies, and support.

Please join the listsery by clicking here. In addition, please share this information with those who will find this beneficial. We look forward to building a strong, safe, and supportive community of school-based mental health professionals with you!

> Samantha Reeves, MPH | School Health and Wellness Specialist School Safety and Social Wellness | Project AWARE AZ Educator Leadership Division Arizona Department of Education Office: 602.542.1442

SCHOOL NURSE HIGHLIGHTS

Penise Schooley. RN. BSN. NCSN



Denise Schooley is a director of Nursing for Great Hearts Academy. She has been a school nurse for 8 years and a registered nurse for 28 years. With her current role as a Director, She has learned many new skills to be an effective leader. She is currently the direct report for 38 health staff and on a daily basis there are challenges and learning opportunities to assist in leading this team effectively. She attended the NASN Conference last June and many of the sessions provided great information to bring back to her team. She is currently the Vice President of SNOA and is looking forward to what the position provides for leadership opportunities to bring to the other health staff. She feels there have been opportunities to learn about legal concerns and challenges, policies, procedures, guidelines, effective communication, providing professional development in many different areas for her team, being a resource for health staff, along with building strong relationships with school administration teams.

Denise was asked what are **three good qualities of a school nurse?** She stated "The need to be loving but firm, be adaptable to change and willing to learn new skills, and listen well and use teachable moments to help our youth grow into healthy and strong humans.

When asked what she loves about being a school nurse, she states "I currently love being a director and being able to see many schools and working with many health staff. But truly it is about the scholars, be it kindergarten or high school they bring so much light to my job. There is so much pleasure to care for well scholars. Their laughter and smiles of appreciation are infectious. I only wish I had moved into school nursing sooner".

Denise's **advice for new school nurses** is "School nursing is a completely different type of nursing. You now are able care for children that are not normally ill. They will look to you for guidance and desire to build safe relationships. Keep your boundaries clear. Be a teacher in regard to their health and be willing to listen. There is a lot to learn that you have never seen or heard of in regard to immunizations, screenings, IEP's, IHP's, 504's, first aid and safety and the school-aged child. It is a great field of nursing and I hope you find it to be rewarding."

Her most memorable school nurse moment?

There are so many to even choose from. But the one that stands out the most is when a third grader came into my office and his hands and face was covered with "blood". Frantically he said, "I am bleeding, and I don't know where it is coming from". He was upset and appeared to have some injury although it was hard to assess with all the "blood". I took him to the bathroom to try to clean up and noticed it may not actually be blood. There was a slight odor of something else. Up closely I did not see any apparent injury. He proceeded to clean up, washing his face and hands well. When he came out of the bathroom, he looked at me, drying his tears and said, "I guess the red paint from art class got all over my face".

Thank you, Denise for inspiring others through your service in various ways to improve school nursing In Arizona!

NASN Presents School Nurse Framework Modules

Available Now for Free for Arizona School Nurses

School Nursing Practice Framework™ Supporting Students to be Healthy, Safe and Ready to Learn

Care Coordination And School Community Community/ Quality Public Health Improvement Standards of Procise Leadership

Care Coordination

- · Provide direct care for emergent, episodic, and chronic mental and physical health needs.
- · Connect student and family to available resources.
- · Collaborate with families, school community, mental health team (including
- school counselors, social workers, and psychologists), and medical home. · Develop and implement plans of care.
- · Foster developmentally appropriate independence and self-advocacy.
- · Provide evidence-based health counseling.
- · Facilitate continuity of care with family during

- · Direct health services in school, district, or
- · Interpret school health information and educate students, families, school staff, and policymakers.
- Advocate for district or state policies, procedures, programs, and services that promote health, reduce risk, improve equitable access, and support culturally appropriate care.
- · Engage in and influence decision-making within education and health systems.
- Participate in development and coordinate implementation of school emergency or disaster plans.
- · Champion health and academic equity.
- Share expertise through mentorship/ preceptorship.
- · Practice and model self-care.

- · Participate in data collection for local, state, and national standardized data sets and
- · Transform practice and make decisions using data, technology, and standardized documentation.
- · Use data to identify individual and population level student needs, monitor student health and academic outcomes, and communicate outcomes.
- · Engage in ongoing evaluation, performance appraisal, goal setting, and learning to professionalize practice.
- · Identify questions in practice that may be resolved through research and evidencebased practice processes.

- · Provide culturally sensitive, inclusive, holistic care.
- Conduct health screenings, surveillance, outreach, and immunization compliance activities.
- · Collaborate with community partners to develop and implement plans that address the needs of school communities and diverse student populations.
- · Teach health promotion, health literacy, and disease prevention.
- Provide health expertise in key roles in school, work, and community committees/ councils/coalitions.
- Assess school and community for social and environmental determinants of health.

of Practice

- Standards Ensure practice consistent with the scope and standards of school nursing practice, health and education laws (consider the individuals with Disabilities Education Act, Section 504 of the Rehabilitation Act of 1973, Nurse Practice Act, state laws regarding school nursing practice and delegation), federal/state/local policies and regulations, and NASN position statements and code of ethics.
- · Employ clinical judgment and critical thinking outlined in nursing process and prioritization.
- Integrate evidence and best/promising practices (consider multi-tiered systems of support, clinical practice guidelines).
- · Safeguard privacy of students and data (consider Health Insurance Portability & Accountability Act, Family Educational Rights and Privacy Act).



ENROLL NOW

Want to learn in a fun and interactive way? Register to learn more about the School Nurse Framework and how it applies to your practice. !

ENGAGEMENT OPPORTUNITIES

American Lung Association



Reducing the Lung Health Burden of the Climate Crisis Involvement Opportunities

Lung Health and Air Quality Stakeholder Committee

We are a diverse, multi-disciplinary partnership of agencies, organizations and individuals in Phoenix concerned with lung health who are committed to sharing mutual expertise and resources in addressing and reducing the burden of unhealthy air quality in Phoenix. The Stakeholder Committee serves as a catalyst to improve the health and quality of life for all persons in Arizona through awareness, advocacy, education, and collaboration.

The Stakeholder Committee will meet virtually for 50 minutes once per month starting in June 2024. We request a commitment of 12 months, with an option to continue in this role.

Education Collaboration Opportunities

Funding will be awarded to community organizations and healthcare providers that can provide educational presentations and disseminate program materials to patients with lung disease and their caregivers. Award amounts will vary dependent on the audience reached. Optional activities include:

- Educate patients with lung disease and their caregivers utilizing the Lung Association's Poor Air
 Quality Impacts Lung Health 30-minute curriculum in a live setting, ensuring participants complete
 the short survey at the end. (\$1,000-\$2,500)
- Utilize existing communication channels to reach individuals with information on how to reach the American Lung Association's Lung Health Navigator. (\$500)
- Participate in a 30-minute post agreement informant interview with a third-party evaluator. (\$500)
- Distribute air quality sensors within your targeted population and follow up to make sure they are plugged in and turned on. (\$1,000-\$3,000)

For more information, please contact Emily.Reising@lung.org.

Quality Improvement Projects

The American Lung Association is collaborating with health systems in Maricopa County to implement quality improvement projects that help reduce the impacts of poor air quality on people with lung disease. Stipends of varying amounts will be available to partnering health systems. Quality improvement objectives include:

Click here for more resources

- Improving communication about air quality between providers and patients.
- Increasing access to lung health resources for patients and their caregivers.
- Reducing emergency department visits of patients with lung disease.

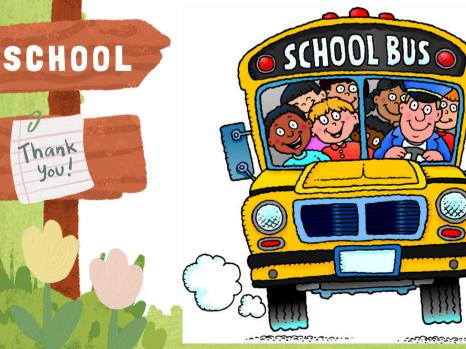
We would love to hear from you and set up an introductory meeting about this opportunity. For more information, please contact Maddie.Blair@lung.org.



Does your school district have diesel school buses that were manufactured before 2010? If so, your students are exposed to air pollution from the unburned components of the diesel fuel. Here is information on how school districts can apply to EPA for rebate funding to purchase clean school buses. The 2024 Clean School Bus Rebate Program is accepting applications through January 9th, 2025, at 4PM ET. The EPA anticipates awarding up to \$965 million to fund new, zero-emission and clean school buses!

Please share this information with your school administrators and school boards.

> **Check Out Information** <u>Here</u>







NASN PILOT STUDY TYPE 1 DIABETES RESOURCE

FREE STATE SPECIFIC CURRICULUM

Made possible by:
The Leona M. & Harry B.
Helmsley Charitable Trust
Grant #2302-06680

The heart of this living document contains information about how diabetes care in schools looks in ARIZONA as of MARCH 24, 2024, based on information provided by a group of individuals in your state dedicated to aspects of improving diabetes care and improving school health, with a focus on resources and structures most relevant to a school nurse.



RESOURCES

Healthy Kids AZ App

- Created for Arizona's school nurses and childcare staff who take care of our pediatric population on a daily basis.
- Up to date information on infectious disease and injury prevention flipcharts, AZ specific vaccine information, infection control guidance, and much more.



2-1-1 Arizona

- Supplemental Food and Nutrition Programs
- Shelter and Housing Options
- Utilities Assistance
- Emergency Information and Disaster Relief
- Employment and Education Opportunities
- Services for Veterans
- Healthcare, vaccination and health epidemic information
- Addiction Prevention and Rehabilitation Programs
- Re-entry help for ex-offenders
- Support groups for individuals with mental illnesses or special needs
- A safe, confidential path out of physical and/or emotional domestic violence

<u>Arizona Department of Education</u>

This page is designed to provide School Nursing and Health Staff with specialized resources and detailed information on the guidelines surrounding School Health Services in Arizona.



2.1.1

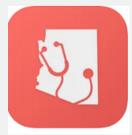
NASN Podcasts

NASN School Nurse chat podcasts provide updates on important topics and are easy to listen to on the go. Podcasts preview indepth articles that can improve nursing practice.



Az Infectious Disease Resource

This is a free mobile app where AZ healthcare providers can get the latest news and public health recommendations



What resources would you like to see added to this page? Email Us today!

Stay Up to date on News & Professional Development!

School Nurse Huddles with the Arizona Department of Education

Chat with school nurses and health office staff from across the state to share ideas, address challenges, gather updates, and receive support.

When: The third Wednesday of every month

Time: 2:00-3:00pm MST

Register here

Professional Development Opportunities

If you are not yet a
National Association of
School Nurses (NASN)
member, consider
joining! The perks are
endless. There are
message boards to speak
to colleagues on a
national level, a learning
center, access to vision
vouchers for families in
need, discounted prices
on books, included
membership into SNOA,
and so much more!

Sign up Now



Register Here



Improving MTSS Systems of Care for Student Mental Health: Tiers 1-3 **Register Here**

Become a NASN Member! There are so many Professional Development opportunities free of charge. So many opportunities to learn and have support!

CONTACT US

Lisa Alexander, President - Lialexander@pusd11.net
Rachel Muth , President-Elect - rmuth@pvschools.net
Denise Schooley, Interim Vice President Denise.Schooley@greathearts.org
Interim Treasurer - Autumn Merkley Agmerkley@mpsaz.org
Alana Parker, Interim Secretary-amparker3@mpsaz.org

