

MIGE 2025 1st Annual Field Trip Packing List

Pease read the following

Some of the terrain will be difficult. If you feel like you can't do some of the hikes, do not feel obligated to do so. We do not want anyone over straining themselves.

The weather in the area during this time of year is usually nice, sunny and in the mid to upper 70s. But be prepared for the worst. If the weather is too bad, we will move the stop or alter it. But be expected to be outside in minor inclement weather. This list is a guide. I cannot make you bring these thing, but you may be uncomfortable if you don't. Some of these items may not apply.

List

- 1) Ball or bucket cap
- 2) Bug spray
- 3) Cell phone
- 4) Cold and warm weather clothes
- 5) Empty water bottles and/or jugs (you will have an opportunity to get free spring water)
- 6) EpiPen (if applicable)
- 7) Hiking boots or shoes, it is advised that you do not wear open toed shoes.
- 8) Medication (if applicable)
- 9) Rain gear
- 10) Personal items
- 11) Portable sack such as a back pack or a pack that can be tossed over your shoulder
- 12) Snacks (beyond what we will provide if you have a medical condition)
- 13) Sunscreen
- 14) Water