



2025

November 13<sup>th</sup>

## THE CITY OF PLYMOUTH VETERAN SUICIDE PREVENTION & EDUCATION SEMINAR

**Presented by:** The U.S. Department of Veterans Affairs in  
Partnership with the Minnesota Department of Veterans  
Affairs and Saluting America's Veterans Enterprise.

### ATTENDEES WILL LEARN:

VA S.A.V.E. Training is a free, brief course that will help you act with care and compassion if you come across a Veteran who is in crisis or having thoughts of suicide. The acronym S.A.V.E. helps you remember the important steps involved in suicide prevention:

**S** : Spot the signs a Veteran might be thinking about suicide

**A** : Ask the critical question — “Are you thinking of killing yourself?”

**V** : Validate the Veteran's experience

**E** : Encourage and support next steps with the Veteran

### OUR EXPERT SPEAKERS:



#### PETER FROEHLE, BSN

Community Engagement &  
Partnership Coordinator,  
Minneapolis VA Health Care  
System



#### RACHEL JOHNSON, MBA

Veterans Community Health  
Director, Healthcare Division,  
Minnesota Dept. of Veterans  
Affairs

Join in on the fight  
to end Veterans  
suicides!

### REGISTRATION:

763-509-5200

[Registration Link](#)

[www.savemnvets.com](http://www.savemnvets.com)