

	Shooting Warm-Up	
1	1 Hand Touch Shooting (6')	10 makes
2	Touch Shooting (6')	10 makes
3	Pocket Lift Shooting - Balance hand (12')	10 makes
4	Pocket Lift Shooting - Shooting hand (12')	10 makes
5	Pound Lift Shooting - Balance hand (12')	10 makes
6	Pound Lift Shooting - Shooting hand (12')	10 makes
	Down Screen Reads	
7	Tight Curl (Wide Pindown - Shot)	4 finishes - W, W
8	Tight Curl, One-Dribble Jump Shot	4 finishes - W, W
9	Tight Curl, One Dribble to Rim	4 finishes - W, W
10	Tight Curl, Step Back Jump Shot	4 finishes - W, W
11	Wide Pindown Series 1 (Goal 12 makes)	2 min each side
	Pin Down Screen Series	
12	Tight Curl, Shot Fake, Rip Thru 1 Dribble	4 finishes - W, W
13	Tight Curl, Shot Fake, Rip Thru Step Back	4 finishes - W, W
13	Wide Curl, Wheel Spin Out	4 finishes - W, W
14	Tight Curl, Jordan Pivot	4 finishes - W, W
15	Wide Pindown Series 2 (Goal 12 makes)	2 min each side