



My Primary School Days at _____ Primary School


I was ____ years old when I started Primary School

I am ____ years old leaving Primary School

My Friends 

Favourite Outside Activity

Packed Lunch 
Dinners 

My Teachers 

P1 _____

P2 _____

P3 _____

P4 _____

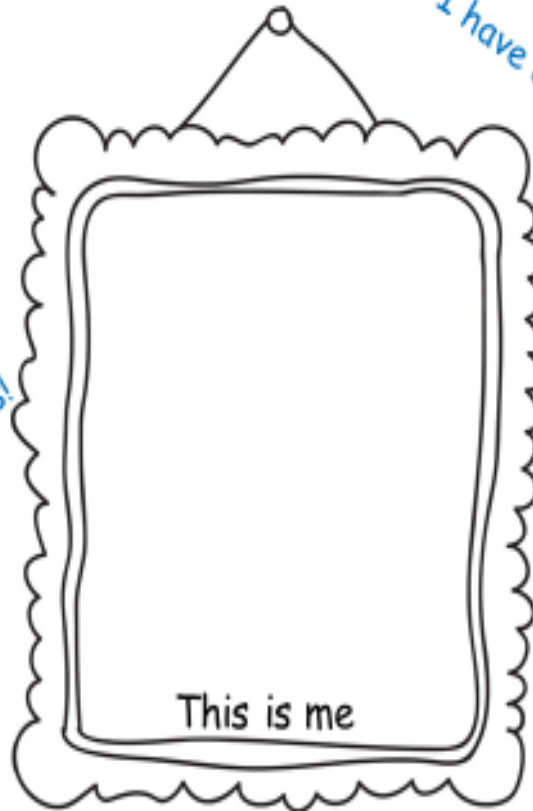
P5 _____

P6 _____

P7 _____

Give your favourite a star!


I have learnt so much in 7 years!




I have changed so much in 7 years!


Favourite Classroom Activity

Things I have Learnt

_____ 

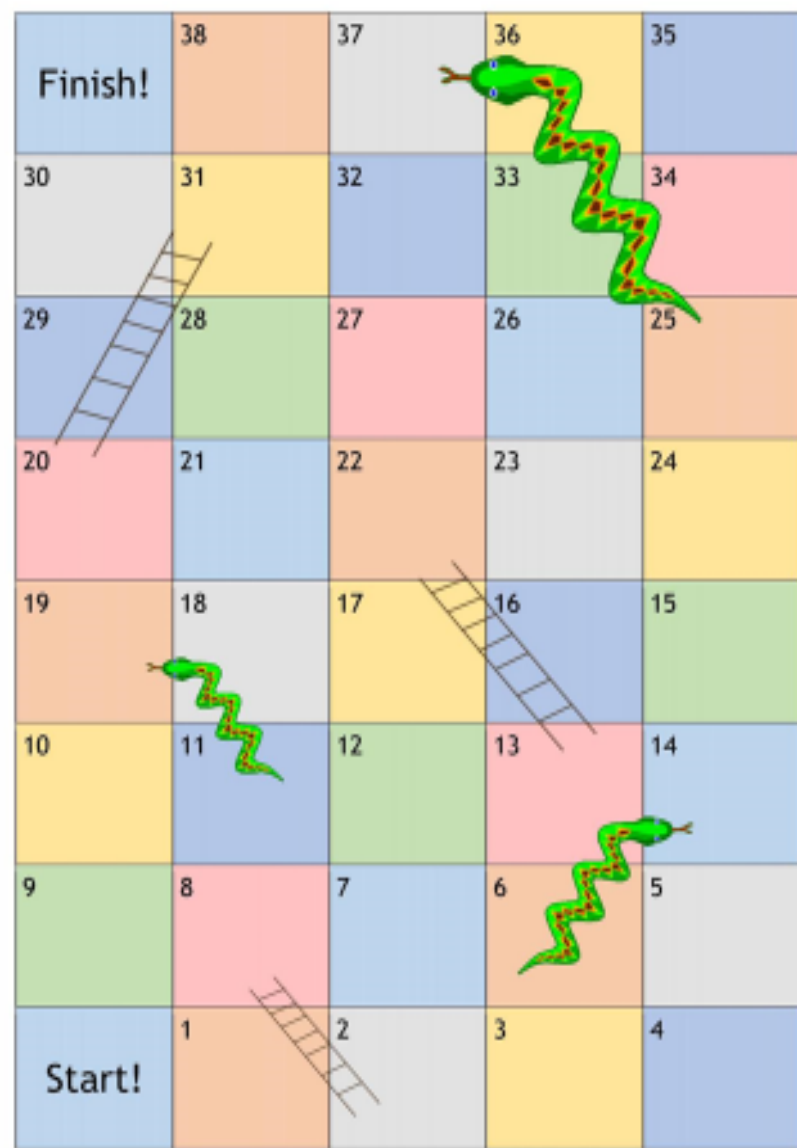
Favourite Subject 

I have grown so much in 7 years!

Funniest Memory 

Maybe draw your memory and share with an adult

MAKING SNAKES LADDERS



Salt Memory Rainbow Jar

You may like to make a coloured salt memory jar to help you remember important people and things. The process of making a memory jar is very therapeutic but it can also be a helpful memory tool for children too.



To make a memory jar you will need:

- A small jar with a lid and wide neck
 - Salt
 - coloured chalks/pastels
 - pieces of paper
 - Some cotton wool
1. Fill your jar to the brim with salt. On one of the pieces of paper write down 4-5 good friends that you have fun memories in school.
 2. Now you've chosen your friends chose a different colour pastel or chalk to represent each one. Spread out the 5 sheets of paper and divide the salt from your jar between them.
 3. Colour each pile of salt using one of your chosen chalks/pastels. Simply rub the pastel backwards and forwards over the pile of salt. The salt will then begin to take on the colour of the chalk – the harder you rub the brighter the coloured salt will be.
 4. Carefully pick up each piece of paper and pour the coloured salts into your jar one at a time. If you tilt your jar you can make waves of colour and other patterns.
 5. When all the colours have been added, hold the jar and tap it down on a work surface to settle the salt. Do not shake the jar unless you want to mix up all the colours. Then fill any remaining space with plain salt right up to the brim. This is important as it will prevent the colours mixing.
 6. Place a piece of cotton wool in the lid of the jar, this helps to keep the salt in place. Secure the lid firmly. (You can tape it down with sticky or washi tape to make it more secure).
 7. You can either keep your list of memories close to your jar or you can put them in another jar to keep them safe and add to over time.



My Primary School Days at _____

Primary School



My Shining Moments



My Friends
Shining Moments



My Achievements

