



DENISE BARD

SPEAKER | AUTHOR



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INTRODUCTION

Denise grew up facing many forms of abuse. While the odds were stacked against her, she was able to beat the statistics that said she would continue the cycle of abuse. Denise attributes this to the teachers, counselors, and coach who, unknowingly, made a connection with her in a 30-second moment. During those innocent moments, she felt safe, seen, heard, and realized that she mattered and was worthy. These simple connections helped her change the narrative of her story and become the successful speaker and author she is today. Denise understands how critical teachers are to children like her and shares her story to inspire and celebrate educators. The impact of a teacher is not limited to the subject they teach.

MISSION

To inspire, celebrate, and empower educators. A teacher's impact does not come from within the subject they teach. Their greatest impact comes from within the moments they never knew existed.

“ WHAT PEOPLE SAY

“As an educator who has taught kids with traumatic backgrounds, this speech not only inspired me- but made me aware of how the smallest act can change a child's future.”

-Kim Robinson - ElementaryTeacher

LEARNING OUTCOMES

- To celebrate teachers for their everyday moments.
- Show how every teacher has a hero inside of them.
- How a trauma-informed approach can happen in a split second.
- Hear from a person who benefited from these simple innocent moments.

30-SECOND MOMENTS: AND THE WOMEN WHO RAISED ME



IN DENISE BARD'S MOVING NEW BOOK, 30-SECOND MOMENTS, SHE DESCRIBES THE EXTRAORDINARY IMPACT THAT TEACHERS, COUNSELORS, AND COACHES HAVE EVERY DAY, OFTEN UNKNOWINGLY. THROUGH SEEMINGLY SIMPLE CONNECTIONS AND CONVERSATIONS, THEY ARE SHAPING THE LIVES OF VULNERABLE CHILDREN.

THROUGHOUT HER CHALLENGING CHILDHOOD, DENISE DISCOVERED HOW, IN JUST 30 SECONDS, THESE INSTRUMENTAL CATALYSTS CAN IGNITE A TRANSFORMATIONAL SPARK, FOREVER ALTERING A CHILD'S PERSPECTIVE AND PROVIDING SOLACE AMIDST UNIMAGINABLE TRAUMA. HER JOURNEY IS AN AWE-INSPIRING TALE OF TRIUMPH OVER CHILDHOOD ABUSE, GRACED BY THE PROFOUND POWER OF THOSE FLEETING MOMENTS OF CONNECTION, WHICH NOT ONLY HELPED HER HEAL BUT PROPELLED HER INTO A LIFE FULL OF LOVE AND RESILIENCE.

THIS GRIPPING MEMOIR CELEBRATES THE REMARKABLE STRENGTH OF THE HUMAN SPIRIT AND UNVEILS THE PROFOUND RIPPLE EFFECT THESE UNSUNG HEROES HAVE ON THE LIVES OF BROKEN CHILDREN LIKE DENISE. IT IS A HEARTWARMING NARRATIVE FILLED WITH THE UNTOLD STORIES OF THESE ESSENTIAL, GENEROUS WOMEN WHO PLAYED CRITICAL ROLES IN SHAPING A BRIGHTER FUTURE FOR DENISE AND SO MANY OTHER VULNERABLE CHILDREN, ONE CONNECTION AT A TIME, AND WHOSE LEGACIES WILL LIVE ON FOR GENERATION AFTER GENERATION.

“WHAT PEOPLE SAY

“WHAT AN AMAZING BOOK OF MOMENTS THAT MAKE US! VERY WELL WRITTEN AND OFFERS HOPE ON SO MANY LEVELS. THE ABILITY TO GROW IN THIS WORLD IS SO HARD, BUT THESE PEOPLE HELP US BECOME THE GREAT PEOPLE THAT HELP US FIND OUR WAY OUT OF THE DARKNESS. THE BOOK OFFERS THE ABILITY TO SIT AND SELF REFLECT ON THE MOMENTS THAT MADE ME AND HOW THANKFUL I AM TO THOSE WHO WATERED ME WHEN I WAS GROWING. I HIGHLY SUGGEST THIS READ, YOU WON'T BE SORRY.” - D.W

“MS. BARD GIVES US A REMINDER OF THE AMAZING IMPACT EDUCATORS HAVE ON ALL OF US. IN MS. BARD'S CASE, THE KINDNESS SHE WAS SHOWN LITERALLY CHANGED HER LIFE. IN THESE CRAZY TIMES AS TEACHER'S ARE FACED WITH NEGATIVITY, THIS BOOK SPOTLIGHTS GREAT POSITIVITY THAT CAN COME OUT OF UNCONDITIONAL CARE.” -M.G

5.0 ★★★★★ 17 ratings

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