

# KRIS MAILEPORS, MBA

**Mindset Coaching & Leadership Programs** 

This is a completely unique and original way for your teams and leaders to grow. For results that are long-lasting and deeply valuable, consider a new approach to leadership development that will enrich motivation, culture, and the energy your leaders bring to their work and lives each day. Change MINDSET.



**Press Kit** 





# Kris Mailepors, MBA

Author, Coach, Consultant, National Speaker

Since 1998, Kris Mailepors has directly shaped hundreds of leaders in healthcare, finance, retail, tech, and other industries with his unique approaches to thriving as a leader. His work and his writing have reached countless others.

The #1 reason people leave a job? Their relationship with their leader.

In our modern workplace, leadership matters. How do your leaders "show up" every day?

Leaders are experiencing demands of job scope and complexity not previously seen. Most empty their tank each day for the benefit of those around them. The result can be *turnover & burnout*. This is your organization's most preventable problem. This important issue has a profound impact on new leaders, experienced C-suite executives, and everyone in between.

## **BUSHIDO LEADERSHIP™ BRINGS VALUE TO YOUR ORGANIZATION**

Leaning on a centuries-old philosophy of the Samurai, Bushido Leadership guides modern-day leaders to find their stride to truly embody a new & shared mindset; a **Growth Mindset**.

Imagine if your whole organization's leadership team could get better together at a few simple fundamentals (such as empathy or inclusion). When leaders' behaviors and standards begin to align, the result is leaders acting like they never have before and an organization performing like it never has before.

<u>Mindset Training</u>: Leadership development is a multibillion-dollar industry, and your company contributes to that each year with money spent on training; but what do you actually "get" out of it? Are your leaders really conducting the business differently because of it?

Consider an approach deeply rooted in neuroscience that leans on **community & practice** over classroom learning. Becoming the best leader you'll ever be doesn't happen at the end of a journey of assessments, classes, conferences, Master's degrees, and books. That leader is in you this very moment; that version of you can be realized through your values and your daily mindset.



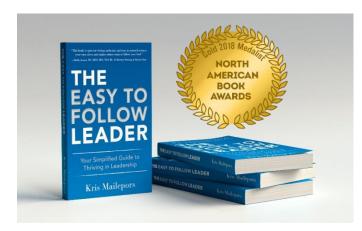
# THE EASY TO FOLLOW LEADER by Kris Mailepors

Have you ever asked:

"Am I easy to follow?"

The easy to follow leader - the best leader you'll ever be - isn't hiding at the end of some mysterious journey. That leader is in you today, ready to be unleashed.

Today's leaders are overwhelmed. Being easy to follow is about identifying openly what is most naturally important to you or your business. It's about actively demonstrating it with your behavior. It's about openly recognizing it in others. This can have profound effects on how most people bring balance to their professional and personal lives.



www.easytofollowleader.com

"A fantastic read to give you new perspectives on effective leadership styles that come so naturally they are easy to overlook."



—Laetitia Mizero Hellerud, Ubuntu Consulting, author of Being at Home in the World: Cross Cultural Leadership Lessons to Guide Your Journey

#### **ABOUT KRIS MAILEPORS**

Kris Mailepors has left his imprint on leaders in many industries with a heart-centered approach that is so unique that every leader discovers new and deeply personal perspectives with him.

Kris is deeply passionate about helping the voiceless be heard. Through volunteering with youth services and animal rights, Kris throws a lifeline to those in need. He brings this to his work, supporting leaders to connect with what is most important to them. With Kris, leaders will discover their authenticity and alignment with ease.

Kris grew up in New England. He completed his undergraduate from the University of Maine and received his MBA from the University of Otago in Dunedin, New Zealand. One of his on-going life goals is to have his age equal the number of countries he has visited – it keeps the travel goals consistently important. Travel outside of your culture is good for the soul.



#### **SPEAKING ENGAGEMENTS SINCE 2012**

Saint Anselm's College Nursing Leadership programs and conferences

American Society of Civil Engineers (NH)

Association for Training and Development (ATD)

Society for Human Resource Management (SHRM)

Vermont Talent Pipeline Management

Chief Facilitator for the NH Healthcare for the Homeless strategic planning sessions

**NH Catholic School Principals** 

New England College

University of New Hampshire

Southern NH University

Calloway Labs

Clinical Lab Managers Association; NH & New England

National Society of Histotechnology

Healthcare & Employee Health Nurses of New England

New Hampshire Nurses Association

NH/VT Association of Respiratory Care

**Upper NY State Society of Cytologists** 

American Association of Orthopedic Executives; New England

Healthcare Employee Health Nurses Association; New England

MGMA; Medical Group Management Association

# WHAT PEOPLE ARE SAYING

#### Director, UVM Medical Center, Burlington, VT

Kris is still and will forever be the best professional coach. His willingness to listen and to ability reframe and to help me identify true goals has been incredibly helpful with leading staff.

### RN, Catholic Medical Center, Manchester, NH

Kris is a motivating and dynamic speaker. His workshops are informative and effective, and lead to changes in behavior and improvements in performance. His coaching provides the rare and valuable opportunity for self-reflection, personal, and professional growth. Kris is a valuable asset to teams and groups in any industry

## Owner, Catalyst Talent, MA

Kris helps you understand "who you are and what you stand for - your values, your character." Those are the qualities teams look for and thrive in.

# Director, Saint Anselm's College of Nursing Education

Kris has always been one of our most requested speakers, people just love him.