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Monthly Mindfulness Moment

Your Business moves quickly. It's already October! You blink and a month has gone by. Leaders consistently are neglectful of thanking the people who make them successful. If you ask any leader **"do you care about your people?"** they will give you an emphatic **"Of course I do**!"

I then ask them: *"what did you do this week to tell them that?"* They don't usually have an answer to that.

Everyone reading this has a direct report, a colleague or a friend who is important to their success. Tell them today you'd be lost without them.

## Nurse Leadership Article of the Month: Growth Mindset in Nursing Leadership

By Rose O. Sherman, EdD, RN, NEA-BC, FAAN

I am sometimes asked what I think is the single most important attribute needed by nurse leaders in today's environment. Without a doubt, I believe it is the ability to have and continue to cultivate a "growth mindset." Dr Carol Dweck, a researcher and professor at Stanford University, has been a pioneer in studying how transformative a growth mindset can be... See more here

## Connect to purpose with this month's story of inspiration from our bedside warriors:

In September, Lia Gurevich was assigned to work in the ambulatory section for self-admitted patients. That assignment and a spur-of-the-moment decision to use a public restroom saved the life of a 46-year old Hafia resident. Read her amazing story <u>here</u>

Bushido Leadership is a community where leaders can learn to live by the Warrior's Code to serve patients, staff, and the people we love. To contribute an article or story, submit an <u>email</u> request

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