

Instructions for Using Individualized Healthcare Plan Templates

The individualized healthcare plan (IHP) is a way to document the nursing process. The IHP is written by the professional school nurse (RN) for students with health condition(s) that require a specific treatment during the school day, such as non-routine medications, health treatments, emergency action procedures or invasive health procedures. The IHP helps to ensure that all necessary information, needs, and plans are considered to maximize the student's participation and performance in school. The students do not need to be classified as special education or having a 504 plan in order to benefit from an IHP.

The IHP templates serve as a starting point to assist the school nurse in the development of the IHP. These IHP's are meant to be edited and tailored to the individual student by the school nurse (RN). The following considerations should be made when utilizing the IHP templates:

1. Nursing diagnoses account for each student's unique circumstances as determined by the nursing assessment. Nursing diagnoses may be edited, removed, or added based on the unique needs of the individual student.
2. Nursing interventions should align with the selected nursing diagnoses. Nursing interventions should account for actions that will be taken by school health staff to manage the student's health in the school setting. All selected interventions should be achievable, and should be attainable with the resources available within the school setting.
3. Client outcomes should be tailored to the student's physical and mental abilities. Client outcomes should be student centered and should set appropriate benchmarks for the student. Outcomes should be reviewed and updated as the student ages and garners more control over and knowledge of their condition(s).