**How does the body use electricity spag activity**

Electricity inn the body is essential for its functioning. Ur nerves use tinny electrical Signals too communicate between the brain and Other parts of the body, These electrical impulses help control everythin from our movements to our senses, such as seeing and hearing. The heart also relys on electrical signals to maintain a regular heartbeat, ensuring blud is pumped eficiently around the body. Even our muscles use electrical signals to contract and relax, enabling us to mov. Overall, electricity is vital for cordinating the complex activities that keep us alive and heelthy.

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