

2026 TRAUMA INFORMED CPD SERIES

3 HPCSA-ACCREDITED WORKSHOPS FOR MENTAL HEALTH PROFESSIONALS



6
CEUs

INTRODUCTION TO TRAUMA INFORMED PRACTICE

An introductory workshop for healthcare professionals to recognise, understand, and respond to trauma in everyday clinical practice.



AVAILABLE NOW



ONLINE, SELF PACED



**ALL HEALTHCARE
PRACTITIONERS**



R980



7
CEUs

TRAUMA INFORMED PSYCHOTHERAPY

A one-day, online workshop for mental health practitioners integrating trauma informed principles into psychotherapy practice.



10 OCTOBER 2026
08:30-16:30



ONLINE



**ALL MENTAL HEALTHCARE
PRACTITIONERS**



R1600



6
CEUs

ATTACHMENT FROM A TRAUMA INFORMED PERSPECTIVE

A one-day, online workshop for mental health practitioners exploring attachment through a trauma informed lens and translating attachment theory into clinical practice.



7 NOVEMBER 2026
08:30-16:30



ONLINE



**ALL MENTAL HEALTHCARE
PRACTITIONERS**



R1950

FOR ENQUIRIES OR TO BOOK EMAIL: admin@counsellingpsych.co.za
FOR MORE INFO VISIT: www.traumainformed.co.za

PRESENTED BY:
Dr Lauren Moss
Counselling Psychologist



COMPLETE THE FULL TRAUMA INFORMED SERIES IN 2026 FOR R4000