



# The Road Report & More

Health, Science, & Climate Action Dr. Shahir Masri



#### **Back in Action!**

While I haven't returned to the road, I've indeed returned to the podium to continue climate outreach on a local level. Thank you to Climate Reality Project (CRP) for hosting a terrific event and inviting me to speak in Irvine, CA, last week. For those who haven't heard of CRP, it's the climate action group that was founded by Al Gore. If you're looking to get active on the climate, check them out! There might be a

local chapter in your area. Alternatively, if you want to get involved with my "road for climate action" project, shoot me an email and join my growing team! =)

#### **New Article**

Climate policy is often regarded as expensive, perhaps even "too" expensive. Yet, what's often left out of climate policy discussions, is the cost of climate change if we fail to act. What's more, environmental regulation and the



economy are often falsely pitted against each other. We must choose between a healthy environment or a strong economy, right? Wrong! In my latest article, just published in The Hill, I dive into this topic and dispel some widely held misconceptions. Click here to check out the article, and please share with others!



# Website Updates!

As you all know, I've been hard at work updating my website to be more organized, user friendly, and valuable for environmental educators and activists. Well, I'm happy to report that my first round of updates has just been published. Click the links below to view new/updated resources.

Home Page - New

hyperlinks, images, and articles.

Newsletter Archive - Your favorite prior newsletters are now just a click away! Video Archive - Now you can easily identify videos according to topic! Climate Reports, Books, Websites - Check out new book recommendations!

Updates still to come include the creation of a page where my climate presentations can be downloaded, along with original scientific graphs, memes, charts, and images. I also plan to publish our climate survey data, create a "become a volunteer" page, among other things. Have a great idea of your own? Please share it with me by replying to this newsletter!

### **CBS Special to Watch**

As climate communicators wonder how best to convince the public of the climate crisis, mother nature herself may prove most persuasive.

Farmers across the country are among those who have felt the

impacts of climate change most dramatically; from flooding and cold snaps to droughts and wildfires. I've heard some of their stories firsthand myself. To get an idea of what climate change could mean for agriculture, check out this 25 min CBS special. Of course we cannot call any single storm a "climate change storm." However, weather patterns in recent years have produced

abnormal temperature and

# "I'm not a climate change guy, but...": Farmers reckon with new reality in the heartland

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precipitation events that should certainly cause concern. And of course, this has implications beyond the direct weather-related damage caused to families, but also rippling effects throughout the economy. Click here to watch the short CBS special!



#### **Toxic Plastics**

In the last decade, there has been rapidly growing public concern surrounding the use of certain types of plastic water bottles due to the discovery that some plastics leach potentially harmful chemicals. Most notably, bisphenol A (BPA) and phthalates have been shown to leach from polycarbonate as well as other plastics and in turn

contaminate beverages. In animal studies, both compounds have produced reproductive health problems. What's more, BPA is a known endocrine disruptor and can therefore interfere with metabolic and developmental processes. That said, all of the negative attention on plastic bottles and their associated toxicants seems to have generated unnecessary confusion in the public as it relates to discerning which plastics are toxic and which are generally safe. A while back, I composed a list to reduce this confusion. By simply looking at the recycling code on plastic products, this list will enable you to determine whether a plastic is safe. Click here to view the list!

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