



Fit Paw Nutrition – Frequently Asked Questions

Introduction

At Fit Paw Nutrition, we know that caring for your pet’s nutritional and emotional well-being can bring up many questions, especially when navigating homemade meals, health conditions or palliative support. This FAQ section is designed to give you clear, straightforward answers about our process, our services, and how we work with you and your veterinarian to ensure safe, compassionate, and individualized care.

Whether you’re exploring new recipes, supporting a senior pet, or simply wanting the best for your furry companion, these answers will help guide your next steps with confidence.

Most Common Questions and Answers:

Q: What is a pet nutrition consultation?

A: We assess your pet’s diet, lifestyle, age, and health needs, then design personalized nutrition recommendations to support their overall well-being.

Q: Why should I consider homemade meals for my pet?

A: We help you create balanced, whole-food recipes that offer more control over ingredients, quality, and suitability for your pet’s unique needs.

Q: How do I know if my pet’s diet is complete and balanced?

A: We review your current feeding plan and provide guidance and customized recipes to ensure your pet receives all essential nutrients safely.

Q: Can you help if my pet has food sensitivities or allergies?

A: Yes. We identify potential triggers, recommend safe ingredient alternatives, and create recipes that support gentle digestion.



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Q: What if my pet is overweight or has low energy?

A: We evaluate calorie intake, activity levels, and health status, then design a nutrition and fitness plan to support healthy weight and mobility.

Q: How do you create recipes for pets with medical conditions?

A: We collaborate with your veterinarian to design meals that respect medical requirements while supporting comfort, palatability, and nutritional safety.

Q: What is Palliative Nutrition for pets?

A: We focus on gentle, comforting foods that support ease of eating, hydration, and quality of life during a pet's final stage.

Q: What should I feed a pet with a poor appetite in palliative care?

A: We recommend soft, warm, aromatic foods—often in small, frequent portions—designed to encourage eating without causing stress.

Q: Can you work with my veterinarian to support my pet's care?

A: Absolutely. We share recommendations, respect veterinary instructions, and collaborate to ensure safe, consistent care.

Q: How do I get started with a nutrition or palliative consultation?

A: You book a session, complete a short intake form, and provide any vet records. We review everything and create a clear, actionable plan

Send us your questions directly and we'll do our best to answer them personally and share on an updated version of this page!



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For more information, please contact:

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