## Informed Consent for In-Person Clinical Social Work Services During Covid-19 Pandemic

I, \_\_\_\_\_, consent to participate in in-person psychotherapy sessions with \_\_\_\_\_\_ (my therapist) at their place of business.

- 1. I understand the following with respect to in-person sessions during the Covid-19 pandemic:
  - a. I understand that Covid-19 is extremely contagious and is spread primarily by person-toperson contact.
  - b. I understand that my therapist has adopted reasonable preventative measures intended to reduce the spread of Covid-19, but there is still a possibility of transmission as a result of attending in-person therapy.
  - c. I understand that federal and state laws typically authorize public health departments to collect patient information to prevent or control disease and for related public health needs.
  - d. I understand that my therapist may be required to report Covid-19 related patient information to public health departments, HHS, or the CDC. For example, if anyone who has been in my therapist's office tests positive for Covid-19, disclosure may be necessary for contact tracing or other data collection needs. If reporting is required, only the minimum necessary information will be disclosed.
- 2. I agree to the following with respect to in-person sessions during the Covid-19 pandemic:
  - a. I will comply with <u>safety precautions</u> to limit the spread of Covid-19, as directed by my therapist.
  - b. I will notify my therapist as soon as possible before my appointment if I have <u>symptoms</u> of Covid-19 or have been exposed to certain <u>risk factors</u> as directed by my therapist. If this happens, I will cancel my appointment unless my therapist directs me to come in.

I knowingly and willingly consent to have in-person sessions during the Covid-19 pandemic, and I acknowledge the health risk of Covid-19 during this pandemic. I have read the information provided above and discussed it with my therapist, and all of my questions have been answered to my satisfaction.

Signature of client/parent/legal guardian

Date

Signature of therapist

Date

## **Examples of Safety Precautions, Symptoms, and Risk Factors for Clients**

<u>Note to Social Worker</u>: You will need to provide clients with a list of safety precautions, symptoms (for guidance on symptoms, see the CDC's website at <u>https://www.cdc.gov/coronavirus/2019-ncov/hcp/faq.html</u>), and risk factors that are referred to in §2 of the Informed Consent form.

We have provided sample lists below. Please note that these are only <u>examples</u> of items that other providers have adopted, not a list of recommendations.

**Do not give this page to your clients.** You should review each item to decide whether you believe it is appropriate and add any other items as desired, or <u>if required</u> under your state or local reopening orders. Then <u>print your own list</u> on your letterhead, without these instructions.

## Sample Standards for In-Person Clinical Social Work Services During Covid-19 Pandemic

<u>Safety precautions</u> to limit the spread of Covid-19:

- Wait outside the office or in your car until the time of your appointment
- Maintain at least 6 feet distance between you and other people (including the therapist) in the office at all times
- Wear a face mask while in the office
- Use hand sanitizer (to be provided) upon arrival in office and after touching your face

<u>Symptoms</u> of Covid-19:

- Fever over 100° (You must take your temperature before each appointment)
- Shortness of Breath
- Dry Cough
- Runny Nose
- Sore Throat
- Loss of Sense of Smell

Risk factors for Covid-19:

- Tested positive for COVID-19
- Awaiting results of your own COVID-19 test
- In contact with someone in past 14 days who has tested positive for COVID-19
- Regularly in close contact with others outside of your family
- In prolonged contact with others outside of your family in past 14 days
- Traveled by air, bus, subway, train, or cruise ship in past 14 days

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