

## Dianne Morris Jones

Dianne Morris Jones is a Licensed Professional Counselor (LPC) and a Certified Daring Way™ Facilitator-Consultant (CDWF-C) practicing in Dallas, Texas. Dianne is the author of *Stop Breathe Believe, Mindful Living One Thought at a Time* and ~~*I'm Fine*~~, *A Real Feelings Journal*. She has a degree in Family Finance from Texas Tech University and a Master's degree in Counseling from West Texas A&M University. Dianne is an energetic and creative person who approaches life and her professional counseling with an enthusiasm for growth in wholehearted living. She practices individual virtual counseling. Her clinical focus includes depression, anxiety, relationship issues, trauma and life transitions.

In addition to being a Certified Laughter Yoga Instructor, Dianne has extensive training in Spiritual Direction and the Enneagram. As a CDWF-C, Dianne speaks, facilitates and consults on The Daring Way™, the various curriculums based on the research of Dr. Brené Brown. She also frequently speaks and leads workshops and retreats on Contemplative Photography and the joys and challenges of choosing to live life in an intentional, authentic way. Dianne enjoys outdoor adventures, photography and spending time with friends and family. Dianne and her husband Roger, live in Dallas, Texas.

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