



www.allmetysa.org



2019 Registration Information

Below you will find information needed for the 2019 Fall football season. Please take a moment to review the information and let us know if you have any questions.

2019 Registration Fees

Registration fees for the 2019 football season are as follows:

Fall Football - Registration closes on August 25

Early Registration (by July 20)	\$150.00
Regular Registration (after July 20)	\$175.00

Multiple Sibling Discount – a \$25 discount will be applied to each child, after the first child pays the Regular Registration fee. **This discount ONLY applies to a child paying the Regular Registration fee.** For example, Child 1 pays \$175, Child 2 pays \$150, and (if applicable) Child 3 pays \$150.

The full registration fee must be paid on/before Sunday, August 25. Accepted methods of payment are cash, debit card, cashier’s check or money orders. Debit card payments can be made via **Cash App** to the All Met YSA cashtag of **\$AllMetYSAInc**. **Be sure to include your child(ren)’s name(s) and age(s), as of July 31, 2019.** Cashier’s checks or money orders can be made payable to **All Met Youth Sports Association, Inc.**

General Information

- **The attached registration packet must be fully completed, signed in all appropriate places, and returned to your Team Administrator by Sunday, August 25.** Please be sure to review the packet, as additional **mandatory** documentation is required to complete the registration process.
- All players are required to have an ID card (i.e., State ID card, Passport, or Military ID). If your child does not have an ID card, he will need to obtain a Metro AYF league ID card. The cost is approximately \$10 each and the card is good for two (2) years.
- Be sure to schedule your child’s medical physical. The form must be completed/signed by your child’s doctor and turned in prior to August 25.

Social Media Contact

 @allmetysa

 @allmetysa



All Met Youth Sports Association, Inc.

www.allmetysa.org



Participant's Name: _____

- 6U Tiny Mite (7U) 8U 9U
 10U 11U 12U 13U

Required Forms and Documents

- Participant Code of Conduct
- Parent Code of Conduct
- Participation, Tracking and ID Card (2 pages)
- Emergency Medical Treatment, Consent and Information
- Medical Clearance
- Birth Certificate copy or Metro AYF Certified Birth Certificate copy (Metro AYF ID)
- 2018-2019 Final Report Card or Proof of Grade (8U and above)
- AYF Code of Conduct
- Concussion Annual Statement and Acknowledgment
- Waiver and Release of Liability
- Image Release
- Government-issued (State ID, Passport, or Military ID) or Metro AYF ID Card

The registration fees for the 2018 season are as follows:

- **Early Bird Registration** - \$150 per player (by July 20)
- **Regular Registration** - \$175 per player (after July 20)

Accepted methods of payment are cash and debit card. Debit card payments can be sent to **\$AllMetYSAInc** using Cash App.

Be sure to connect with us on social media!





All Met Youth Sports Association, Inc.

Participant's Code of Ethics/Conduct

I, _____, hereby pledge to have a positive attitude about my youth sports experience and accept responsibility for my participation by adhering to the following Participant's Code of Ethics/Conduct.

- I will maintain a minimum of a 2.0 GPA during the American Youth Football and Cheer (AYF/C) and/or All Met Youth Sports Association (AMYSA), Inc. football/cheerleading season.
- I will encourage respect and good sportsmanship from fellow participants, coaches, officials, and parents at every game and practice by demonstrating those qualities.
- I will attend every practice and game that I can, and I will notify my coach if I am not able to attend.
- I will do my very best to listen and learn from my coaches.
- I will treat my coaches, other participants, officials, and fans with respect regardless of race, sex, creed, or abilities and I will expect to be treated accordingly.
- I deserve to have fun during my sports experience and will alert my Parent(s) or coaches if it stops being fun.
- I deserve to play in an environment that is free of foul language, drugs, tobacco, and alcohol and expect adults to refrain from their use at all AYF/C and/or AMYSA, Inc. events.
- I will encourage my parents to be involved with my team and/or AMYSA, Inc., in some capacity, because it is important to me.
- I will remember that youth sports are an opportunity to learn and have fun.
- I will participate in fundraising and/or sponsorship activities to raise funds for the AMYSA, Inc.

DISCIPLINARY ACTION: Any individual in violation of this Code of Ethics/Conduct may be removed from participation without receiving a refund of any paid fees.

Disciplinary actions for Participant(s) and/or Parent(s) who violate any Code(s) of Ethics/Conduct will be as follows:

First Offense – The Participant or Parent will be given a warning and/or ejected from a game/location.

Second Offense – The Participant or Parent is subject to one (1), or more, game/location suspension.

Third Offense – The Participant is subject to season suspension.

The AMYSA, Inc. Executive Board may determine that a violation of the Code(s) of Ethics/Conduct may warrant additional or harsher penalties.

If a Participant or Parent deems it necessary to appeal a disciplinary action ruling, the following procedure must be followed:

- A. Submit a Letter of Appeal to the Executive Board.
- B. The Executive Board will review the Letter of Appeal.
- C. Should the Executive Board feel the appeal is warranted, a date will be scheduled for a meeting.
- D. All Parties will be informed of the date and time of the meeting.
- E. The meeting will be held.
- F. A Decision Letter will be sent to Participant and Parent regarding the outcome of the meeting.

I, _____, have read the above and do agree to accept and abide by the above statements. I understand that if I fail to follow the above guidelines, I will be subject to suspension/dismissal from participation with the AMYSA, Inc.

Signature of Participant **Printed Name** **Date**

Signature of Parent **Printed Name** **Date**



All Met Youth Sports Association, Inc.

Parent's Code of Ethics/Conduct

I hereby pledge to provide positive support and encouragement for my child, _____, as he/she participates in the activities of the American Youth Football and Cheer (AYF/C) and/or All Met Youth Sports Association (AMYSA), Inc. by adhering to the following Code of Ethics/Conduct.

- I will encourage good sportsmanship by demonstrating positive support for all participants, coaches and officials at every game, practice or other AYF/C and/or AMYSA, Inc. events.
- I will place the emotional and physical well-being of my child ahead of any personal desire to win.
- I will ensure that my child has the benefit of participating in a safe, healthy, fun, and learning environment, including, but not limited to, practices, competitions, and banquets.
- I will provide support for all AYF/C and/or AMYSA, Inc. officials and/or coaches working with my child to provide a positive and enjoyable experience for all.
- I promise to stay in designated areas, as defined by the AYF/C and/or AMYSA, Inc. I will not disturb the coaching staff or team when they are busy working and/or coaching, but will speak to them only at a scheduled time.
- I will conduct myself in a calm, civilized manner at all times. I will direct any comments or criticisms, away from the children, that I may wish to express to parents, coaches, or officials.
- I will demand a drug, alcohol, and tobacco-free sports environment for my child and agree to assist by refraining from their use at all AYF/C and/or AMYSA, Inc.-related events.
- I will refrain from any vulgar, lewd, or obscene language or gestures, or other activity that would warrant the summoning of law enforcement officials, while participating in or watching any AYF/C and/or AMYSA, Inc.-related events.
- I will remember that the game is for the children and not for the adults.
- I will do my very best to make AYF/C and/or AMYSA, Inc. fun for my child, coaches, and league officials.
- I will ask my child to treat other participants, coaches, spectators, referees, and officials with respect, regardless of race, sex, creed or ability.

- I promise to help my child enjoy the AYF/C and/or AMYSA, Inc. sports experience within my personal constraints by assisting with coaching, field operations, and/or administrative support and by being a respectful spectator, providing transportation, or volunteering in whatever way I can.
- I will require that my child’s coaches be trained in the responsibilities of being an AYF/C and/or AMYSA, Inc. sports coach and that the coach agrees to the AYF/C and/or AMYSA, Inc. Code(s) of Conduct.
- I will participate in fundraising and/or sponsorship activities to raise funds for the AMYSA, Inc.
- I will attend the AMYSA, Inc. Parents’ meetings and any other workshops that will assist me in being a responsible and dedicated Parent in the AYF/C and/or AMYSA, Inc. family.

DISCIPLINARY ACTION: Any individual in violation of this Code of Ethics/Conduct may be removed from participation without receiving a refund of any paid fees.

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If a Participant or Parent deems it necessary to appeal a disciplinary action ruling, the following procedure must be followed:

- Submit a Letter of Appeal to the Executive Board.
- The Executive Board will review the Letter of Appeal.
- Should the Executive Board feel the appeal is warranted, a date will be scheduled for a meeting.
- All Parties will be informed of the date and time of the meeting.
- The meeting will be held.
- A Decision Letter will be sent to Participant and Parent regarding the outcome of the meeting.

READ, UNDERSTOOD, ACCEPTED, AND AGREED TO:

Signature of Parent or Legal Guardian	Printed Name	Date
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AMERICAN YOUTH FOOTBALL

Participation, Tracking and ID Card - All-American Division



ASSOCIATION NAME - All Met Youth Sports Association, Inc.

ASSOCIATION

All Met Youth Sports Association, Inc.		
<small>ASSOCIATION NAME</small>		
<small>DIVISION OF PLAY - TEAM NAME</small>		
<small>PARTICIPANT NAME</small>		
JERSEY #	Grade	AGE (7/31)
<small>PARTICIPANT PARENT/GUARDIAN NAME</small>		
<small>HOME PHONE</small>	<small>WORK PHONE</small>	<small>CELL PHONE</small>

PLACE PHOTO / DMV / MILITARY ID
CARD HERE

I, Hereby, With My Signature, Do Certify That The Information Below Has Been Collected And Verified By The Means, As A Minimum, As Instructed In The AYF National Rulebook And/Or Operations Manual, Current Version.

Conference Verification Signature/STAMP

OFFICIAL PLAYER CERTIFICATION
LEAGUE USE ONLY

Association Verification Signature/STAMP

<small>DATE OF BIRTH:</small>	<small>Age As of</small> 7/31	<small>GRADE / AGE</small> <small>CERTIFICATION</small>	<small>PARTICIPANT</small> <small>CONTRACT</small>	<small>MEDICAL</small> <small>CLEARANCE</small>	<small>WAIVER/</small> <small>RELEASE</small>	<small>EMERGENCY</small> <small>MEDICAL /</small> <small>CONSENT</small>	<small>SCHOLASTICS</small>
Month / Day / Year							

REGULAR SEASON

	GAME DATE	PLAYER CHECK	CODE
JAMBOREE			
Week 1	Aug 31		
Week 2	Sept 7		
Week 3	Sept 14		
Week 4	Sept 21		
Week 5	Sept 28		
Week 6	Oct 5		
Week 7	Oct 12		
Week 8	Oct 19		
Week 9			
Week 10			

POST SEASON

	GAME DATE	PLAYER CHECK	CODE
Week 11			
Week 12			
Week 13			
Week 14			
Week 15			
Week 16			
Week 17			
Week 18			
Week 19			
Week 20			
Week 21			

INSTRUCTIONS: PLAYER CHECK Will Enter Date, Verify The Identity, Of Each Participant, Initial Each Participant Card,

CODE: OK = Everything Verified, I = Sick/Injured, A = Absent / Dropped

ALL MUST BE CHECKED IN / VERIFIED PLAYING OR NOT / ENTER DETAIL UNDER 'CODE'

Participation Contract, Tracking and ID Card - Page 2

Last Name	First Name	Initial	Preferred (nick) Name		
<input style="width: 95%;" type="text"/>	<input style="width: 95%;" type="text"/>	<input style="width: 30%;" type="text"/>	<input style="width: 95%;" type="text"/>		
Street Address	City / Town	State	Zip Code	Home Phone	
<input style="width: 95%;" type="text"/>	<input style="width: 95%;" type="text"/>	<input style="width: 30%;" type="text"/>	<input style="width: 30%;" type="text"/>	<input style="width: 95%;" type="text"/>	
Date Of Birth (M/D/YR)	Age as of 7/31	Parent/Guardian First Name		Parent/Guardian Last Name	
<input style="width: 30%;" type="text"/>	<input style="width: 30%;" type="text"/>	<input style="width: 95%;" type="text"/>		<input style="width: 95%;" type="text"/>	
Grade in Fall	School in Fall	School Phone	Home Email Address		
<input style="width: 30%;" type="text"/>	<input style="width: 95%;" type="text"/>	<input style="width: 30%;" type="text"/>	<input style="width: 95%;" type="text"/>		
Medical Insurance (circle one)	Name Of Insurance Carrier		Policy #		
<input style="width: 30%;" type="text"/> YES / NO	<input style="width: 95%;" type="text"/>		<input style="width: 95%;" type="text"/>		
Football: <input type="checkbox"/>	Cheer: <input type="checkbox"/>	<i>--CHECK ONE --</i>		Registration Fee: \$ <input style="width: 30%;" type="text"/>	Check# Cash: <input style="width: 30%;" type="text"/>

GRAY AREAS FOR OFFICIAL USE ONLY !!

Association: All Met Youth Sports Association, Inc. **Division:** All-American **Team:** _____

Jersey Number Assigned: _____ **Equipment / Uniform Issued** **Returned**

PERMISSION TO PARTICIPATE I acknowledge that I am fully aware of the potential dangers of participation in any sport and I fully understand that participation in football, cheerleading, dance and/or step may result in SERIOUS INJURIES, PARALYSIS, PERMANENT DISABILITY AND/OR DEATH. Furthermore, I fully acknowledge and understand that protective equipment does not prevent all participant injuries. I, the parent/guardian of the above-named participant, do hereby give my approval for my child/ward to participate, and further assert that I have verified with my child/wards' physician, and in my opinion, my child/ward is physically fit and can participate without limitation in any and all Local, Regional, National, League/Conference, Association and team/squad activities, including transportation to and from the activities by a licensed driver.

SCHOLASTIC FITNESS Initial: _____
 I am of the opinion that my son/daughter/ward is scholastically fit and would benefit by participation in this program. I agree to submit a copy of my son/daughter/ward's last completed grade, end of year/last complete report card or a written statement of scholastic fitness from the school administration.

HELMET WAIVER (for football participants) Initial: _____
 We acknowledge, AND WE understand the risks involved in my CHILD/WARD, my playing FOOTBALL, which is a collision sport; the NOCSAE committee has adopted the following warning to be read by, and signed by, both the parent/guardian and participant. **DO NOT USE THIS HELMET TO BUTT, RAM OR SPEAR AN OPPOSING PLAYER, THIS IS IN VIOLATION OF FOOTBALL RULES AND CAN RESULT IN SEVERE HEAD, BRAIN OR NECK INJURY, PARALYSIS OR DEATH AND POSSIBLE INJURY TO YOUR OPPONENT, THERE IS A RISK THAT THESE INJURIES MAY ALSO OCCUR AS A RESULT OF AN ACCIDENTAL CONTACT WITHOUT INTENT TO BUTT, RAM OR SPEAR, NO HELMET CAN PREVENT ALL SUCH INJURIES.** "

Parent/Guardian Initial: _____ **Player Initial:** _____

EQUIPMENT UNIFORM RESPONSIBILITY
 I assume full responsibility for any and all equipment/uniforms loaned to my child/ward and I agree to promptly return, upon request, the uniform and other equipment in as good condition as when received except for normal wear and tear. If I fail to adhere to this policy, I will be responsible for and promptly pay the replacement cost of such equipment.

CODE OF CONDUCT Initial: _____
 The Ideology Of Youth Sports Including This Program Is To Promote Good Understanding And Fundamental Knowledge Of The Sport. It Is Also Critical That Good Sportsmanship Including The Ability To Always Conduct Oneself In An Appropriate Manner Of Positive Accord Both On And Off The Field. It Is Understood That Any Incident Considered Detrimental To The Pursuit Of This Ideology Will Not Be Tolerated. It Will Be Addressed In Accordance With The Statutes Of The Association, Conference, Current National Affiliation, State and Local Laws, And May Result In Dismissal From The Program And The Inability To Participate In Any Future Related Activities Of The Association. This Code Of Conduct Applies To All Involved With The Program Including But Not Limited To, The Football Players, Cheerleaders, Spirit Participants, Parents And Guardians.

PRINT Parents/Guardian Name: _____ Parents/Guardian Signature: _____ Date Signed: _____

NOTE: This form as with any and all forms used by your Association should be reviewed by your local counsel for compliance with any state or local statutes. This form should be kept on file for a minimum of 7 years.

Emergency Medical Treatment, Consent and Information

The following information will be used in the event that a parent / legal guardian is not available. The purpose of this information is to provide a quick reference for medical personnel should the need arise. Please fill out this form completely. If a particular question is not applicable write "none", n/a, or other appropriate comment otherwise none will be assumed. If additional space is needed, please use the back of this form or attach additional pages as needed. All information disclosed here will be treated as confidential. It will be the responsibility of the parent/legal guardian to notify the participant's coach and league/event officials if any information needs to be added, deleted, changed, or updated in any way.

ATHLETE INFORMATION				
Athlete's Name:	Nick Name:	Phone: ()		
Address:	City:	State:	Zip:	
PARENT OR GUARDIAN INFORMATION				
Father's Name:				
Address:	City:	State:	Zip:	
Hm Phone: ()	Daytime Phone: ()	Email:		
Employer:				
Mother's Name:				
Address:	City:	State:	Zip:	
Hm Phone: ()	Daytime Phone: ()	Email:		
Employer:				
Guardian's Name:				
Address:	City:	State:	Zip:	
Hm Phone: ()	Daytime Phone: ()	Email:		
Employer:				
FAMILY MEDICAL INSURANCE				
Carrier:	Group:			
Policy #:	Group #:			
Policy Holder Name:				
Family Physician's Name:				
Dr's Address:	City:	State:	Zip:	
Phone: ()	Fax: ()	Email:		
EMERGENCY MEDICAL INFORMATION				
Preferred Hospital(s):				
EMERGENCY CONTACT:		Phone: ()	Relationship:	
Please list any medical conditions (allergies, asthma, etc.) And medications being taken by the participant named above. Please list any other information you may deem relevant, and helpful to emergency medical personnel: (please note if no information is given and the words "none" or "n/a" is not filled in then, "none" will be assumed.				
Allergies:				
Medical Conditions:				
Other:				

*I as evidenced below hereby grant permission for my child/ward to participate in any and all, _
 All Met Youth Sports Association, Inc. (Association name) and, American Youth Football, Inc. program(s) event(s),
 including but not limited to, athletic, social and/or fundraising activities. I further consent to the administration of any
 and all medical treatment necessary to stabilize and or treat any medical condition or medical emergency to which my
 child/ward is afflicted. I understand that this authorization is given prior to the need for medical care, but given in
 advance to avoid any unnecessary delay in emergency treatment which the attendant and/or medical professional
 may deem advisable in the exercise of their best judgment.

***Print Parent/Legal Guardian Name**

***Signature Parent/Legal Guardian**

***Date**

The original Emergency Medical Treatment, Consent and Information form should travel with the coach and a copy should be kept at the administrative office of the sports organization. Due to privacy concerns, completed forms should be stored in a secure location with access restricted to those on a need to know basis for the purpose of medical care.



AMERICAN YOUTH FOOTBALL

Medical Clearance Form



ASSOCIATION NAME - All Met Youth Sports Association, Inc.

Medical Clearance Form - Must be dated after January 1st of the Current Season

I, as evidenced by my name and signature below, do certify that I am a State Licensed Medical Examiner in the state of _____ and am qualified in determining that:

(Childs Name:) _____ is physically fit and I have found no medical or observable conditions which would contra-indicate his/her from participating in youth flag football, tackle football, cheer, dance, step or athletic activities.

I am therefore clearing this individual for athletic participation.

Please Print - or - Use Office Stamp Here:

<p>Signature: _____</p> <p>Date: / /</p> <p>(Must be dated after January 1st, of the Current Season)</p> <p>_____</p>	<p>Print Name Clearly: _____</p> <p>Office Address: _____</p>
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PLEASE NOTE: If this Medical Clearance is voided by injury, accident, or illness, it will be the responsibility of the Parent/Legal Guardian to notify the participants Coach and League Officials. It will also be the responsibility of the Parent / Legal Guardian to obtain WRITTEN permission from his/her State Licensed Medical Examiner to resume participation. A "Doctors Resume Participation Medical Clearance Form" is available from the league or you may have the doctor supply his/her own WRITTEN Clearance as long as it is on the doctor's official stationery and includes the following statement: "(Participants Name) is physically fit and I have found no medical or observable conditions which would contra-indicate him/her from participating in youth flag football, tackle football, cheer, dance, step or athletic activities. I am therefore clearing this individual for athletic participation.

This statement must be supplied by the physician attending to the injury, accident, or illness.

This form can be modified or substituted ONLY to comply with local and/or state laws or due to medical practitioner regulations.

NOTE: This form as with any and all forms used by your Association should be reviewed by your local counsel for compliance with any state or local statutes. This form should be kept on file for a minimum of 7 years, longer in the event of an injury. Please confer with your local attorney for advice as to the appropriate maintenance and storage term for this and all such forms.

2019 - AYF Code of Conduct Form

All Met Youth Sports Association, Inc. will not tolerate verbal abuse of its volunteer coaches from any Fan, Parent or Spectator.

This is American Youth Football, not the pros. Fans, as well as the players and coaches, are expected to abide by a code of conduct at all American Youth Football Events. While 99% of the adults in the program will abide by this code without being told, this code is being published to protect the children and volunteers (which includes all coaches and board members) from the 1%.

FANS' CODE OF CONDUCT

Fans will abide by a Code of Conduct which includes the provisions which follow. If any of these rules are broken, All Met Youth Sports Association, Inc. shall have the authority to impose a penalty.

Fans shall:

1. Not criticize the players/cheerleaders or coaches in front of the other spectators in the stands, but reserve constructive criticism for later, in private.
2. Accept decisions of the game officials (including referees and coaches) on the field as being fair and called to the best ability of said officials.
3. Not criticize an opposing team, its players, coaches, or fans by work of mouth or by gesture.
4. Refrain from using physical or verbal abuse or profane language at any time at the game, practice field, or other AYF functions.
5. Abstain from being under the influence of or in possession of and/or drinking alcoholic beverages and the possession or use of any illegal substance on both the game and practice fields.
6. Not be allowed on the sidelines during a game.
7. Not interfere/interrupt the coaching staff before, during or after games or at practice.
8. Not express complaints about coaches in stands or to coaches in front of or around the children (i.e. right after a game or practice).

VIOLATION

Any parent or fan who violates the code of conduct risks the further participation of the child in the program. The procedure is as follows:

1. Any fan who violates the code of conduct or becomes a nuisance will be asked to leave by the head coach and can be suspended from all team activities.
2. If the fan fails to leave upon request, the child may be suspended from further participation in team activities by the head coach.
3. The head coach along with the executive board will decide if the duration of the suspension is to be longer than one to four weeks or if the child will be dropped from the program. That decision will depend on the attitude of the parents.
4. Any parent or fan who violates the code of conduct risks the future participation of his/her children in the program. Depending on the severity of the incident the board of directors may decide to ban future participation in the program for up to three years.

CONDUCT OF ALL PLAYERS - PARENTS

All players are guaranteed 6 plays in each Jamboree, Regular Season or Playoff game. Everything beyond that must be earned in the opinion of the coaching staff whose decisions are final.

Athlete's Code

I will: emphasis the ideals of sportsmanship, ethical conduct and fair play. Show courtesy to my opponents and officials. Recognize athletic contests are serious educational endeavors. Give complete allegiance to my coaches who are the instructional authority for my team. Discourage fans, fellow players and parents from undercutting my coach's authority.

I will not: Use profanity or talk "trash" before, during or after any game. Use drugs, alcohol, or tobacco. Criticize my teammates. Act in any way that may incite spectators.

Parent's Code

I will: Support my child's team/squad and teach the value of commitment to the team/squad - emphasis the ideals of sportsmanship, ethical conduct and fair play. Help my child and American Youth Football make athletic contests a positive educational experiences. Show courtesy to opponents and officials. Direct constructive criticism of my child's athletic program to the athletic director or association officials and work toward a positive result for all concerned.

I will not: Criticize officials, direct abuse or profane language toward them, or otherwise subvert their authority. Undermine, in work or deed, the authority of the coach or administration. Intrude onto the field, stand on the sideline, or yell from the bleachers at or to the coaches, referees or administration.

Please cut along this line, sign and return to the head coach

I have read the *FAN'S CODE OF CONDUCT* and understand what is expected.

Child's Name (PRINT)

Team Name

Date

Parents Name (PRINT)

Parents Signature

This part of the form must be returned to the head coach before the second game to the season.



**Mild Traumatic Brain Injury (MTBI) / Concussion
Annual Statement and Acknowledgement Form**

I, _____ (athlete), have chosen to participate in an a sport where injuries may occur and I do understand that it is my responsibility to report all of my injuries and illnesses or suspected injuries and illnesses to the organization’s staff, including but not limited to: coaches, team physicians, and athletic training staff. I further understand and recognize that my health and safety is the most important thing and without disclosing all injuries and or illnesses, it can not be properly determined if you are in the physical condition necessary to participate. I understand that I must provide a full and accurate medical history including any symptoms, health complaints and any prior injuries and/or disabilities I have experienced before, during or after athletic activities.

By signing below, I acknowledge:

- My organization has provided me with specific educational materials including the CDC Concussion fact sheet (<http://www.cdc.gov/concussion>) on what a concussion is and has given me an opportunity to ask questions.
- I ACKNOWLEDGE THAT I HAVE READ THE FACT SHEET on the CDC website for Parents and Players.
- I have fully disclosed to the staff any prior medical conditions and will also disclose any future conditions.
- There is a possibility that participation in my sport may result in a head injury and/or concussion. In rare cases, these concussions can cause permanent brain damage, and even death.
- A concussion is a brain injury, which I am responsible for reporting to the team physician, athletic trainer, coach, parent volunteer, or official.
- A concussion can affect my ability to perform everyday activities, and affect my reaction time, balance, sleep, and classroom performance.
- Some of the symptoms of concussion may be noticed right away while other symptoms can show up hours or days after the injury.
- If I suspect a teammate has a concussion, I am responsible for reporting the injury to the staff.
- I will not return to play in a game or practice if I have received a blow to the head or body that results in concussion related symptoms.
- I will not return to play in a game or practice until my symptoms have resolved AND I have written clearance to do so by a qualified health care professional.
- Following concussion the brain needs time to heal and you are much more likely to have a repeat concussion or further damage if you return to play before your symptoms resolve.

Based on the incidence of concussion as published by the CDC football and cheer, among other sports, have been identified as high risk for concussion.

I represent and certify that I and my parent/guardian have read the entirety of this document and fully understand the contents, consequences and implications of signing this document and agree to be bound by this document.

Student Athlete:

Print Name: _____ Signature: _____

Date: _____

Parent or legal guardian must print and sign name below and indicate date signed.

Print Name: _____ Signature: _____

Date: _____



AMERICAN YOUTH FOOTBALL Waiver and Release of Liability - Minor



ASSOCIATION NAME - All Met Youth Sports Association, Inc.

READ BEFORE SIGNING

IN CONSIDERATION OF _____, my child/ward, being allowed to participate in the American Youth Football American Youth Cheer Regional/National Championships, and or the football and or cheer programs of All Met Youth Sports Association, Inc., the Local Organization, which is a legally distinct and organization not operated or controlled by American Youth Football, despite its membership with American Youth Football, Inc. the undersigned acknowledges and agrees that:

- 1) The risk of injury to my child/ward, myself, from the activities involved in these programs is significant, including the potential for permanent disability, paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
- 2) FOR MYSELF, SPOUSE, AND CHILD/WARD, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for child/ward, participation; and,
- 3) I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant concern in my child/wards', readiness or, hazard during my presence or participation, and/or in the program itself, I will remove my, child/ward, from participation and bring such to the attention of the nearest official immediately; and,
- 4) I, for myself, my spouse, my child/ward, and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS American Youth Football, Inc.(AYF), the local organization, their respective officers, directors, officials, volunteers, agents, and/or employees, other participants, sponsoring agencies, tournament host, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event (RELEASEES), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, incident to my child/wards', involvement or participation in these programs, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, TO THE FULLEST EXTENT PERMITTED BY LAW.
- 5) I, for myself, my spouse, my child/ward, and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY INDEMNIFY AND HOLD HARMLESS all the above Releasees from any and all liabilities incident to my child/ward's involvement or participation in these programs, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Print Name of Parent/Guardian: _____

Parent/Guardian Signature: _____ Date Signed: _____

UNDERSTANDING OF RISK

I understand the seriousness of the risks involved in participating in this program, my personal responsibilities for adhering to rules and regulation, and accept them as a participant.

Print Participant s Name: _____

Participant's Signature: _____ Date Signed: _____

NOTE: This form as with any and all forms used by your Association should be reviewed by your local counsel for compliance with any state or local statutes. This form should be kept on file for a minimum of 7 years, longer in the event of an injury. Please confer with your local attorney for advice as to the appropriate maintenance and storage term for this and all such forms.



AMERICAN YOUTH FOOTBALL



Image Release – MINOR

ASSOCIATION NAME - All Met Youth Sports Association, Inc.

READ BEFORE SIGNING

In consideration of (insert child's name) _____, my minor child/ward being allowed to participate in any way, in the American Youth Football, Inc. ("AYF") (dba American Youth Football and American Youth Cheer,) national championships and any other official AYF events and activities, the undersigned agrees that American Youth Football Inc., is hereby granted the unrestricted right and permission, free from approval or review, to copyright and/or use my child's/ward's likeness in all media now or hereafter known, including but not limited to, pictures and videos of my child which he/she may be included intact or in part for promotion or other commercial use.

Print Name of Parent/Guardian: _____

Parent/Guardian Signature: _____ Date Signed: _____